
Potomac Valley Hospital

Community Health Needs Assessment



Prepared for: Potomac Valley Hospital

Prepared by: West Virginia University Health
Sciences Center Health Affairs Institute

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Document Acronyms

The following acronyms are used throughout this document:

Acronym	Definition
ACA	Affordable Care Act
CHNA	Community Health Needs Assessment
CHIP	Community Health Implementation Plan
WVUHS	West Virginia University Health System
PVH	Potomac Valley Hospital
WVU	West Virginia University

Background and Introduction

Provisions in the Affordable Care Act (ACA) of 2010 require tax-exempt (non-profit) hospitals to conduct a Community Health Needs Assessment (CHNA) and develop a Community Health Implementation Plan (CHIP) at least every three years. The regulations for the CHNA include defining the hospital's service area;, compiling demographics and analysis of health indicators; gathering input from the community, including public health professionals; identifying resources; and prioritizing community health needs.

The 2024 Potomac Valley Hospital (PVH) CHNA meets the requirements described above and identifies the following prioritized needs:

- Substance Use, Abuse, and Mental Health
- Obesity and Diabetes
- Cancers
- Chronic Disease Management
- Poverty and Employment Issues

This document serves as a roadmap for the CHIP, which will be developed following the completion of the 2024 CHNA and will specify planned actions to be taken by Potomac Valley Hospital and community partners, available resources, anticipated steps, and a plan for evaluating these activities. To facilitate this goal, Potomac Valley Hospital partnered with West Virginia University's Health Affairs Institute to complete this CHNA using a robust community based process designed to engage a broad representation of community members. A CHNA leadership team including hospital and community representation was convened by Potomac Valley Hospital to inform and guide the process.

About Potomac Valley Hospital

Potomac Valley Hospital was first opened in October 1931, serving Mineral and surrounding counties. Presently, it is a 25 bed, critical access medical facility, with a virtual ICU supported by West Virginia University Health System (WVUHS). Potomac Valley Hospital employs over two hundred area residents. The hospital relocated to a new facility in 2007, allowing for the provision of higher levels of care to the community. It strives to provide quality and cost-effective healthcare, utilizing both direct services and collaborative arrangements with other care organizations. In 2014 the hospital was purchased by WVUHS, ensuring an ability to maintain and enhance healthcare in the community moving forward. Potomac Valley Hospital's Licensed Care Providers services have grown, extending privileges to approximately 50 physicians, two general surgeons, two orthopedic surgeons, and 26 advanced practice professionals (nurse practitioners, physician assistants, and certified registered nurse anesthetists). Three rural health clinics are provided in Mineral County – they are located in Keyser, Piedmont, and Fort Ashby. In addition, Potomac Valley Hospital provides the following specialty clinics: Cardiology, Pulmonology, Urology, Pain Management, and Orthopedics.

Previous Community Health Needs Assessment Findings

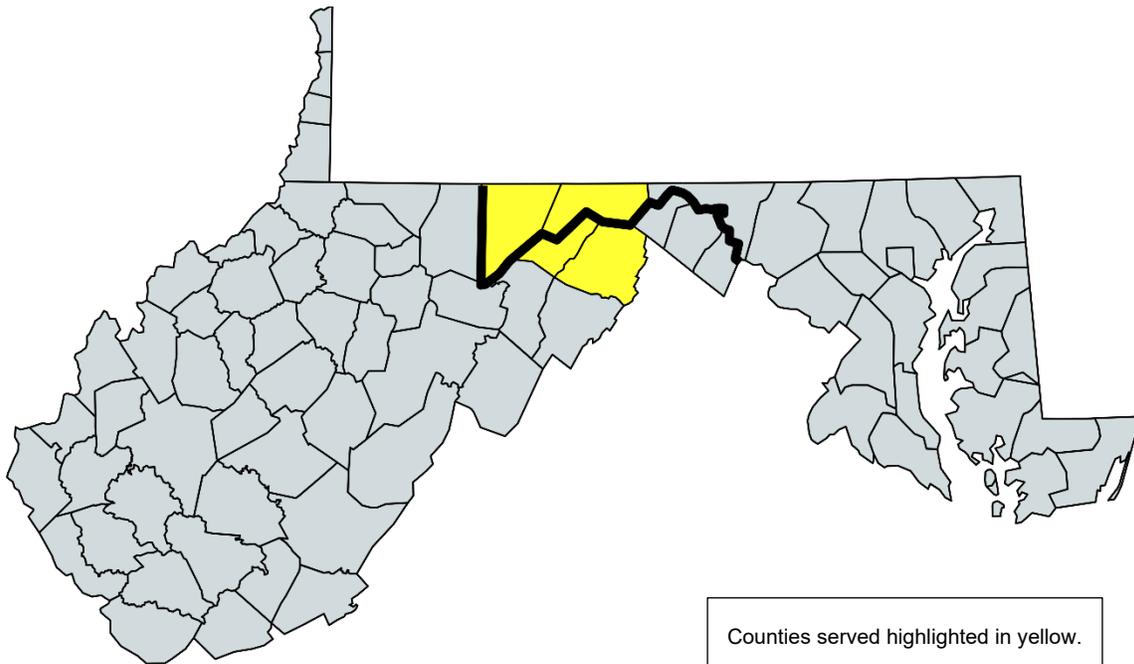
The most recent CHNA was adopted in 2021. It included a review of secondary data to assess socioeconomic characteristics, as well as key risk factors facing the community. Further resident input was gathered at a community meeting hosted by Potomac Valley Hospital. The final report identified five main health priorities, with goals and strategies for each:

- Substance Use, Abuse, and Mental Health
- Obesity and Diabetes
- Cancers
- Chronic Disease Management
- Poverty and Employment Issues

Description of the Community Served

For the 2024 process, the CHNA leadership team defined the community served as Allegany and Garrett Counties in Maryland and for Hampshire and Mineral Counties in West Virginia.

Figure 1: Potomac Valley Hospital Service Area



The following table contains information from the US Census Bureau and shows the most current Quickfacts¹ as of July 1, 2023 (Appendix A) for the counties in Potomac Valley Hospital's service area. It outlines some basic demographics, as well as information about

¹ <https://www.census.gov/quickfacts/fact/table/US/PST045219>

health insurance coverage and poverty levels for Allegany and Garrett Counties in Maryland and for Hampshire and Mineral Counties in West Virginia.

Table 1: Select Demographic Table by County (July 1, 2023)

	Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV
Population	67,273	28,423	23,649	26,867
Residents under 18	17.7%	17.6%	17.6%	19.6%
Non-white or 1+ race	11.7%	2.9%	3.5%	5.7%
Hispanic or Latino	2.2%	1.4%	1.7%	1.1%
High school education or more*	90.6%	90.5%	87.7%	93.9%
Bachelor’s degree or more*	20.8%	24.6%	14.6%	23.1%
Under 65 yrs. and no health insurance	6.3%	7.4%	8.2%	6.3%
Persons living in poverty	18.1%	15.1%	15.5%	15.8%

* Percentage is of persons aged 25 years or older.

Leadership Team and Community Partners

The following organizations were represented on Potomac Valley Hospital’s CHNA leadership team and provided detailed input throughout the process of developing the CHNA. These individuals informed the public input survey and were instrumental in dissemination. Additionally, they identified and invited attendees to the community meeting, and were charged as a group with collaborative discussion of primary and secondary data to determine health priorities.

Leadership Team

- Patricia Barbarito, Director of Preventive Medicine Department, PVH
- Amy Boothe, Vice President of Operations and Finance (COO and CFO), PVH/GRMC
- Other Hospital Leadership:
 - Brenna Earnest, Safety & Compliance Officer, Regulatory Coordinator, PVH
 - Kimi-Scott McGreevy, Senior Director Communications & Marketing, PVH/GRMC
 - Constance Moore, Director of Care Management, PVH
 - Kendra Thayer, Vice President of Nursing (CNO), PVH /GRMC
- Community Partners:

- Autumn Beavers, Mineral County Family Resource Network
- Renea Fazenbaker, RN, Potomac Valley Hospital Infusion Center
- Dayla Harvey, Mineral County Family Resource Network
- Louis Kitzmiller, Mineral County Aging and Family Services
- Jennifer Ochoa, Mineral County CASA
- Andrew Root, Administrator, Mineral County Health Department
- Kaitlyn Taylor, Potomac Valley Hospital Director of Physical Therapy
- Mitchell Walker, County United Way

The following organizations from local government, business, and non-profit sectors were integral to data collection efforts and were represented at the community meeting in April. Those in attendance were asked to speak to the experiences of the populations whom they serve or represent and to discuss the accuracy of the survey data in relation to their professional and personal experiences as community members. Additionally, the group worked to compile a list of existing resources, programs, and policies, as well as fresh ideas or potential partnerships for addressing each area of concern.

Organizations Represented at Community Meeting

- Mineral County Aging and Family Services
- Potomac Highlands Guild
- Mineral Family Resource Network
- County United Way
- Burlington United Methodist Family Services

Methodology and Community Input Process

The CHNA process began with a thorough review of the previous cycle’s needs assessment report, and included review of publicly available secondary data related to counties within Potomac Valley Hospital’s service area. These data included the above census data and County Health Rankings Data (Appendix B). Using these reports as a springboard, the leadership team started the initial discussion around critical health needs, changes in the community demographics over the previous few years, and lessons learned from the last CHNA cycle’s health topic prioritization and development of implementation activities.

Primary data collection was comprised of surveying community members to gather perceptions of health issues, quality of life, and other related topics. Survey data was analyzed and presented back to the Potomac Valley Hospital leadership team and community partners. This presentation was focused on reviewing the survey data, discussing community assets that

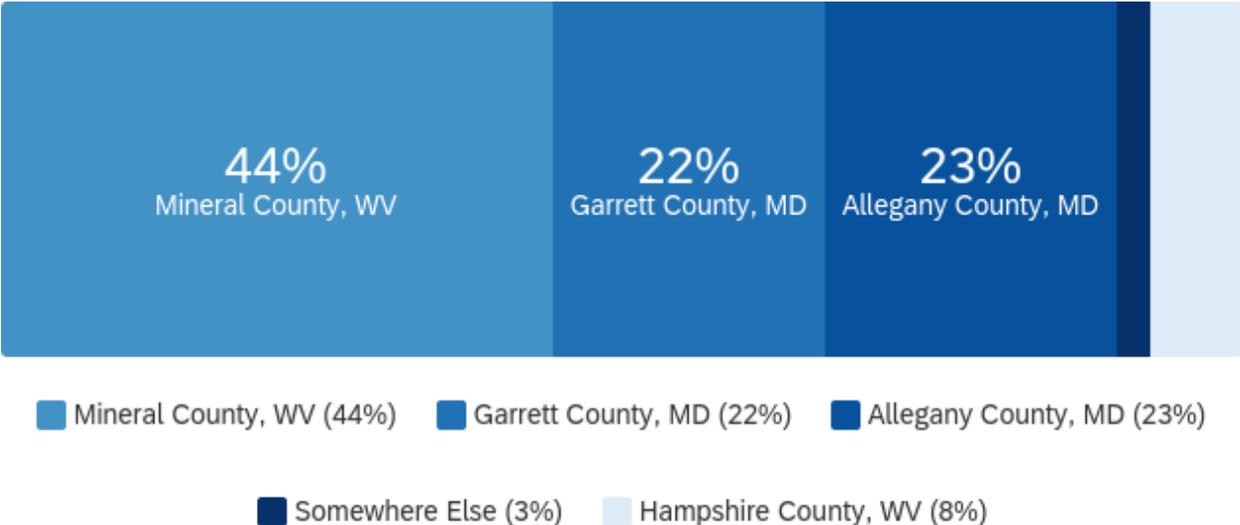
impact population health in PVH’s service area, as well as discussing the needs of those not well-represented in the survey data. At this meeting, the group worked to discuss possible strategies for each area of concern, as well as existing resources to address these needs.

Primary Methods of Collecting and Analyzing Information

Two primary sources of data were utilized to inform the CHNA: (1) a public input survey and (2) a data presentation to leadership and community partners. The public input survey (Appendix C) was developed by WVU Health Affairs with the Potomac Valley Hospital CHNA leadership team following an iterative process. Survey topics included questions about specific health issues, thoughts on overall health of the community, quality of life, access to health care (Appendix H) and medical needs (including specialist care), risky behaviors, and demographic information including geographic location and income.

For the public input survey, data was collected anonymously from residents aged 18 and older in March and April of 2024. The survey was disseminated via a web-based platform called Qualtrics. Collection efforts included dissemination via MyChart, and reached local residents via social media, other local information channels, and with assistance from hospital partners. The survey was not intended to be a representative, scientific sample of residents of these four counties, but rather a mechanism to solicit the community’s perception of health needs. A total of 1,240 surveys were completed by community members from the area. Noteworthy limitations included disproportionately low representation from males, from the lower-income population of these counties, and from non-white community members.

Figure 2: Survey Response by County



At the conclusion of the survey data collection, analysis was conducted by the WVU Health Affairs team. Results were presented back to the Leadership Team in aggregate (Appendix D), and broken down by income, age, and other demographics to ensure there was no significant

variation in responses among groups. The team discussed the data alongside known health issues in the community, experiences in their own clinical and other professional settings, resources already in place to address some of the top issues, and initial thoughts about further addressing the most prevalent community concerns.

Additional information was collected through feedback at a virtual data presentation hosted on April 28, 2024. This session, with stakeholder representation from invested community partners, solicited input about community health needs and sought to identify groups and organizations already providing essential services. Survey results were presented to this group and strategies for improving health outcomes in the top areas were discussed. Fourteen attendees participated in this event. More details on the makeup of this session are found below.

Community input from the event was compiled into a document (Appendix E). Ideas and partners were categorized by health concern and will be used for reference at the implementation planning stage.

Community Health Needs Prioritization

Following the community meeting, the Leadership Team met to review all input and identify priority areas to address through implementation strategies. They closely reviewed the top concerns raised across all categories including health and disease, quality of life, environment, and risky behaviors (see tables 2-4 below).

Table 2: Community Health Perceptions Survey - Health & Disease

Top Three Health and Disease Concerns	
Drug and/or alcohol use	60.0%
Cancers	40.0%
Obesity	38.0%
Mental Health Problems	28.0%
Diabetes	25.0%

Table 3: Community Health Perceptions Survey - Quality of Life & Environment

Top Three Quality of Life and Environment Concerns	
Cost of health care and/or medications	63.0%
Lack of health insurance or limited health coverage	30.0%
Poverty	29.0%

Limited organized activities for children and teens	28.0%
Limited job opportunities	26.0%

Table 4: Community Health Perceptions Survey - Risky Behavior & Personal Choice

Top Three Risky Behavior and Personal Choice Concerns	
Drug use	71.0%
Excessive alcohol use	33.0%
Lack of exercise	29.0%
Child abuse and neglect	28.0%
Impaired driving (drugs/alcohol)	24.0%

Health issues were largely consistent when comparing datasets across demographics. For example, when asked to pick the three most important problems related to health and disease in their county both men and women listed substance use and abuse, cancers, and adult obesity as their overall top concerns. For men, their next two top health concerns were aging problems and diabetes, and for women their next two top health concerns were mental health and diabetes. Substance use and abuse was also the top concern of both white and non-white respondents. Falling next in line for white respondents was cancer and obesity, while mental health problems and cancers were next for non-white respondents.

