

## Transplant Caregiver Expectations

The person with good support from family and friends has a better experience and better outcomes with the transplant process. As a caregiver, I know I am expected to help the transplant patient through the pre-evaluation, waitlist, time of surgery, and post-transplant care.

As a caregiver, I must:

- Be at least 18 years of age and able to support and help the transplant patient.
- Attend appointments, education classes, and follow-up visits to the transplant center and medical providers when needed.
- Provide transportation or help make transportation arrangements. This may include setting up rides through insurance providers or Medicaid.
- Help fill prescriptions for medicines at the pharmacy and set up the pill box as needed.
- Help keep track of medical appointments.
- Help with household errands when needed, such as cooking, cleaning, and laundry.
- Provide emotional support as needed.
- Be able to provide care to the transplant patient for 2 weeks after hospital discharge.
  - *\*Each organ type may have additional criteria for care, please speak with your transplant social worker about your needs.*
- Continue to help the patient for 6 to 12 weeks after surgery.
  - *\*Each organ type may have additional criteria for care, please speak with your transplant social worker about your needs.*
- Be willing to talk with the medical team about the patient's care, such as if the patient is having problems following the plan of care, not taking medicines, or has new health problems.
- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I have reviewed the caregiver's responsibilities. I understand it is important that patients have a support system in place.

My relationship to the patient is: \_\_\_\_\_.  
(ex. brother, sister, parent, spouse, etc.)

I understand and agree to help \_\_\_\_\_ make his/her transplant successful. I will contact the transplant center if I am not able to continue to support that patient at any time.

\_\_\_\_\_  
Caregiver Name Print

\_\_\_\_\_  
Caregiver Name Signature

\_\_\_\_\_  
Date/Time