Across income levels, and in households with and without children, substance use is consistently the top health concern. Cancers, obesity, diabetes, and mental health all rotate throughout the top three spots for these demographic groups. Even when accounting for age, we do not see a glaring difference in “top three” health topics. Respondents aged 65 or older tended to name substance use, cancers, and adult obesity as their top concerns. Those younger than age 65 tended to be concerned about substance use, obesity, and mental health as their “top three”. (Further demographic breakdowns of top health and disease concerns can be found in Appendix F.)

Similarly, when respondents were asked to pick the three most important problems related to quality of life and environment in their county, these also shared a common theme. Cost of health care and medications, limited organized activities for children and teens, limited employment opportunities, poverty, and limited or no health insurance coverage were all issues that appeared among top concerns. Healthy activities for kids and chronic loneliness or social isolation fell next in line, with limited affordable/quality housing also ranking high on the list and is an important public concern to note.

When asked to pick the top three topics related to risky behaviors in their county, the respondents picked topics tied in directly with all the above. Drug use, lack of exercise, child

abuse and neglect, unhealthy eating choices, and excessive alcohol use were issues that appeared at the top of all datasets.

When asked in an open-ended question for suggestions to address these issues, those who took the survey frequently answered with ideas that fell into the following categories:

- Community Recreation: activities and spaces for all ages; physical activity and social connection
- Access to Care: PCP and specialists; includes financial and transportation access
- Built Environment: trails, sidewalks, safe spaces for physical activity outdoors
- Education
- Nutrition: healthier restaurant and grocery options, food assistance, programs, and classes to learn about nutrition and food preparation

Prioritized Significant Community Health Needs

The existing secondary data, new survey data, data presentation input, and lessons learned from the last CHNA cycle all factored into Potomac Valley Hospital leadership's prioritization decisions. The group considered the degree to which the hospital can affect health outcomes for each topic, projects, or programs already underway for each, as well as level of importance placed on each by the community relative to the reach of Potomac Valley Hospital's impact. Leadership paid particular attention to the demographics of respondents compared to the community (Appendix G), feedback gathered about access to health care (Appendix H), as well as other areas and demographics they know to be of particular concern in their community.

Within this discussion of where and how the hospital can realistically affect community wellbeing and health outcomes, what they could accomplish in collaboration with new and existing partners, and what topics to monitor and revisit later, the list of top health concerns was organized into four areas that will be the focus moving forward with implementation planning.

- Substance Use, Abuse and Mental Health

Potomac Valley Hospital leadership is well-aware of ongoing issues related to drug and alcohol use in their service area, as well as a continued need for attention and resources to be directed toward this public health crisis. Potomac Valley Hospital provides strong programming in the realms of prevention and education. It also has community benefit strategies directed at area women in recovery and youth in the school system. Leadership has deemed it necessary to continue prioritization of this pair of health topics again this cycle.

- Obesity and Diabetes

During the previous CHNA cycle, obesity and chronic disease appeared among the community's top health concerns and were prioritized by hospital leadership to address through programming. Potomac Valley Hospital implemented

strategies to address these health topics, and leadership was not surprised to see these prevalent issues rise once again to the top of the list. This cycle, building on experiences from the last and in response to community requests and ideas collected through the survey data, Potomac Valley Hospital's team has once again prioritized this topic.

- **Cancers**
Cancers continue to remain in the top health concerns for this hospital's service area, and Potomac Valley Hospital has prioritized this health topic for this upcoming implementation cycle.
- **Chronic Disease Management**
Recognizing ways chronic diseases are associated with other health topics prioritized through this process, Potomac Valley Hospital leadership has chosen to continue prioritization of this health topic as well.
- **Poverty and Employment Issues**
Though they are systemic issues that Potomac Valley Hospital cannot solve, hospital leadership continues to prioritize the topics of poverty and employment issues. They recognize the pervasive effects of these issues in their community and address them where they are able through community benefit provisions.

Potential Resources

The following table documents ideas for implementation strategy development, suggestions from survey respondents, as well as organizations identified during the community meeting whose missions are aimed at addressing top health concerns. These organizations could potentially aid in addressing health concerns identified in this CHNA.

Table 5: Potential Community Resources

Community Resources/Ideas
<i>Substance Use Abuse and Mental Health</i>
Narcan education and distribution
Yoga and Mindfulness classes
FRN Family Programs and Family Nights Collaboration
Grandparent resources
Community garden / Recovery services collaboration

SUD Clinic including dental services
Obesity and Diabetes
Dining with Diabetes / WVU Extension Service collaboration
Produce Program - produce, food preparation education and training
Diabetes prevention and education
Recreation spaces - pickleball courts, shuffleboard, and bocce ball
Cancers
Smoking cessation
Bonnie's Bus – mobile breast cancer screening unit
LUCAS – mobile lung cancer screening unit
Chronic Disease Management
Walking programs indoors and outdoors
Medication assist program to help patients apply for assistance with medication purchases.
Poverty and Employment Issues
Community baby shower works with pregnant women and new moms to provide resources and information
School based clinics
Family Support center
Health departments have strong immunization programs

Evaluation of Impact

Potomac Valley Hospital is diligent each implementation cycle to provide community benefit with the resource they already have, with a mind to ways their hospital and infrastructure and resources can support longer-term strategies throughout future CHNA cycles. This past implementation cycle, Potomac Valley Hospital provided these community benefits in their service area. Details of these programs can be found in Appendix I.

Obesity and Diabetes:

- Group Lifestyle Balance classes
- Diabetes Support Group
- Dining with Diabetes classes

- Healthy Hearts for Kids
- PVH Wellness Zone
- PVH Walking Track
- Supermarket Shopping Tours
- WV FARMacy Program
- Obesity & Nutrition Community Education

Substance Use, Abuse, and Mental health

- Smoking Cessation Program
- Families Strong Support Group
- Living a Healthy Life with Chronic Pain
- Substance use education for schools
- Naloxone trainings
- Reverse the Cycle Program

Cancers

- Cancer prevention education
- WV Mountains of Cancer Coalition
- Smoking Cessation Program
- PVH Wellness Zone
- Support Services – Advance Directives
- Rural Health Education Clinic

Chronic Disease Management

- Group Lifestyle Balance classes
- Better Breathers Support Group
- Rural Health Education Clinic
- Transition of Care Services

Poverty and Employment Issues

- WV FARMacy Program
- Food for Health Food Boxes

- Potomac Valley Hospital Job Incubator
- Potomac Valley Hospital Community Garden

In addition to these community benefit strategies, Potomac Valley Hospital had the following noteworthy clinical activities during this past implementation cycle. Leadership at this small critical access hospital knows and understands their community well through provision of clinical care, and improvements in that realm lead them to new community benefit ideas and deepens their understanding of community needs.

- Implementation of school-based clinics
- New services in the Urology Department and Infusion Center for cancer treatment
- Hiring of two new orthopedic surgeons, and receipt of joint replacement certification
- New rapid care, preventative medicine, and behavioral health in the Potomac Plaza
- Receipt of stroke readiness certification for the Emergency Department

Conclusion

Each of the top priorities identified in the 2024 CHNA are consistent with concerns raised in 2021. The 2024 CHNA identified five priorities to guide Potomac Valley Hospital's efforts to improve the health of community members:

- Substance Use, Abuse, and Mental Health
- Obesity and Diabetes
- Cancers
- Chronic Disease Management
- Poverty and Employment Issues

Hospital leadership discussion of implementation planning steps is already underway, as is consideration of new program opportunities with the Health Affairs team and with their external community partners. The Health Affairs Team will work with the hospital to develop their Community Health Implementation Plan (CHIP), which will serve as their roadmap for continuing or building community benefit strategies.

Appendices

Appendix A - US Census Quickfacts Data

Appendix B - County Health Rankings and Roadmaps Data

Appendix C - Community Health Perceptions Survey

Appendix D - Aggregate Survey Data

Appendix E - Community Feedback and Ideas

Appendix F - Top Health and Disease Demographic Breakdowns

Appendix G – Respondent Demographics vs. Community Demographics

Appendix H – Responses Regarding Access to Care

Appendix I – Implementation Impact

QuickFacts

Allegheny County, Maryland; Garrett County, Maryland; Hampshire County, West Virginia; Mineral County, West Virginia; United States

QuickFacts provides statistics for all states and counties. Also for cities and towns with a *population of 5,000 or more*.

All Topics 	Allegheny County, Maryland	Garrett County, Maryland	Hampshire County, West Virginia	Mineral County, West Virginia	United States
Population estimates, July 1, 2023, (V2023)	 67,273	 28,423	 23,649	 26,867	 334,914,89
PEOPLE					
Population					
Population estimates, July 1, 2023, (V2023)	 67,273	 28,423	 23,649	 26,867	 334,914,89
Population Estimates, July 1, 2022, (V2022)	 67,266	 28,588	 23,457	 26,902	 333,271,41
Population estimates base, April 1, 2020, (V2023)	 68,108	 28,807	 23,094	 26,932	 331,464,94
Population estimates base, April 1, 2020, (V2022)	 68,108	 28,807	 23,094	 26,932	 331,464,94
Population, percent change - April 1, 2020 (estimates base) to July 1, 2023, (V2023)	 -1.2%	 -1.3%	 2.4%	 -0.2%	 1.0%
Population, percent change - April 1, 2020 (estimates base) to July 1, 2022, (V2022)	 -1.2%	 -0.8%	 1.6%	 -0.1%	 0.5%
Population, Census, April 1, 2020	68,106	28,806	23,093	26,938	331,449,28
Population, Census, April 1, 2010	75,087	30,097	23,964	28,212	308,745,53
Age and Sex					
Persons under 5 years, percent	 4.7%	 4.7%	 4.7%	 5.0%	 5.6%
Persons under 18 years, percent	 17.7%	 17.6%	 17.6%	 19.6%	 21.7%
Persons 65 years and over, percent	 21.1%	 24.1%	 24.5%	 22.6%	 17.3%
Female persons, percent	 47.5%	 50.1%	 48.6%	 50.1%	 50.4%
Race and Hispanic Origin					
White alone, percent	 88.3%	 97.1%	 96.5%	 94.3%	 75.5%
Black or African American alone, percent (a)	 7.8%	 1.0%	 1.4%	 2.9%	 13.6%
American Indian and Alaska Native alone, percent (a)	 0.2%	 0.3%	 0.3%	 0.2%	 1.3%
Asian alone, percent (a)	 1.1%	 0.5%	 0.3%	 0.6%	 6.3%
Native Hawaiian and Other Pacific Islander alone, percent (a)	 0.1%	 Z	 0.1%	 Z	 0.3%
Two or More Races, percent	 2.5%	 1.1%	 1.4%	 2.0%	 3.0%
Hispanic or Latino, percent (b)	 2.2%	 1.4%	 1.7%	 1.1%	 19.1%
White alone, not Hispanic or Latino, percent	 86.6%	 95.9%	 95.1%	 93.3%	 58.9%
Population Characteristics					
Veterans, 2018-2022	4,684	2,004	1,950	1,928	17,038,80
Foreign born persons, percent, 2018-2022	2.0%	1.3%	0.9%	0.4%	13.7%
Housing					
Housing units, July 1, 2022, (V2022)	32,733	18,621	12,645	12,524	143,786,65
Owner-occupied housing unit rate, 2018-2022	70.1%	80.1%	81.3%	81.0%	64.8%
Median value of owner-occupied housing units, 2018-2022	\$143,300	\$220,100	\$184,800	\$162,400	\$281,90
Median selected monthly owner costs -with a mortgage, 2018-2022	\$1,160	\$1,541	\$1,092	\$1,119	\$1,82
Median selected monthly owner costs -without a mortgage, 2018-2022	\$457	\$440	\$347	\$370	\$58
Median gross rent, 2018-2022	\$743	\$681	\$749	\$713	\$1,26
Building permits, 2022	24	181	125	42	1,665,08
Families & Living Arrangements					
Households, 2018-2022	27,462	12,448	8,066	10,532	125,736,35
Persons per household, 2018-2022	2.22	2.27	2.82	2.50	2.5
Living in same house 1 year ago, percent of persons age 1 year+, 2018-2022	88.4%	91.7%	92.9%	91.3%	86.9%
Language other than English spoken at home, percent of persons age 5 years+, 2018-2022	3.3%	3.1%	1.2%	1.5%	21.7%
Computer and Internet Use					
Households with a computer, percent, 2018-2022	88.3%	88.3%	85.0%	92.1%	94.0%
Households with a broadband Internet subscription, percent, 2018-2022	82.3%	82.7%	77.7%	87.7%	88.3%
Education					
High school graduate or higher, percent of persons age 25 years+, 2018-2022	90.6%	90.5%	87.7%	93.9%	89.1%
Bachelor's degree or higher, percent of persons age 25 years+, 2018-2022	20.8%	24.6%	14.6%	23.1%	34.3%

Appendix A - US Census Quickfacts Data						
Health						
With a disability, under age 65 years, percent, 2018-2022			18.9%		11.5%	8.9%
Persons without health insurance, under age 65 years, percent	△ 6.3%	△ 7.4%	△ 8.2%		△ 6.3%	△ 9.3%
Economy						
In civilian labor force, total, percent of population age 16 years+, 2018-2022	49.5%	58.2%	49.1%		55.6%	63.0%
In civilian labor force, female, percent of population age 16 years+, 2018-2022	48.0%	52.0%	44.3%		51.9%	58.5%
Total accommodation and food services sales, 2017 (\$1,000) (c)	D	61,523	D		22,775	938,237,07
Total health care and social assistance receipts/revenue, 2017 (\$1,000) (c)	665,763	144,510	D		89,427	2,527,903,27
Total transportation and warehousing receipts/revenue, 2017 (\$1,000) (c)	77,842	66,857	D		18,538	895,225,41
Total retail sales, 2017 (\$1,000) (c)	1,018,111	491,825	121,953		263,483	4,949,601,48
Total retail sales per capita, 2017 (c)	\$14,267	\$16,800	\$5,212		\$9,677	\$15,22
Transportation						
Mean travel time to work (minutes), workers age 16 years+, 2018-2022	22.6	25.0	38.4		25.4	26.
Income & Poverty						
Median household income (in 2022 dollars), 2018-2022	\$55,248	\$64,447	\$55,222		\$64,728	\$75,14
Per capita income in past 12 months (in 2022 dollars), 2018-2022	\$29,343	\$41,130	\$28,713		\$33,580	\$41,26
Persons in poverty, percent	△ 18.1%	△ 15.1%	△ 15.5%		△ 15.8%	△ 11.5%

BUSINESSES

Businesses						
Total employer establishments, 2021	1,472	928	312		444	8,148,60
Total employment, 2021	20,908	10,091	2,425		6,749	128,346,29
Total annual payroll, 2021 (\$1,000)	866,867	387,753	85,575		293,011	8,278,573,94
Total employment, percent change, 2020-2021	-6.8%	-5.0%	-7.3%		5.3%	-4.3%
Total nonemployer establishments, 2021	3,374	2,500	1,424		1,379	28,477,51
All employer firms, Reference year 2017	1,186	767	262		251	5,744,64
Men-owned employer firms, Reference year 2017	702	440	122		107	3,480,43
Women-owned employer firms, Reference year 2017	138	S	35		41	1,134,54
Minority-owned employer firms, Reference year 2017	S	S	S		S	1,014,95
Nonminority-owned employer firms, Reference year 2017	924	635	200		172	4,371,15
Veteran-owned employer firms, Reference year 2017	S	42	S		S	351,23
Nonveteran-owned employer firms, Reference year 2017	799	579	200		178	4,968,60

GEOGRAPHY

Geography						
Population per square mile, 2020	161.3	44.4	36.1		82.2	93.
Population per square mile, 2010	177.0	46.5	37.4		86.1	87.
Land area in square miles, 2020	422.20	649.08	640.40		327.88	3,533,038.2
Land area in square miles, 2010	424.16	647.10	640.25		327.83	3,531,905.4
FIPS Code	24001	24023	54027		54057	

Value Notes

 Methodology differences may exist between data sources, and so estimates from different sources are not comparable.

Some estimates presented here come from sample data, and thus have sampling errors that may render some apparent differences between geographies statistically indistinguishable. Click the Quick Info  icon to the left of each row in Table 1 to learn about sampling error.

The vintage year (e.g., V2023) refers to the final year of the series (2020 thru 2023). Different vintage years of estimates are not comparable.

Users should exercise caution when comparing 2018-2022 ACS 5-year estimates to other ACS estimates. For more information, please visit the [2022 5-year ACS Comparison Guidance](#) page.

Fact Notes

- (a) Includes persons reporting only one race
- (c) Economic Census - Puerto Rico data are not comparable to U.S. Economic Census data
- (b) Hispanics may be of any race, so also are included in applicable race categories

Value Flags

- Either no or too few sample observations were available to compute an estimate, or a ratio of medians cannot be calculated because one or both of the median estimates falls in the lowest or upper interval of an open ended distribution
- F Fewer than 25 firms
- D Suppressed to avoid disclosure of confidential information
- N Data for this geographic area cannot be displayed because the number of sample cases is too small.
- FN Footnote on this item in place of data
- X Not applicable
- S Suppressed; does not meet publication standards
- NA Not available
- Z Value greater than zero but less than half unit of measure shown

QuickFacts data are derived from: Population Estimates, American Community Survey, Census of Population and Housing, Current Population Survey, Small Area Health Insurance Estimates, Small Area Income and Poverty Estimates, State and County Housing Unit Estimates, County Business Patterns, Nonemployer Statistics, Economic Census, Survey of Business Owners, Building Permits.

Compare Counties

Select from all counties or choose based on demographic, social and economic indicators.

Select year: 

To add any additional locations, an existing selection will need to be removed.

Select Additional

		Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV
		Remove Location <input type="checkbox"/>			
Health Outcomes					
Length of Life		Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV 
Premature Death		10,600	8,800	11,500	9,600
Quality of Life		Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV 
Poor or Fair Health		17%	16%	21%	18%
Poor Physical Health Days		3.8	3.8	4.7	4.4
Poor Mental Health Days		5.6	5.4	6.0	6.1
Low Birthweight		9%	8%	9%	9%
Health Factors					
Health Behaviors		Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV 
Adult Smoking		20%	17%	24%	20%
Adult Obesity		42%	44%	37%	34%
Food Environment Index		6.7	7.8	7.3	8.3
Physical Inactivity		28%	25%	29%	25%
Access to Exercise Opportunities		67%	58%	32%	40%
Excessive Drinking		16%	15%	13%	13%

Appendix B - County Health Rankings and Roadmaps

Alcohol-Impaired Driving Deaths		21%	28%	23%	14%
Sexually Transmitted Infections				137.3	201.1
Teen Births		21	19	23	23
Clinical Care		Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV 
Uninsured		6%	7%	8%	6%
Primary Care Physicians		1,880:1	2,050:1	3,880:1	3,360:1
Dentists		1,290:1	2,040:1	2,930:1	2,980:1
Mental Health Providers		250:1	440:1	1,120:1	1,170:1
Preventable Hospital Stays		2,768	2,133	2,629	2,722
Mammography Screening		45%	46%	33%	51%
Flu Vaccinations		43%	37%	32%	38%
Social & Economic Factors		Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV 
High School Completion		91%	91%	88%	94%
Some College		55%	56%	47%	57%
Unemployment		4.0%	3.5%	2.6%	3.8%
Children in Poverty		20%	20%	23%	22%
Income Inequality		4.8	4.3	5.2	4.5
Children in Single-Parent Households		24%	20%	24%	25%
Social Associations		17.1	13.2	7.7	13.0
Injury Deaths		113	83	153	100
Physical Environment		Allegany, MD	Garrett, MD	Hampshire, WV	Mineral, WV 
Air Pollution - Particulate Matter		7.2	5.6	7.0	7.0
Drinking Water Violations		No	No	No	Yes
Severe Housing Problems		13%	11%	9%	7%
Driving Alone to Work		81%	78%	86%	80%
Long Commute - Driving Alone		22%	31%	64%	31%

Note: Blank values reflect unreliable or missing data.

Potomac Valley Hospital Community Health Perceptions Survey 2024

Q1 Thank you for taking this Community Health Survey - your thoughts are important to us and will benefit the people who live in your County. Survey results will be used to help guide Potomac Valley Hospital's health programs and address community members' health concerns.

This survey is anonymous - your answers will not be connected to you in any way.

If you have recently completed this survey, there is no need to do so again. You may skip any question that you would prefer not to answer. Please feel free to share this link with other members of your community. Thank you for your time and please contact us if you have any questions or need help completing this survey.

- Emily Sarkees, WVU Health Affairs Institute, emily.sarkees@hsc.wvu.edu

In which county do you currently live?

- Mineral County, WV
- Garrett County, MD
- Hampshire County, WV
- Allegany County, MD
- Somewhere Else

Q2 In which county and state do you live?

- County _____
- State _____

Q3 What is your age?

- Less than 18 years
- 18 to 29 years
- 30 to 39 years
- 40 to 49 years
- 50 to 64 years
- 65 years or more

Q4 What do you think is the most important health problem or issue for the community where you live?

Q5 From the following list, which do you think are the 3 most important problems related to **health and disease** in your county? **Please choose ONLY 3**.

- Aging problems
- Anxiety
- Cancers
- Chronic disease
- COVID-19
- Dental problems
- Diabetes ("sugar")
- Depression/hopelessness
- Drug and/or alcohol use
- Heart problems
- High blood pressure
- Mental health problems
- Obesity
- Respiratory/lung disease/asthma
- Other _____

Q6 From the following list, which do you think are the 3 most important problems related to **quality of life and environment** in your county? **Please choose ONLY 3**.

- Chronic loneliness or isolation
- Cost of health care and/or medications
- Homelessness
- Lack of health insurance or limited health coverage
- Limited ability to get healthy food or enough food
- Limited access to transportation
- Limited affordable/quality housing
- Limited job opportunities
- Limited organized activities for children and teens
- Limited places to play or healthy activities for kids
- Limited safe places to walk, bike, etc.
- Limited social services or programs
- Poverty
- Water/air quality
- Other _____

Q7 From the following list, which do you think are the 3 most important **risky behaviors** in your county? **Please choose ONLY 3**.

- Excessive alcohol use
- Child abuse and neglect
- Crime
- Distracted driving (cellphone use)
- Domestic violence
- Drug use
- Gambling
- Impaired driving (drugs/alcohol)
- Lack of exercise
- Not getting recommended vaccines
- Poor nutrition
- Tobacco use
- Vaping
- Other _____

Q8 Can you think of something that would help improve the health of your community?

Q9 What type of health insurance coverage do you have? (Select all that apply)

- Private health insurance (e.g., through your employer, union, family member, or private plan)
 - Public health insurance (e.g., Medicaid, Medicare, VA services, Tricare, Chip, or Indian Health Services)
 - Uninsured (i.e., no health insurance coverage)
 - Other (please specify)
-

Q10 Please rate how you feel about the statement: "I know how to access medical care in my community."

- Strongly disagree
- Somewhat disagree
- Neither agree nor disagree
- Somewhat agree
- Strongly agree

Q11 Please tell us your level of agreement with each of these sentences about your County:

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
I have access to good health care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am satisfied with the medical care I receive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to afford medical care when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to afford medications when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to get medical care when I need it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to see specialists when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to see my primary care doctor when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to get mental health care when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have access to a walk-in clinic or urgent care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q12 What medical services or specialties would you like to see offered in your area?

Q13 Please tell us about access to telehealth medical care in your home.

- I do not have access to high-speed internet at home and cannot access telehealth medical care.
- I have high-speed internet, but it is not reliable or fast enough to use for telehealth medical care.
- I have high-speed internet at home, but would prefer not to use it for telehealth medical care.
- I have high-speed internet at home, but need more information about telehealth medical care before deciding to use it.
- I have high-speed internet at home, and would be comfortable attending a telehealth medical appointment this way.

Q14 In the past 12 months, have you seen a medical provider for a routine check-up, wellness visit, or other preventive care?

- Yes
- No
- If no, why not? _____

Q15 Within the past 12 months the food we bought just didn't last and we didn't have money to get more.

- Often true
- Never true

Q16 Within the past 12 months we worried whether our food would run out before we got money to buy more.

- Often true
- Never true

Q17 What is your living situation today?

- I have a steady place to live
- I have a place to live today, but I am worried about losing it in the future
- I do not have a steady place to live (I am temporarily staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park)

Q18 Think about the place you live. Do you have problems with any of the following? Choose all that apply.

- Pests such as bugs, ants, or mice
- Mold
- Lead paint or pipes
- Lack of heat
- Oven or stove not working
- Smoke detectors missing or not working
- Water leaks
- None of the above

Q19 In the past 12 months has the electric, gas, oil, or water company threatened to shut off services in your home?

- Yes
- No
- Already shut off

Q20 How hard is it for you to pay for the very basics like food, housing, medical care, and heating? Would you say it is:

- Very hard
- Somewhat hard
- Not hard at all

Q21 How often do you feel lonely or isolated from those around you?

- Never
- Rarely
- Sometimes
- Often
- Always

Q22 If for any reason you need help with day-to-day activities such as bathing, preparing meals, shopping, managing finances, etc., do you get the help you need?

- I don't need any help
- I get all the help I need
- I could use a little more help
- I need a lot more help

Q23 Do you ever have problems with transportation to medical appointments or other places you need to go?

- No, I can get where I need to go.
- Yes, it is sometimes (or always) hard for me to access transportation.

Q24 Please check all that apply regarding your ability to access transportation.

- I do not have a car or other vehicle.
- I have a vehicle, but it is not dependable all the time or is in need of repairs.
- I have a vehicle, but sometimes I cannot afford gas.
- Sometimes I can get a ride from others, but not always.
- Friends and family are not available to give me rides.
- Public transportation is not available where I live.
- Public transportation is available where I live, but doesn't go where I need to go.
- I can't afford public transportation or other rides like Uber or Lyft.
- I can't access the transportation available to me due to using a wheelchair or other equipment.
- There is medical transport where I live, but I can't get a ride at the time I need to go.
- There is medical transport where I live, but I have to wait too long for a ride back home.
- There is medical transport where I live, but it is not always dependable.

Q25 What sex were you assigned at birth, on your original birth certificate?

- Male
- Female

Q26 How do you describe yourself? (select one)

- Male
- Female
- Transgender
- Do not identify as male, female, or transgender

Q27 Which of these groups best describes your race? Please select all that apply.

- White/Caucasian
 - Asian
 - Black or African American
 - American Indian or Alaskan Native
 - Native Hawaiian or Other Pacific Islander
 - Other (please specify)
-

Q28 Are you of Hispanic or Latino origin or descent?

- Yes, Hispanic or Latino
- No, not Hispanic or Latino

Q29 What is the highest level of education you have completed?

- Less than high school graduate
- High school diploma or equivalent (GED)
- Some college or certification
- Technical or vocational degree/certification
- Associate degree
- Bachelor's degree or higher (includes any advanced degrees)

Q30 What is your estimated yearly household income?

- Less than \$15,000
- \$15,001 to \$20,000
- \$20,001 to \$25,000
- \$25,001 to \$30,000
- \$30,001 to \$35,000
- \$35,001 to \$40,000
- \$40,001 to \$50,000
- \$50,001 to \$60,000
- \$60,001 to \$70,000
- \$70,001 to \$85,000
- \$85,001 to \$100,000
- \$100,001 to \$150,000
- More than \$150,000
- Prefer not to answer

Q31 What is your marital status?

- Married or in a domestic partnership
- Divorced
- Never married
- Separated
- Widowed
- Other (please specify) _____

Q32 How many children under the age of 18 live in your household?
Please enter a whole number even if you are not the primary caregiver or biological parent.

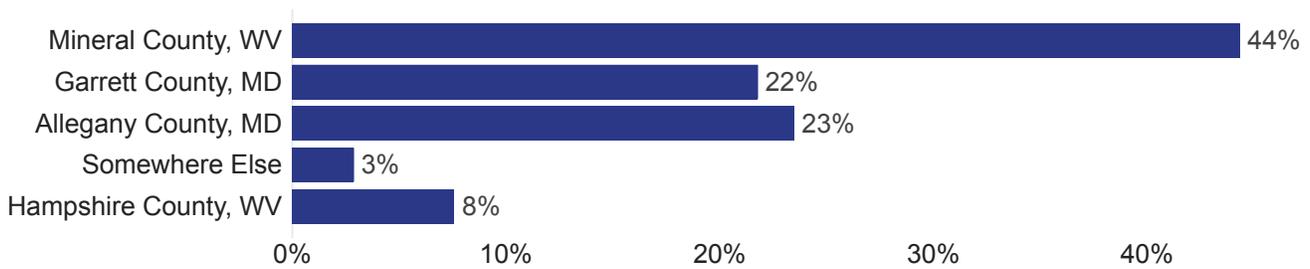
Q33 How were you invited to complete this survey?

- MyChart Invitation
- Personal email invitation
- My employer
- Social media
- Friend or family member
- Public school, library, or other community organization
- Other _____

Q34 Is there anything else you would like to say about health in your community?

Q1 - In which county do you currently live?

1227 Responses



● Percentage

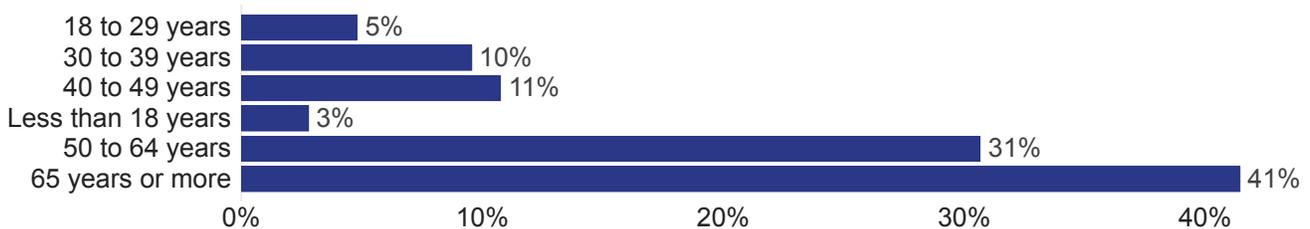
Q1 Response to "Somewhere Else"

35 Responses



Q3 - What is your age?

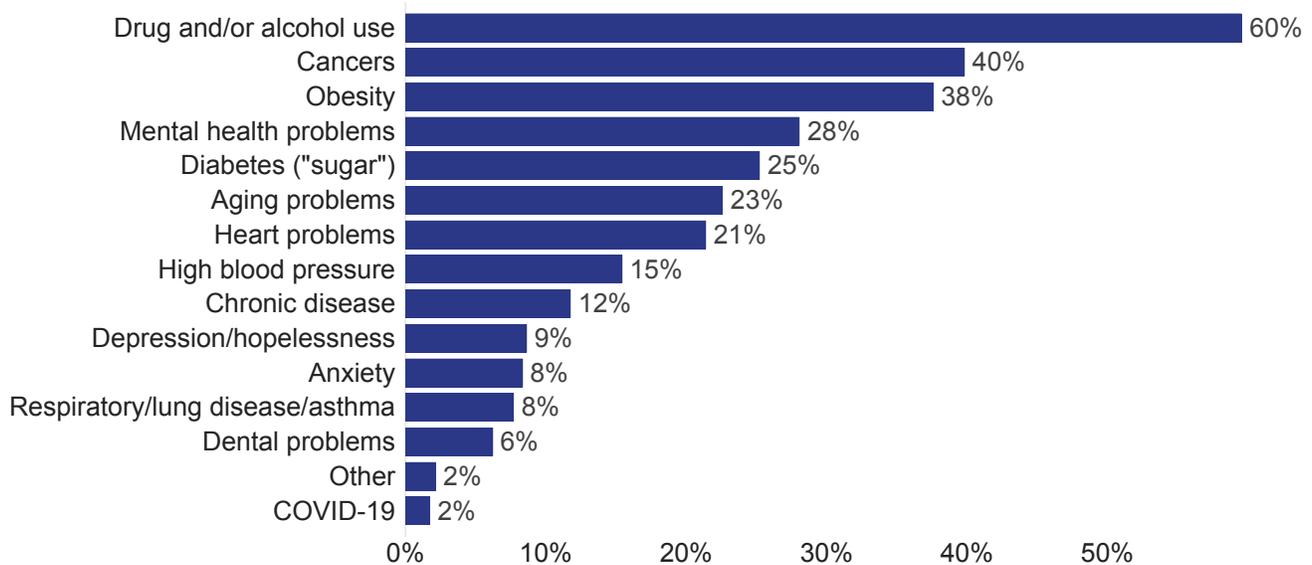
1226 Responses



● Percentage

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

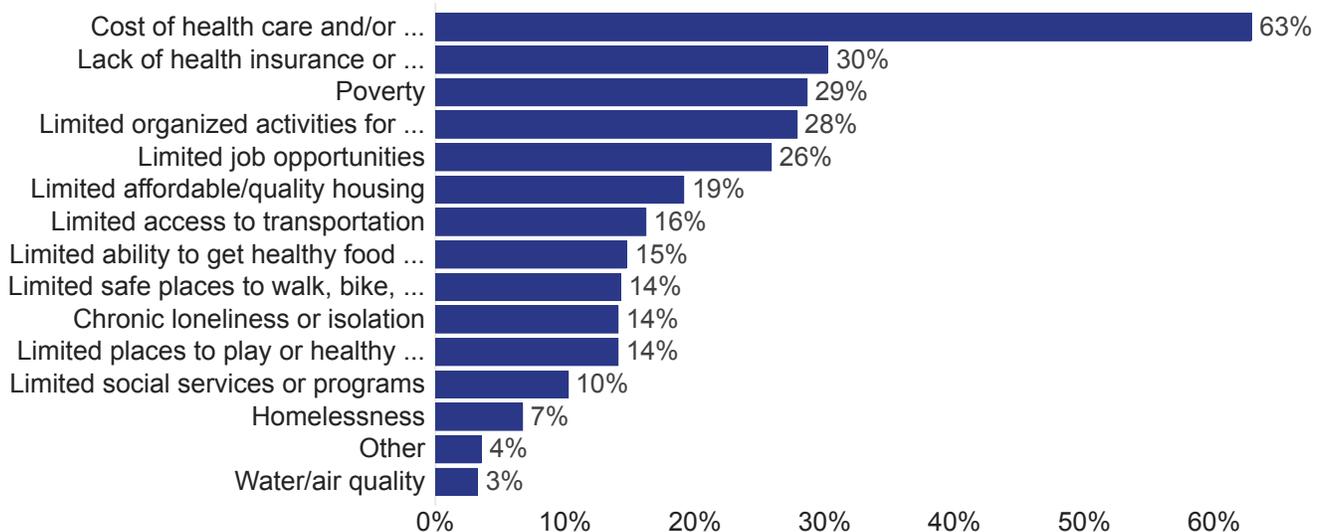
987 Responses



● Percentage of Responses

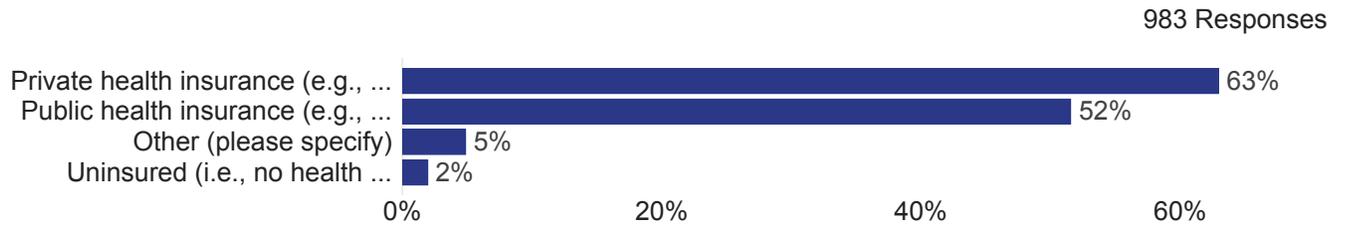
Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

981 Responses



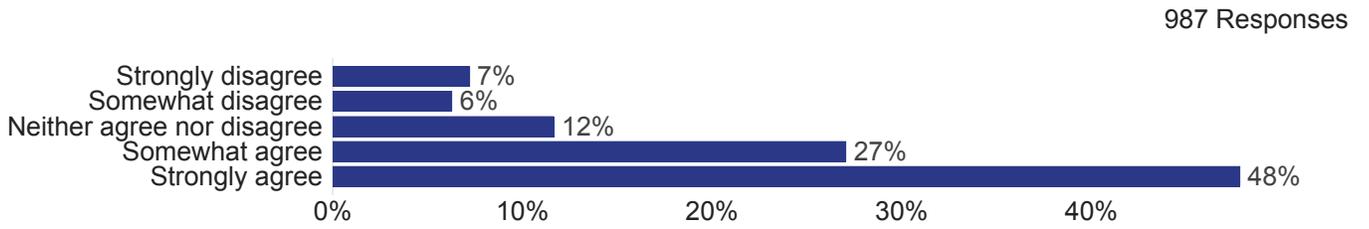
● Percentage of Responses

Q9 - What type of health insurance coverage do you have? (Select all that apply) - Selected Choice



● Percentage of Responses

Q10 - Please rate how you feel about the statement: "I know how to access medical care in my community."



● Percentage

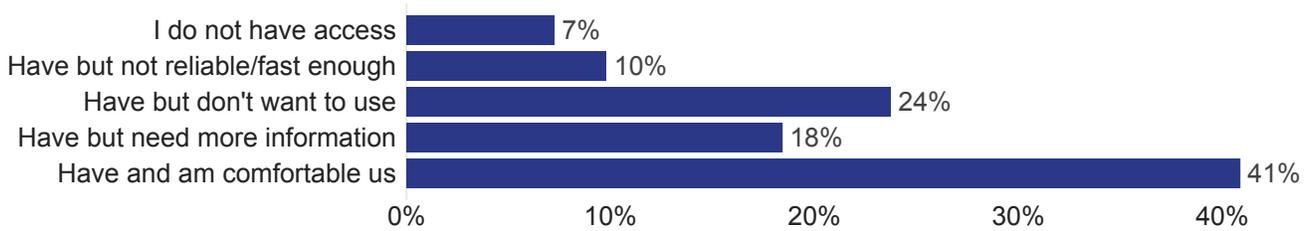
Q11 - Please tell us your level of agreement with each of these sentences about your County:

964 Responses

Field	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
I have access to good health care.	6.44%	8.52%	8.63%	40.33%	36.07%
I am satisfied with the medical care I receive.	5.24%	7.12%	9.95%	37.91%	39.79%
I am able to afford medical care when needed.	10.19%	12.92%	10.08%	32.14%	34.66%
I am able to afford medications when needed.	7.76%	12.58%	9.85%	34.07%	35.74%
I am able to get medical care when I need it.	5.56%	8.08%	9.55%	35.68%	41.13%
I am able to see specialists when needed.	8.94%	14.51%	12.09%	31.34%	33.12%
I am able to see my primary care doctor when needed.	5.89%	6.41%	7.57%	30.81%	49.32%
I am able to get mental health care when needed.	81	96	367	181	211
I have access to a walk-in clinic or urgent care.	4.70%	3.66%	7.21%	29.47%	54.96%

Q13 - Please tell us about access to telehealth medical care in your home.

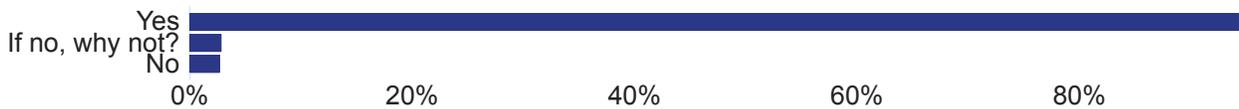
940 Responses



● Percentage

Q14 - In the past 12 months, have you seen a medical provider for a routine check-up, wellness visit, or other preventive care? - Selected Choice

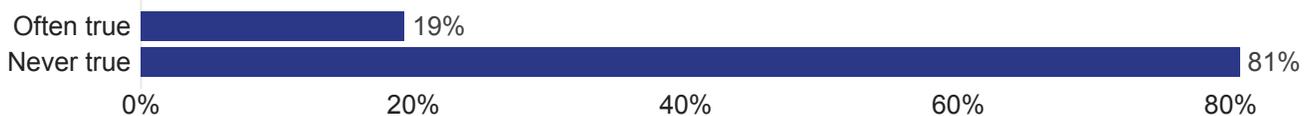
950 Responses



● Percentage

Q15 - Within the past 12 months the food we bought just didn't last and we didn't have money to get more.

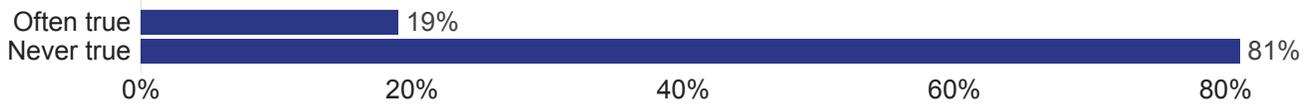
941 Responses



● Percentage

Q16 - Within the past 12 months we worried whether our food would run out before we got money to buy more.

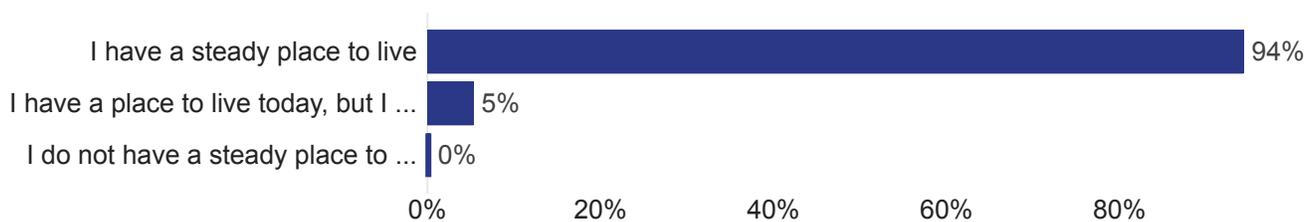
944 Responses



● Percentage

Q17 - What is your living situation today?

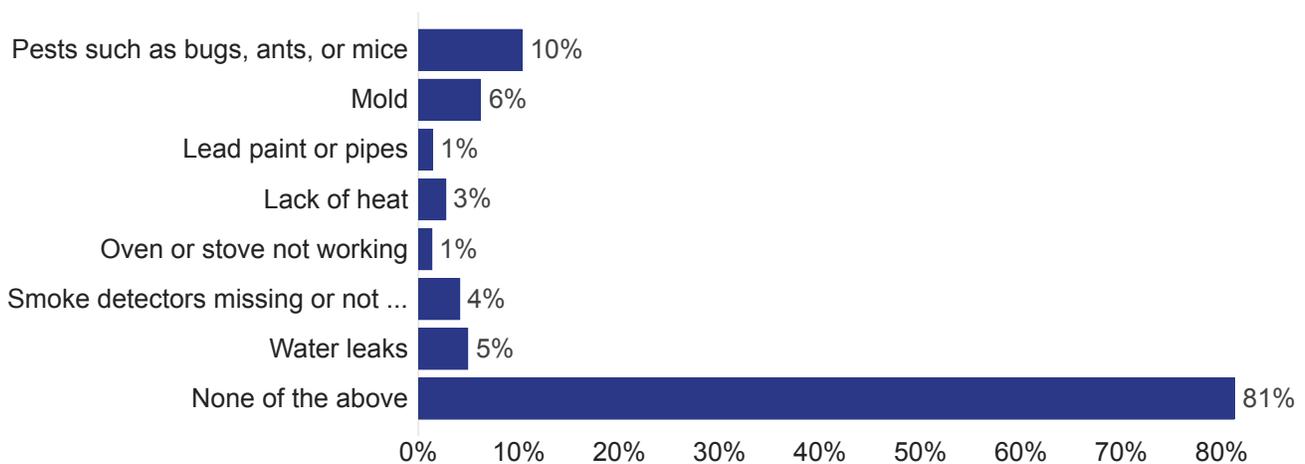
938 Responses



● Percentage

Q18 - Think about the place you live. Do you have problems with any of the following? Choose all that apply.

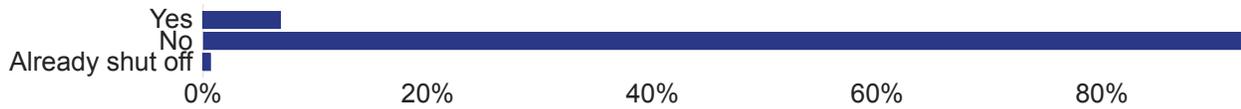
930 Responses



● Percentage of Responses

Q19 - In the past 12 months has the electric, gas, oil, or water company threatened to shut off services in your home?

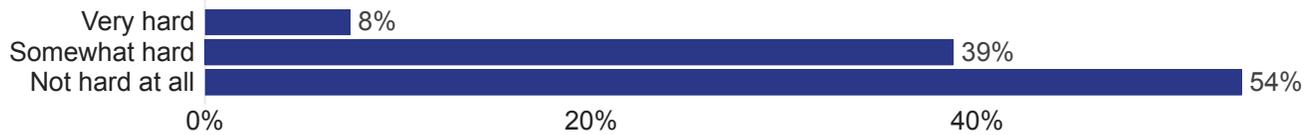
940 Responses



● Percentage

Q20 - How hard is it for you to pay for the very basics like food, housing, medical care, and heating? Would you say it is:

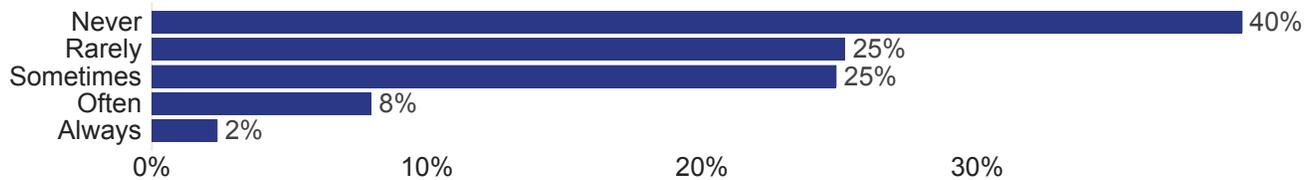
931 Responses



● Percentage

Q21 - How often do you feel lonely or isolated from those around you?

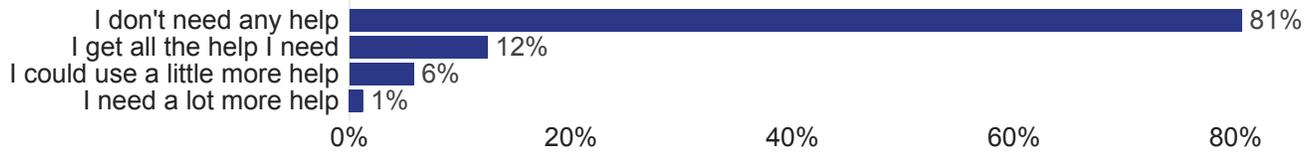
929 Responses



● Percentage

Q22 - If for any reason you need help with day-to-day activities such as bathing, preparing meals, shopping, managing finances, etc., do you get the help you need?

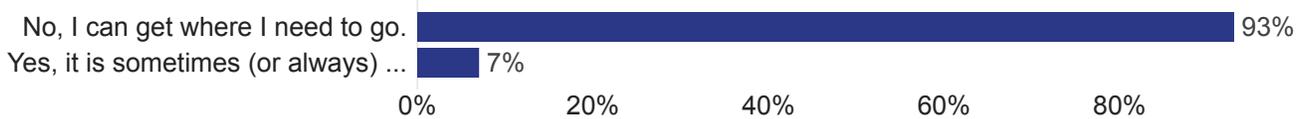
931 Responses



● Percentage

Q23 - Do you ever have problems with transportation to medical appointments or other places you need to go?

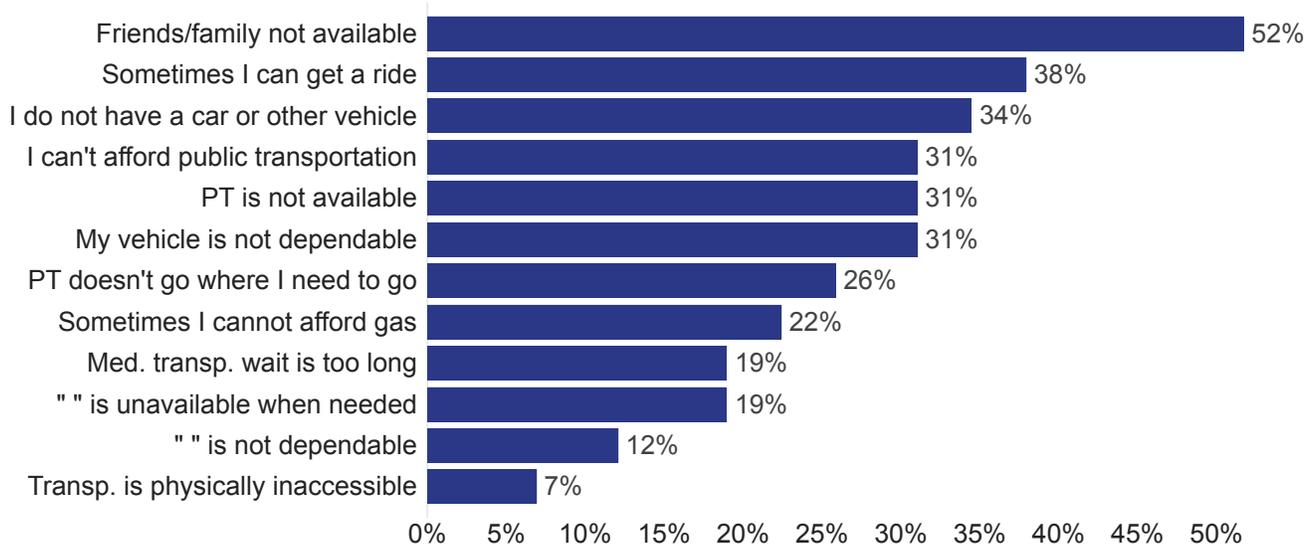
929 Responses



● Percentage

Q24 - Please check all that apply regarding your ability to access transportation.

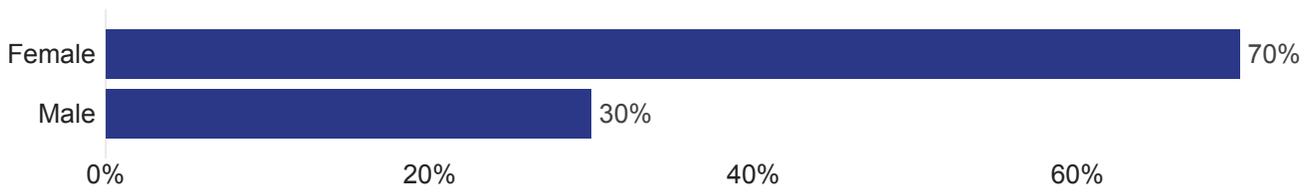
58 Responses



● Percentage of Responses

Q25 - What sex were you assigned at birth, on your original birth certificate?

914 Responses



● Percentage

Q26 - How do you describe yourself? (select one)

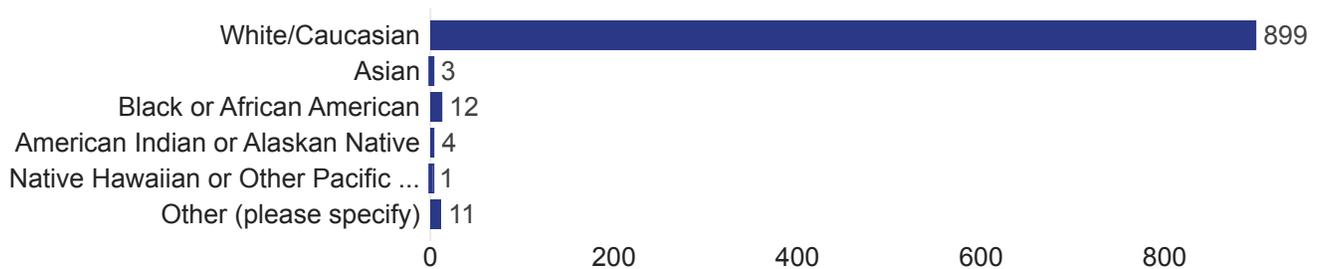
913 Responses



● Choice Count

Q27 - Which of these groups best describes your race? Please select all that apply. - Selected Choice

916 Responses



● Choice Count

Q28 - Are you of Hispanic or Latino origin or descent?

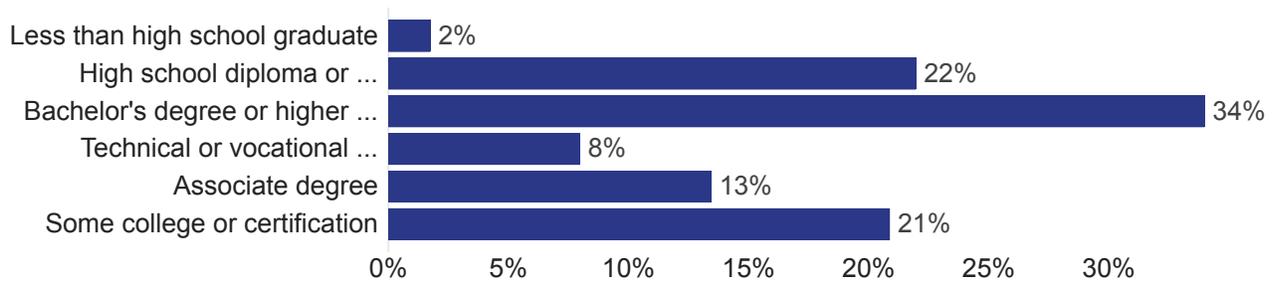
895 Responses



● Choice Count

Q29 - What is the highest level of education you have completed?

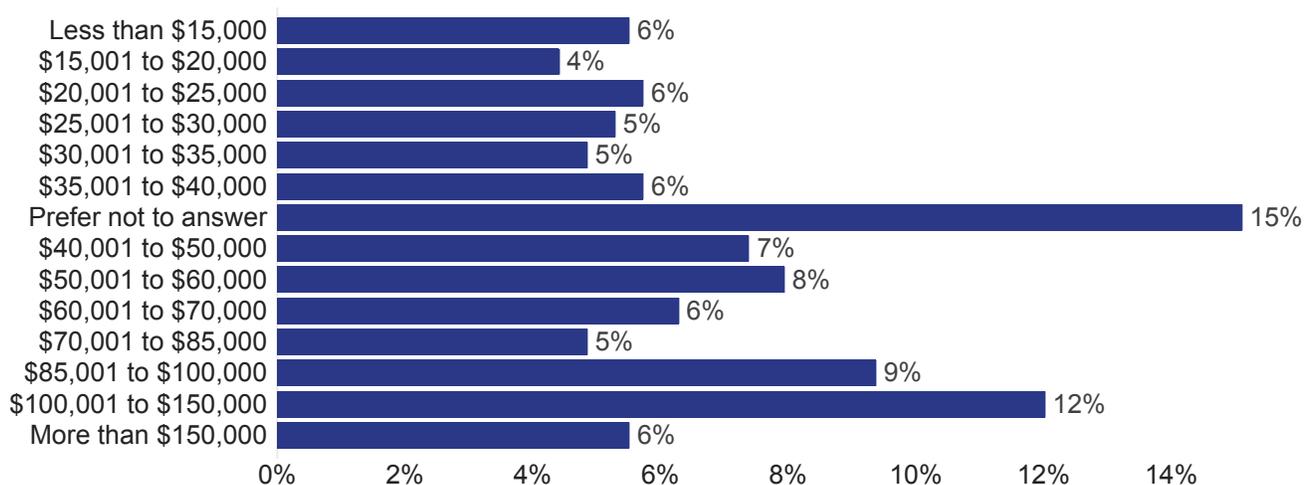
915 Responses



● Percentage

Q30 - What is your estimated yearly household income?

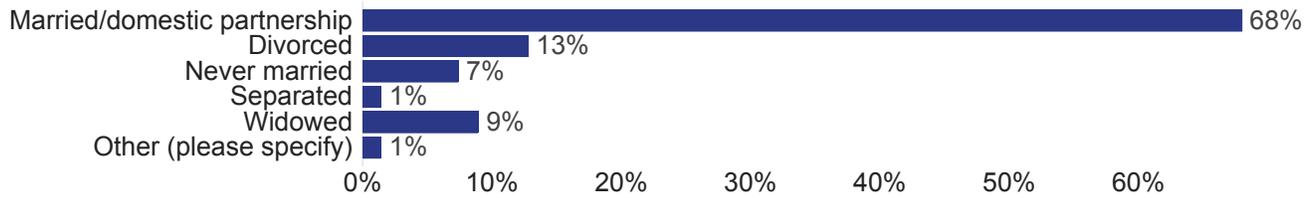
907 Responses



● Percentage

Q31 - What is your marital status? - Selected Choice

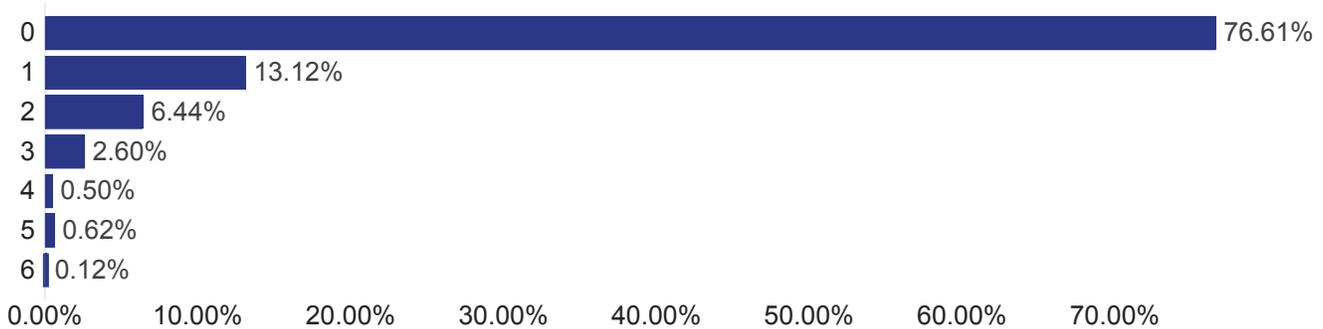
906 Responses



● Percentage

Q32 - How many children under the age of 18 live in your household? Please enter a whole number even if you are not the primary caregiver or biological parent.

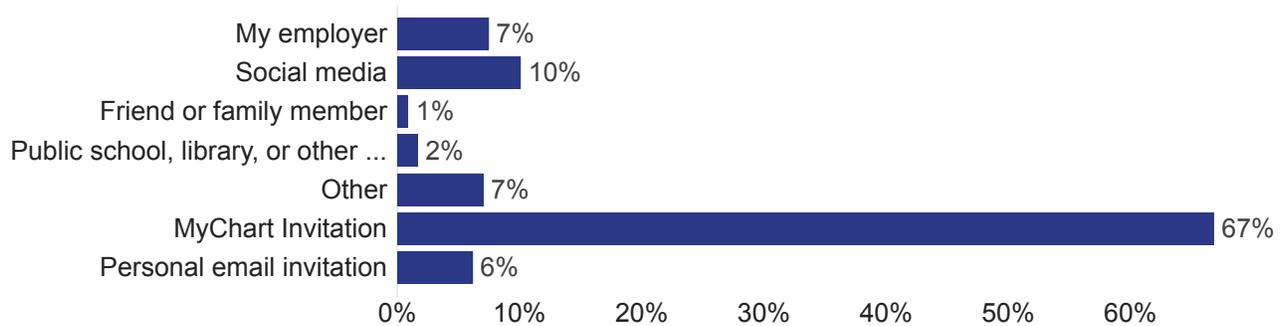
808 Responses



● Percentage

Q33 - How were you invited to complete this survey? - Selected Choice

913 Responses



● Percentage

Q4 - What do you think is the most important health problem or issue for the community where you live?

Access

Access to affordable care

Access to affordable, reliable and regular health care.

Access to care

Access to cutting edge state of the art medical treatment and facilities

Access to health care, few doctors to see

Access to local specialty physicians

Access to MD physicians not just NP

Access to primary care physicians

Access to quality senior care.

Access to quality, experienced and trustworthy healthcare. There are so few pcps in our area and they are so busy that it is extremely difficult to get an appointment for emergencies. Urgent cares are too costly with higher insurance deductibles. There are too long of waits for tests and surgeries.

Access to services

Access to services needed. Mental health, health, substance abuse

Access to special services

Access to specialist in a timely manner.

access to specialists

Access to specialized healthcare especially for women

Access. In more recent years, we drive a significant distance for major medical needs. Having the health clinic contributed to establishing a primary care provider which I haven't see in 20 years. Having the introduction of speciality providers to Keyser has made things a lot simpler. I am here for my husbands surgery today that in the past would have been a two hour ride to Morgantown.

accessibility to special health services

Accessible and affordable healthcare

Addiction

Addiction and cancer

Addiction Issues

Addictions

Addictions

Addictions

Addictions

Affordability

affordability

Affordability of healthy food

affordability, addiction

Affordability/Lack of Insurance

affordable and accessible health care

Affordable health care

Affordable healthcare

Affordable medications

Aging

Aging

aging

aging

Aging

Aging

Aging

Aging

Aging problems

Aging, health care, the ability to find what you need close by and covered by insurance.

anxiety

Apparently the drug problem and lack of help for mentally ill

autoimmune conditions & anxiety

Autoimmune disease

Autoimmune diseases

Availabe affordable dental care

Availability

Availability and access to local primary care professionals.

Availability for all

Availability for testing

Availability of expert physicians

availability of fitness facilities and high quality primary health care

Back issues

Behavioral Health

Behavioral health leading to poor health behaviors and obesity.

Being over weight creates health problems

Being overweight or obese, strokes, heart attacks are health problems in our area. I would say the biggest issue with the community is drugs.

breathing

Cancer

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Cancer
Cancer
Cancer
Cancer Alzheimers brain tumors
Cancer and diabetes
Cancer and drug abuse
Cancer and heart disease
Cancer and not being able to have insurance
Cancer rate
Cancer, and drug addiction.
Cancer, dementia, obesity, drug use, mental health (especially younger people), depression
cancer, drug and alcohol use, and mental health
Cancer, heart disease
Cancer.
Cancer/Strokes
Cancer
Cancers
Cancers, drugs, heart
Cardiac
Cardiac and Lung Disease
Cardiovascular
Cardiovascular
Cardiovascular and diabetes
cardiovascular disease
Cardiovascular disease
Cardiovascular, Cancer, Lack of Reconiising Women's health is totally different than Men's especially when it
child resources at the hospital in Cumberland
Childrens cancer
Chronic disease
Chronic Disease
Chronic Pain and mental Health
cnacer
Competent Doctors who listen first and don't just go down the business as usual check the boxes chart
consistency in health care
Convenient community access to higher health technologies
Copd and arthritis,dementia
cost
COST
Cost
Cost
Cost
Cost for f living and high taxes and fuel prices
Cost of health care
Cost of health care
Cost of heath care
Cost of medical care and insurance
Cost of prescription drugs and after care.
costs

drug abuse
Drug abuse/overdoses
Drug Addiction
Drug addiction, obesity, mental health access as preventive, or proactive, rather than reactive
Drug Addiction/Alcoholism
Drug and alcohol
Drug and alcohol abuse
Drug and Alcohol addiction.
Drug and alcohol mental issues
Drug ODS
Drug overdose
drug overdose
drug overdose
Drug overdoses
Drug overdoses
Drug Overdoses
Drug overdoses
Drug overdoses
drug problems
Drug problems
drug usage
drug use

Drugs
Drugs and alcohol
Drugs and alcohol abuse
Drugs and alcohol abuse and addiction
Drugs and alcohol use
Drugs and cancer
DRUGS AND LACK OF MOTIVATION
Drugs and lack of quality health care
Drugs and obesity
Drugs and obesity, cost of medication
drugs and old age
Drugs and poor access to affordable senior housing
Drugs overdose
Drugs, mental health
drugs, obesity
Drugs/alcohol
easy access
Easy access for elderly
educating the community in common medical issues so people recognize them and get medical advice quickly
Education on healthcare
education on illness
Elder care/home health hiring and follow-up
elder problems, breathing, mobility
Employment
Extremely high cost for medical tests/care/surgeries etc
False medical informatiin that is not based on science.. ie masks protect you from covid.
Fast Emergency Room care
Fentanyl
Finding competent health care providers.
finding places to get the services one needs
focus on wellness and education/activities to achieve highest level possible
food insecurity
Food related
For any major medical issues such as heart attacks etc... patients have to be sent from the local hospital to other hospitals such as Winchester or Cumberland, which wastes precious time.
For me & wife: age-related issues.
Gastrointestinal Dr.; Dermatologist
Gastrointestinal issues

Geriatric medicine
Getting quick service
GI and Cancer
good health care providers, trained and knowledgeable, more doctors - less Nurse practitioners and PAs
Good healthcare all around
Good quality healthcare professionals
Great hospital legs are swelling
Guns and drugs, but not in that order
hard to find a good doctor, they do t stick around the area and to get into a specialist you sometimes wait
Having to travel so far for special services
Health care Costs
Health care for the elderly, maybe a pain center
Health checks that don't cost a fortune
Health insurance
Healthcare prices
Healthy Eating
Healthy habits for a healthy life.We need functional medicine specialists.
heart
Heart
Heart
Heart
heart
Heart and cancer
Heart and Kidneys
Heart and Lung Disease
heart and lung disease and diabetes
Heart and lung diseases
heart and lung problems
Heart disease
Heart disease
Heart disease
Heart disease and diabetes
Heart disease or drug addiction
heart fisease
Heart health
Heart health
Heart issues
Heart or cancer
heart problems
Heart problems and diabetes
Heart, cancer
Heath care providers
Heath insurance
Help for the elderly
Helping prevent diabetes.
High blood pressure/ Obesity
High copays/ insurance cost

Hospitals

Hospital cares about the money more than the patient

Hypothyroid, hypertension and diabetes

I live in Hampshire County, but I always go to Potomac Valley because Hampshire County Hospital doesn't have the compassionate, personal care, or the Nurses to address issues like Alzheimers/ Dementia which I believe is a I think our area does very well

Illegal Drug use

Illegal drugs

Illegal drugs

Illegal drugs and overdoses

illegal drugs. mental health.

Illegal narcotics

illegal immigrants

Improper listening from medical staff

In my area is lack of adequate health care

Income

Incompetent health care

Inflammatory disease

Insurance

Insurance coverage for Medicare

isolation

Kidney disease

Knowledge and communication

Lack of access to insulin and diabetic medications

lack of access to mental health services

Lack of affordable healthcare

Lack of affordable wellness activities gyms support groups etc

Lack of care

Lack of caring, knowledgeable doctors

lack of descent drs and no pediatric drs affiliated with the hospital in Cumberland

Lack of Doctors

Lack of doctors

Lack of doctors and ability to get appointments when needed

Lack of doctors and trying to get in to see one in a timely manner.

Lack of doctors lack obgyns hospital that dont deliver babies . Local hospital ships everyone out. Needs more

Lack of Doctors such as Cardiologist, general surgeons.

Lack of Doctors, and Critical Care requiring MRI.

Lack of Drs and specialist

Lack of education and opportunity which leads to an extreme occurrence of drug use and overdose

Lack of exercise facilities

Lack of Exercise!

Lack of female primary care physicians (not nurse practioners or physician assistants)

Lack of General Practitioners

lack of good doctors especialy pediatrics

Lack of good primary care physicians.

Lack of good providers and easy access to emergency medicine

Lack of health care professionals

Lack of health insurance
Lack of healthcare overall
Lack of healthcare workforce
Lack of healthy food options. Obesity.
Lack of inpatient mental health options
Lack of local availability of quality healthcare specialists.
Lack of medical care in certain areas such as nurses and specialists
Lack of medical doctor's
Lack of medical doctors of family medicine
Lack of nutrition
Lack of outdoor recreational opportunities
Lack of pediatricians in area for our children
lack of physicians
Lack of physicians.3
lack of primary care
lack of primary care doctors
lack of programs to inform people of proper eating habits to avoid type 2 diabetes
Lack of proper care
Lack of proper Triage at our only ER. There is intake only and you are returned to the waiting room with extremely high BP or no pain relief, not even an ice pack for an injury and left to wait 5+ hours.oom wi
Lack of providers
lack of providers
Lack of providers /staff
Lack of qualified providers
lack of quality health care
Lack of quality healthcare in Allegany County
lack of resources
Lack of resources
Lack of resources for the underprivileged
Lack of services such as Play Therapy for Mental Health/Trauma for young children (ages 3-5)
Lack of Specialists
Lack of specialists
Lack of specialists
Lack of specialists at PVH
Lack of specialized doctors
Lack of specialized Drs.
Lack of specialized physicians with availability of less than one month
lack of specialties, lack of appointments available. Ex: our general surgeon is booking one year out and some people cannot wait a year
Lack of specialty providers
Lack of treatment and services for patients diagnosed with cancer.
Lack of wellness center & drug addiction
lack of/inadequate outdoor exercise/recreation areas
Lacks specialized care in some areas.
LAK PF EASY CONNECTIONS WITH dr.
Limited specialties
Local access to full range of medical specialists. Even remote service is limited.

Local MD hospital has a bad reputation in the community.
Locations in rural communities. I see no PCP offices anywhere in the rural areas.
Long stays at the Emergency center before being seen about your reason for being there.
Long wait times to get appointments
Low cost blood draw clinics
Maybe substance issues
medical costs.Thank God for the assistance WVU
Medical insurance for low income, transportation to medical appointments
Medical staffing
Medical Transportation
Mental and drugs
Mental Health
Mental Health and Drug addiction
Mental health care
Mental Health Services for children
mental health support
Mental health support, especially for children
Mental health/addiction
mental illness
Mental illnesses
meth overdose
Mobility as we age
More activities for families to stay active
More doctors and medication
need better resources for mental health as of now we drive over an hour to get an official psychological exam
and they are booked out over 6 months and we drive almost an hour for a therapist that can treat my son
Need cardiac facilities at hospital. Catherization needed!
nEED DOCTORS WHO ACTUALLY KNOW WHAT THEY ARE DOING
need for more doctors -
Need more physicians
Need more primary care
Need more surgeons in area
no Doctors or health clinics after 5 pm on the weekends You have to the emergency.at the hospital
No good doctors
No place to birth babies.
no speciality drs
No speciality drs and only CRNP

No urgent care
noncompliance
non-compliance
Not all medical procedures can be done locally without having to go to Morgantown
Not be able to get an appointment within like a two week span instead you have to wait months on end
Not being able to get help with medical bills if no insurance
Not enough access to healthy food choices and exercise
Not enough doctors
Not enough doctors.
Not enough doctors. Too many nurse practitioners.
not enough dr
Not enough ELDER care available.
not enough general practitioners
Not enough good doctors
Not enough health specialists
Not enough pedestrian or kids special drs
Not enough physicians
Not enough resources
Not enough specialist doctor's.
not enough specialists/surgeons.
Not enough specialized health providers.
Not enough specialty doctors available locally.
Not getting Covid - staying healthy
not have places for teens to go hangout with friends
Not having affordable health care
Not sure. Diabetes?
nutrician
Nutrition
Nutrition
Nutrition
Nutrition and exercise
Nutrition/diet/exercise interface
Obesity
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Obesity and Diabetes
Obesity and diabetes
Obesity and Diabetes
obesity and drug use
Obesity and drugs
Obesity and Drugs
Obesity and drugs
Obesity and heart
Obesity and Mental Health
Obesity and other chronic disease
obesity and smoking (tied)
Obesity and substance abuse
Obesity and the negative effects it has on the body
Obesity and various health issues related to weight...
Obesity as well as the Opioid Issue
obesity complicaions
Obesity heart and cancer
Obesity, diabetes, healthy choices
Obesity, DM and HTN
Obesity, drug issues
Obesity, drug use
Obesity, drugs
Obesity, drugs
Obesity, heart disease, addiction
Obesity, lung cancer and lack of affordable health care.
Obesity, mental health, cancer.
Obesity/ nutrition
Obesity/diabetes
Obesity
old age and deteriorating health.
Old age. Cancer
Onesityy
Opiate addiction
Opiates
Opiod abuse
Opiod Use

opioid abuse
Opioid addiction
Opioid Addiction
Opoid addiction
Our UPMC ER
Outside places to walk and enjoy nature.
Over dose
Over eating obesity
Over weight
Over weight
Over Weight
Overall health care with doctors and a hospital you can trust to give you the medical care you need
Overdoses
overeating
overweight
overweight
Overweight, drug use,Depression
Pain
patients not going to the doctor regularly
paying the co-pays
payint co-pays
People are not motivated to take care of themselves and preventative health care.
People cant afford healthcare or insurance
People o/d pain pills, here they give it out like candy,that is not fixing the problem
People who are not vaccinated and are still afraid of COVID-19.
Perscription drug cost.
Poor doctor experience
poor eating and exercise habits
Poor medical care
Poor nutrition
Poor Nutrition
Poverty
Poverty
Poverty_ people using ER as doc. Chronic drug use and addiction
Pre existing conditions, obesity, hypertension, diabetes. Lack of trust in healthcare providers because there havent been good provisers here until WVU came.
Preventative medicine
Prices of everything
Primary care
Primary Care and GI
Primary Care Provider shortage
probably opioid addiction
Providers
Pulmonary Care
Qualified doctors.
quick access to emergency care
Recent loss of Georgeâ€™s Creek Pharmacy

Rehab and recovery for drugs
resources for those in need that don't have the income
Respiratory
Seeing a doctor
Seeking a specialist, I NEED an endocrinologist desperately.
Seniors health problems.
seniors living alone
Short staff
shortness of breath
sickness
Smoking
Smoking and Vaping
So many disabled people
Substance abuse
substance abuse
Substance abuse
Substance abuse
Substance abuse
Substance Abuse and Mental Health Access to care
substance abuse/dependence and mental illness
substance abuse/mental health
Substance Use
substance use, spread of hepatitis/HIV; lung issues; depression, anxiety, trauma
Takes too long to schedule an appointment
The drug activity!
That i have to travel from Cumberland to either keyser or Morgantown to receive quality care
That when we get tests for doctors outside the local system is so difficult. We would be willing to pay for the disc
to take or mail ourselves to the goid of our health. Your current practice is unhealthy for all your patients.
The amount of time it takes to get an appointment when there is a serious problem.
The cost of healthcare, including medicine, for seniors on fixed incomes.
The elderly getting what they need
The elderly health care
The heavy drug use.
The high cost of healthcare for people with private insurance and the lack of a wellness center for people looking
to maintain their health.
The high cost of healthcare!!
The hospital's ER in Cumberland md is not where you want to go with a medical emergency. They let you sit in
the wait room for hours, no matter how sick you are. I will only go to PVH.
The Insuance and Pharmaceutical industry own Congress. Their dictation on how the community can be served
by the health care facilities that are in their reach hackneys their ability to seek medical treatment so when they
finally do go for help they are in a critical state of health.
The main health problem in our area is addiction and with the addiction comes neglect for real pain patients that
cannot get the help they need due to ignorance
The need for more specialists
The poor service and competence of the local hospital.
There appears to be a lot of cases of drug overdoses.
there heath

There is a lack of things to do for youth, young adults, and families. This makes it difficult to keep youth out of trouble and to keep driven young adults and families in the area. Why don't we have an online community calendar? There are things happening in the area to an extent, but not everyone knows about them because you have to look multiple places. A nice and organized online community calendar would be extremely beneficial. There is also a lack of awareness of 'hidden' issues such as people allowing others to molest children for drugs or There isnt enough primary care doctors
Timely and affordable health care and medication.
To much waiting time in emergency rooms
too high of cost and cant pay
Too many people getting Cancer. Someone should look into the statistics for this area.
Too many people getting everything free. Don't work & don't intend to.
transportation
Transportation
transportation
Transportation
Transportation
Transportation
Transportation and availability of providers
Transportation and lack of services
Traveling to another hospital for treatment
Treating older people.
Treatment for drug addiction
unhealthy eating habits
UPMC IS THE ONLY HOSPITAL WE HAVE, THE WAIT TIME IS AWFUL AND NO SPECIALIST . THEY ARE FAILING THE
Vaccine denial
Variety of specialty
Various medical service. Surgeons, doctors, testing, etc.
vascular
virus and cancer
Viruses.
Vision and Dental
We have no specialized doctors who seem qualified.
We need a low cost clinic for people with no insurance
weight
Weight
Weight over
widespread cancer among residents

Q8 - Can you think of something that would help improve the health of your community?

A better hospital we can trust. I will not go to hampshire if possibke due to poor trust in ER doctors. Tired of being practiced on.

a community center to host support groups

a community center with activities of citizens of all ages

A community group that works as a region with other counties and other states.....

A community rec center

A free or very low cost gym with indoor pool

a health center, swimming and exercise

A heated therapy pool for public use.

A little bit of everything

A recreation/wellness center and pcp office combined with a tele health suite for specialty care visits so one visit can accomplish exercise/recreational activities, doctors visits, and specialtiy visits.

A safe area for adults/kids to walk, ride bikes, etc. Such as a new park

a safe fun place for kids the parks are really lacking so kids get easily bored and there is no safe place for older kids/ teens to go exercise like a bike/ skate park

A SEPARATE CLINIC FOR drug related issues, the emergency room at UPMC is full with over doses and regular card for those not inflicted with substance abuse are left to wait for treatment

A wellness and aquatic center similar to Hampshire County Wellness Center or the YMCA.

A ymca or similar facility

Acces to services

Access to CBD

Access to drug/alcohol rehab programs. More available mental health services locally.

Access to healthy, affordable food, housing, cleanair and water. overall support systems with in our national, state and local governments. When are we all going to realize that we all should be treated with kindness regardless of our sex. God created us equal only we humans created the anger and unfairness in all the world's communities.ommunities.

Access to more specialized drs.

Access to providers LOCALLY, not having to travel

Access to services

Accessibility to locations

Activities and games for the children.

Activities besides pub crawls and drinking Activities

Activities Better transportation Homelessness

Activities for teens

Addition of swimming and other fitness opportunities for all ages year round

Additional community recreational centers....swimmimg pool, athletic courts, fitness centers, ect.

Additional outreach into schools

Address social and economic factors that affect health; prioritize health needs and streamline resources to address them.

Adequate paved walk/bike trails allowing for the elderly.

Affordable heath care

Affordable health care

Affordable health care

Affordable health care and transportation to appointments for people without transportation

Affordable health care.

Affordable healthcare with good, qualified providers.

Affordable medical care
Affordable medicine
Affordable organized sports for children teens
Affordable, nutritional food choices. We need employment in this county that is not related to the prisons
All over health, less drug's, alcohol, tobacco, child neglect, poor healthcare, need a park or area for children and adults for physical activities, pet(dog) park which will be awesome for both pet's and people, more affordable healthcare, more physicians and medical professionals, weight loss, mental illnesses, some kind of entertainment center, drive in theater, there's nothing in Augusta or Romney WV area locations, we need something to get family and friends together and get them out of their comfort zone from home, bring the community together, I'm big on peace,love and joy like it is in HEAVEN, AMEN, i hope i was a good help..
An efficient hospital
An inpatient drug/ alcohol/ mental health treatment center.
Areas to exercise/ indoor pool
Assisted Living facility
Availability of specialize doctors
Awareness of available low/no cost resourses & more physical activities for older adults
Awareness of the public officials and their better decision making
Being able to get in to see providers promptly
Better access to DHHR and other help with SSI/SSD/Medicare. People with Frontier do without good internet access or phone service and are not keeping up with everything going paperless. Case workers or whoever they contact need to be more helpful to those who struggle with technology.
Better access to healthier foods at a better cost
Better activities for both the kids and the adults
Better connection to to community and church activities for children
Better coordination between hospitals in the area
Better coverage and lower cost healthcare, dentalcare and prescription drug coverage.ee
better drs & surgeons
Better education
better education concerning illnesses and compliance
Better education on health care and preventative heath care
Better education through WVU Potomac State
Better employment opportunities
better health care providers and access to medicines and facilities. Better emergency services.
Better healthcare availability and price
better information on programs that are available
Better job opportunities.
Better jobs
Better jobs
Better jobs and a stronger community
Better jobs and insurance coverage
Better law enforcement on drugs
Better medical facilities & doctors that specialized; so we wouldn't have the need to travel constantly.
Better mental health care
Better politicians
better social services outreach
Better traffic control
Better, more secure jobs

Bike trail

Both child and adult education in areas such as family and every day finances, government processes, nutritional consumption, parenting assistance, etc...

Boys/girls clubs, community center

Bringing more providers sk we dont need to drive an hour and a half for a doctor appointment. Having funding for more free community services - nutrition, exercise, ymca for kids, mental health resources, spine doctors (i cant go to our local physical therapy through ortho because my problems are spine related (arthritis and disc herniation)

built environments to promote community getting outdoors to exercise and interact

cardiac therapy facility is to small for the amount of patient

Change eating habits

Community activities like skating, skiing, swimming offered free or low price to residents.

Community based programs

Community care about each other.

Community center; indoor pool; improved public transportation

Community fitness centers

community gardens

Community members being made aware of the resources that are currently offered in this community.

Community outreach (seminars, webinars)

Community recreation center that people can afford.

Crack down on child abusers

Decreased health care costs, especially lab costs

Developing programs for children that create stability. Offering of help for seniors who now have to make a choice between food, medications, having a car and small homes.

Doctors who care

Drug addiction help

Drug addiction programs

drug rehab

Early intervention

early intervention with families of children at risk- if we don't change the root problem- we cant change much- only put a bandaid on our children

Easier access for help

Easy access

education

Education

Education

Education

Education but some people just refuse to educate themselves about their health.

Education on drug abuse and alcohol and

Education on healthy eating

Education or spreading the word on resources available and how to obtain them.

education!

elect Democrats

eliminate alll you can eats

Eliminate tobacco use.

Employ more Registered Dietitians to help with diet and healthy choices

employment

Employment opportunities

Enforce speeding laws especially in school zones and highway construction areas

enlarge the hospital size, seems to be getting too small

Entertaining family activities as found in Deep Creek Lake (miniature golf, go kart rides, arcade games, etc.)

Would be fun family activities.

Events for the kids and bigger kids

Everyone be covered with insurance

Everyone should have health insurance

Expanded safe walking and bike access. Recreational/wellness center joining both young and old together

Family oriented activities

Fast food places sell healthier food

Find more jobs for local people.

Fitness Center

Floating specialists from WVU at local hospital. Including lung, heart, cancer

Free clinics, free testing, free medicine,

free dental and vision clinics for those who can't afford

Free Gym memberships

Free health care

Free health care for every single resident of the county.

Free Health Screenings

Free healthcare

Free healthcare

Free mental health services regardless of ability to pay and without fear of repercussions

Free or low cost health education, possibly with incentives to attend

Fresh and healthy food options

Funding

Gap resources and Unconventional methods.

Get drugs off of the street

Get more doctors in. Lower cost of meds and doctors hospital cost.

Get more qualified medical professionals

Get rid of the so called progressives & doctors pushing big pharma. They are nothing but rotten, stinking commies.

Get rid of welfare. Ever notice that the people receiving everything are always fat....never thin?

Get someone to get the drugs out of the community

Get the person help they need.

Getting more help

Getting more help for low income families and people on disability, need some kind of transportation for people who have disability issues, everyone has well water, i don't like it myself, the county and state need to clean more often, tree work, roadside work and cleaning, cleaning manholes and gutters, ditches and drains, having a campground versus a park and a dog park for our pups, need more grocery stores and clothing stores, need a Walmart, cheaper gas prices, we just need more of everything..

getting yearly physicals

Good GI doctors in our local area

Gym with affordable/discounted monthly fees

Have better access to a health facility that's reasonably priced

Have WVU buy and manage Western Maryland UPMC

Have WVU Health take over the hospital system in my county.

having affordable costs of living in all aspects, medical, housing, food, etc

Having more primary care physicians (NOT nurse practitioners or physician assistants) locally in Hampshire County

Health and wellness center and better parks/recreation areas

Health and Wellness Center with a pool that has accessible parking

Health education

Health education

Health educational programs

Health Fairs, samples*

Healthcare for all

Healthier food

Healthier food options when eating out

healthy cooking on a budget

Healthy options need to be cheaper

Healthy snack packs for school children to take home.

Help for Chronic Pain Sufferers besides Suboxone products

Help people with their drug and alcohol problems instead of putting in jail get them help!!!!

Help to get the care and food we need to be healthy

Higher quality of Healthcare/Specialists and a greater range of Specialists who can also provide care at the hospital in Cumberland md

hiking/biking/walking trails

Home care, health care

I am not sure

I day program for mental health to hang out with safe travels and activities

I think our community has so many programs and organizations that want to help. Creating a culture of change

and improvement is incredibly difficult. I think we all need to band together more, churches, organizations, associations, ect. to discuss what the needs of the community are and strategically pick out who is doing what.

There are probably about 100 Easter egg hunts every year. Wouldn't it be better if there were a few throughout the county so less money would be spent and people would come together. There are so many outliers that duplicate services and events. A divided house cannot stand. Why are we so divided? Pride? Convience? Is it worth it. Where are the leaders who want to effect change? I know of some, but there needs to be more. Do the pastors in the county even meet and talk? I know there are monthly meetings like FRN and such. Why isn't there more collaboration? To me, that would help improve the health of our community.

if government would stop legalizing things like marijuana and not taking illegal drug use seriously. When people are arrested there are no consequences so they end up doing it again

Improve hiking/biking trails. Mandatory treatment or legal penalties for substance abuse. Mandatory lengthy sentences for drug dealers.

Improve sidewalks

Improve the court system. Someone needs to do the leg work and the system is broken and nobody wants to fix it!!

Improve the options for internet access

improved transportation

Incentives for behavior change to encourage responsibility for personal health. Medicaid benefits should be linked to steps to better health, just like work based insurance

Incentives for doctors to come and STAY in the area

Increase availability of physicians in the area.

increase in education and emphasis on regular dr visits

Increase policing of drug activity
increasing access to healthy affordable foods for those living on social security or limited income but are just over income requirements for public assistance
Individuals taking personal responsibility for their own health by losing weight and increasing exercise.
Indoor exercise facility
Indoor walking tracks and gyms, swimming open all day to public
Infrastructure
Investment in nutrition/exercise programming showing how to avoid developing chronic diseases
It would be a huge improvement for WVU Health System to acquire UPMC Hospital in Cumberland Maryland!!!
Job opportunities
jobs
Jobs
Jobs
Jobs, better housing to attract quality help for potential employers
keep regular doctors and nursees in hospital
Knowledge about food and the microbiome
Law enforcement presence
Less drugs
Less fast food restaurants
Less focus on drug users more on kid teen healthy activities
Local detox and rehab (with beds and counseling)- min 30 day preferably 60-90 day
Low cost clinics
Low cost lab fairs!
Low cost urgent care
Low or no cost medication, health care, and fitness centers for all citizens
Lower cost health care
Lower costs for everthing
Lower health care costs and more help for those who auffer from addictions
Lower healthcare cost for private insurance and build a wellness center in mineral county
Make healthier food cheaper to buy
Make it more difficult to get welfare. Make them take a "pee" test before receiving any money.
Make the Insurance and Pharmaceutical industry culpable for their greed so that Joe Q Public can live without the fear of bankruptcy!
Mandatory Parental education. The parents are simply horrible now. Drugs, disinterest, child abuse. It's disgusting how kids are being or not being treated.
Meals on wheels doesn't come out to where I live and would be helpful
Medical Transportaion
Medicare for all
MENTAL HEALTH CARE
Mental Health Services for children under the age of 5.
Mobile clinics for aging adults and those who donâ€™t have transportation or insurance.

Moorefield needs a hospital so we are not required to drive 30 minutes to an hour or more to a hospital, many people do not have a way home from the hospital. Even with Potomac Highlands Guild being here many people are left without mental health services. It doesn't have to be in Moorefield but this area is in need of a detox, treatment and rehabilitation facility, people who need these services are being sent to seemingly all corners of the state and out of state to get the help they need; many relapse multiple times. Children need safe places to play, while the parks are nice and have cameras it is not uncommon to find used needles and drug paraphernalia there, these are our babies and our future and we must protect them! Drugs are the root of a lot of crimes including but not limited to domestic violence, robbery and murder. Alcoholism is another issue, I myself am an alcoholic, I have been sober 10 years but I did it on my own, once weekly AA meetings available didn't help and without a license I had no transportation to seek out other meetings or services because the bus Potomac Valley Transportation does not travel 2 miles back county road, if I walked the 2 miles to Rt 220, I would have to walk another 4 miles before the bus had a stop. Many issues in this area need addressed

more access to in home primary care

More access to mental health facilities.

More access to substance abuse treatment

More accountability towards employers for better health plans

More activities and sports for kids

MORE ACTIVITIES FOR ALL AGES (KIDS, TEENS, ADULTS)

More activities for all children not just wealthy

More activities for children

More activities for children. Better access to adult in home health care. Adult in home

More activities for kids and young adults

More activities for our youth to help the drug problems in our community.

more activities to encourage healthy eating and physical exercise

more affordable health care

More affordable healthcare

More and better information concerning dementia and Alzheimer's disease

More classes for exercise (aerobics, step classes, weights). Cardio workouts.

More classes on health

more community based health educational opportunities

More community outreach programs through WVU

More community settings other than a gym or wellness center

More community things that are either free or a low admission price

More counseling toward social safety nets

more doctors

More doctors

More Doctors for general public

More doctors.

More Doctors.

More drug awareness programs.

More education

More education and classes to help remedy the aforementioned concerns.

More education and job training programs

More education, especially in the schools about ways to prepare for life after school.

more education/community programs

More employment opportunities

More exercise opportunities for seniors
more exercise and better food choice
More exercise programs
More exercise programs
more free clinics
more free health care for needy
More health information throughout the educational system
More help for people battling addiction
More help from the state
More Indoor walking tracks
More intervention for drugs and alcohol abuse
More investment in social programs
More job opportunities
More jobs
More jobs. Vaccine education
More jobs/more help for addictions
More knowledge on drug use.
More local medical specialists so we would not have to travel more than an hour for GOOD healthcare.
More mental health care
More mental health care
More mental health professionals, psychiatrists.
More mental health services
more money for food programs and set up a system for regular medical care Also a guaranteed annual income of \$2,000 a month
More organized activities, vendors, farmers markets, scheduled kids activities, senior opportunities outside of senior centers.
More parks and sidewalks where people can safely exercise. Drug use prevention and treatment programs.
More pcps needed, more openings for testing and surgeries to ensure shorter wait times, lower costs and lower urgent care fees
more people helping others

More places for our children. Need a YMCA, Bike/walking trails. there is nothing in Mineral County for kids to do.
More places to help people struggling , that have no transportation
More places to walk/run.
More police
More police to enforce the drug activity.
More police to enforce the drug activity.

More positive mindset and publicity. Positive spin on social media about area and the people in it. Pride for who we are and where we live. Caring for/ knowing neighbors through neighborhood gatherings. Picking up litter.
More preventive programs.
More primary care doctors and specialists that are actually available to the patients when needed.
More programs
More public medical education
More qualified medical personnel
More reasonable cost of healthcare (even on insurance)
More resources for widows/widowers, community center

More resources.
More services to address drug problems
More shelters for the Homeless.
More social activities. Eating right, less fast foods and junk food.
more strict policys
more substance use programs, shelters for the unhoused (ours just closed), advocacy to reduce mental health stigma/stigma of substance use; parenting trainings; more access to mental health care
More things to keep children active and off the streets
More trail to walk and encouraging people to get active
More transportation options for access to doctors and hospital for senior citizens.
More transportation to help people get jobs
Need more housing for the homeless. Pay rate
New politicians
No. I think most of it is a personal choice and can only happen if a person choses to be healthy.
Nursing Aides ptsd I believe effects there mental health
Opportunity for face to face socializing
Organised government
Organized physical activities for adults and children AFTER school and working hours
Other communities in the US have found that a good public transportation system promotes mobility which helps address hopelessness and drug abuse. If you cant afford a car, you cannot go anywhere in this county.. A feeling of being trapped ensues which then spirals out of control. Companies will not invest here because there is not a sufficient labor pool. So job opportunities are scarce but that would improve if people knew they could get to work and home again.
Outreach to various age groups with science based health advice
Outreach, communication, information through every kind of media. Seminars, clinics, demonstrations. Make help available and accessable.
parks one could go to without drugs and crime
Parks rec center
People have to be able to listen to facts and research, but there is such an abundance of ignorance in this area and in West Virginia as a whole that these facts fall on deaf ears.
People that are more concerned for people than themselves and a paycheck!
People to attend healthy eating classes who receive food stamps
People who are able to work should work.
Places for peoples.to get together, especially the youth!
Play Therapy and other Mental Health/Trauma services for young children (ages 3-5)
Politians realizing that we have rural areas in the united states which are always overlooked
politics
Positive mentoring for children through at least young adults
Positive social involvement
Prayer
Programs for medical expenses and mental health
Programs to help mentally ill and provide care they need. The drug problem in our town needs addressed.
Programs to support obesity, child abuse and neglect. More programs need held in areas other then keyser
Providing more health facilities
Public whipping for minor stuff serious crime public hangings
Put people in office who care
Receiving more money to the county would help in all ways.

Recreation center with a pool offering exercise for all ages.
reduce smokeless tobacco, alzheimers support
Reduce the cost of healthcare
Reduced cost healthcare days
regular health care provider visits
Rehab for those who want to get clean and off drugs
Resource/access fairs to help connect people with resources
Restructuring of the entire system
Rid Annapolis of baby killing Democrat's abortion mongers.
Running and biking lanes, community park
Safe areas with updated equipment that is affordable for families
Safe sidewalks and protected bike lanes near schools
See prior answer.
Senior assistant living housing
Seniors on a fixed income would benefit having low cost insurance and help with healthy eating. The younger people need to get out and get a job and stop acting like everybody owes them something.
Sidewalks so people could walk and ride bikes.
Social gatherings
Spend our Tax money where it's needed. Not on do nothing grants that are primarily cover salary's.
Standards of living.
Stop giving criminals chance after chance after chance.
Stop giving drug addicts a free pass. Leave them in jail.
Stop teaching WOKE/DEI ideology and get back to basic education that prepares you for life.
Stop the use of toxic substances for agriculture and highways.
support groups for children and the grand parents who are now raising them
Taxi service and sharing resources better such as a weekly or monthly segments in the local paper and on social media
Teens, young adult education on risky behaviors. Advertised community activities for exercise, dietary education for age 40+
The culture needs to change to one of promoting wellness and not passing out pills for everything.
The Cumberland Blight, though recent efforts are helping, is still an issue. There are many derelict or unmaintained properties within the city limits. The properties are not worth the expense of an investor to even tear the properties down let alone to rehab them ; so they sit and and become eyesores as well as safety hazards.s
The government stay out of people life.
Theater (activities for all)
There are too many things that needs to be done for the community before anything can change.
There is nothing for help for the working poor. If a person gets a job and has benefits they get cut. No chance of getting ahead or staying a float
They build areas for recreation here, but do not maintain them. Things get rusty and do not work properly. The grounds are not maintained, high grass, muddy areas, etc.
town community center on the lines of a Y
Transportation and housing
Transportation for people who are unable drive whether it's age related(elderly)or seizures,etc
transportation to and from Morgantown so people can see specialists
Trying to get people to go to the doctor, preventative and cost
Universal Healthcare

Very helpful and understanding people

Vote the Democrats out of office!

Walk-in centers with personnel that can help identify which service an individual needs (eg health, housing, unemployment, etc) and refer them to an agency/people who can help with that need.

Walking trails

We are very very appreciative of the expanded health care options brought to the Keyser area by WVU Medicine!!

We need a separate facility for overdoses. My clients or I have had very long wait times because of multiple overdoses. We also need a Pediatric Unit and a Hospice Unit.

We need more resources to help people when they finally decide to get help. Also more people need to not judge someone for getting help, the stigmatism of being an addict is holding more people back from getting help. It's terrifying

weight loss

Weight loss classes with meds to help for low cost

Weight management center

Wellness Center

Wellness center

Wellness Center

wellness center for all ages and free of charge

Wellness Center for Chronic Diseases

Wellness center that is low cost

wider service for public transportation and more drivers

Wife & I no longer drive, so transportation is an issue - we're shut-ins. Get food from WalMart & internet stores.

WVU PROGRAMS AWARENESS

YMCA

YMCA type place that is affordable for all including seniors

Q12 - What medical services or specialties would you like to see offered in your area?

24 hr urgent care to cut down the ER visits

a Better Hospital UPMC is not a good hospital and the emergency room is always to crowded with substance abuse cases and those who need regular emergency care are left to wait for long periods of time

A hospital like Morgantown as done people can't always get to that hospital when recommend and so there health can get neglected

A hospital, preferably one that offers cardiac care, urology and cancer care. More mental health services and professionals. Dentists. Drug treatment and detox. Optic specialist and surgeons.

A physician that can handle lymphatic Drain issues

Addiction programs

Additional primary care physicians in our area.

Affordable dental

Affordable eye care

Affordable, instead of being turned away for NOT having insurance or losing everything one owns to get taken care of.

All

All

All are offered

All available

All of it.

all of them

All services

All the above for those who cannot afford insurance

Allergy testing/treatment

alzheimers support

An actual Psychiatrist. Not just Psychiatric Nurse practitioners that pass out drugs by trial and error. Also,

Gastroenterologists

Any not already here

Bariatric services

Bariatric surgery and a gastroenterologist

Better access to affordable clinics. Urgent care visit, \$150 out of pocket, insurance deductible

Better affordable exercise locations

Better bedside and less laziness

Better cardiology services

Better diabetes education more classes and information

Better emergency rooms

Better general care that doesn't refer to specialist and for tests immediately.

Better geriatric medicine.

Better health awareness

better hospital care

Better mental health care

Better mental healthcare

Better neurologist with the equipment to do specialized testing.

Better surgical conditions at the hospital

Better transportation and accessibility for amputees

Biatic care with mental health integration. Obstetric and pediatric care.

bigger cardiac therapy facility

Breast CA specialty docs affiliated with WVU health system

Cancer treatments

Cancer, heart, eye,

Cant think of any

Cardiac care, pulmonary care, hematology, nephrology and esophageal/colon specialists

Cardiac, Cancer, Colorectal

Cardiac, Psychiatrist,

cardio electro physiologist

Cardiologist

cardiologist

Cardiologist

Cardiologist all the time

Cardiologist and Urologist

cardiologist for second opinion

Cardiology

Cardiology

Cardiology General Surgeon Allergist

Cardiology, gastroenterology, thoracic, endocrinology

Cardiology, oncology, gastroenterology, neurology

Cardiology, pulmonary, rheumatology, dermatology, mental health

Cheaper dental

Cheaper medicine

check in on our elderly

Child psychology, play therapy, higher quality therapists that do not talk to their colleagues - preferably with a religious affiliation. Effective sex education in middle and high school - actual conversations and small groups where they can really learn the realities of hormones, brain development, STDs, pregnancy, statistics on youth pregnancy, all those things.

Child sleep care, pediatrics, pediatric eye Drs

Chronic pain

Clinics and doctors

Colonoscopy Dr.

Colonoscopy. Had to travel 1 1/2 hrs for procedure.

Counseling and therapy for mental health!!!

Dental

Dental

Dental & eye glasses

dental care for older people,diabetic.

Dental care. I had a bone infection because I couldn't afford regular dental care. We have many people with very bad teeth/ no teeth, who aren't even that old. It leads to so many other serious health issues.

Dental clinic

Dental clinic for seniors.

Dentist, obgyn,gynecologist, orthopedics, dermatologist,

Dermatologist

Dermatologist

Dermatologist

Dermatologist

dermatologist, heart vascular,

Dermatologist, heart.
Dermatology
dermatology
Dermatology
Dermatology
Dermatology and mental health
Dermatology and Urology
Dermatology choices
Diabetes services and endocrinologists
Diabetic
Diabetic care
Dietary support/trainers, mental health workers/workshops,
Drug and alcohol prevention programs
Drug rehab, and elderly taken care of
Electrophysiology
Emergency dental
Emergency room staff more understanding.
endochronologist
endocrine
endocrine and neurology
Endocrine, Allergy
Endocrinologist
Endocrinologist
Endocrinologist
endocrinologists
Endocrinology
Endocrinology
Endocrinology
Endocrinology
Endocrinology
Endocrinology
Endocrinology
Endocrinology and more mental health services
Endocrinology, cardiology
endocronologist, gyn, weight management,
ENDODOCRINOLOGIST PLEASE
ENT
ENT
ENT & Dermatology
ENT and GYN
ENT, More cardiologists, allergists
ENT, Dermatology
ENT, RHEUMATOLOGY, ONCOLOGY
Exercise groups related to various problems
Experienced American doctors and specialists like endocrinologists, neurologists, pediatricians, podiatrists, orthopedic surgeons. There are VERY few choices available, and it would also be nice to have ones of American descent.
Eye care

For being a very small town we are provided with good services and specialties

For kids

For me I am fine with what we have.

Free dental

Free gym memberships

Free healthcare

Free physical therapy exercises.

Free services and health care

Full coverage so some people don't have to pay for everything.

Functional medicine

Functional Nutrition/Integrated Medicine

Gastro

Gastroenterologist

gastroenterologist I have to travel to Hagerstown

Gastroenterologist, Dental, Gynecologist, Orthopaedic, ear and nose and throat specialist, we just need a variety, Gastroenterologist, they dont have enough in our area and you have to wait months to see them.

Gastroenterology

Gastroenterology

Gastroenterology

Gastroentologists

gastroentrology

Gastrointestinal

Gastrointestinal Dr and Dermatologist

Gastrology

Gastronomy

geriatrics

Geriatrics clinic

Gi

GI and weight loss

GI Dr. More GP drs.

GI specialists

GI specialists

Good nutritionist

Good providers and mental health professionals

GOOD Vision services

Guaranteed lowest prices on prescriptions. No games with deductibles

gynecologist

Gynecology

Gynecology

Gynecology

Gynecology, Urology

Have no recommendations at this time.

Headache Neurology

Healthy eating

Healthy living and nutritional specialists

Heart

Heart, cancer, dermatologist, dental, migraine, eye, nose ear
Heart. Endocrinologist.
help with addiction / mental health
Help with dental care
Hidradenitis Suppurativa Specialist
High level care without having to travel great distances Morgantown ,Winchester etc
Holistic
Holistic, Homeopathy, and other useful alternatives to symptom lowering drugs.
I believe in a 25 to 50 mile radius of where we live, most medical needs are provided.
I feel like all of the specialist doctors are generally hard to get into in a timely manner. I feel we need to focus and do a better job of getting appropriate patient's into specialty doctors in a timely manner. I feel like getting appointments with a specialty doctor shouldn't take as long as it does or we should be more open to admitting how long it will take to see the specialty doctors when we advertise that we have them.
I have been trying to see a therapist for 6 months
I really dont know. All my doctors/specialists are in Winchester or Martinsburg.
I think it is promoting what is here already. And what is going to be added. We see the hospital, the urgent care, and a few others. Making the community aware of specialist added to our area or in the near future would help alleviate the concept of putting things off due to extended travel. As a family we enjoy the simplicity of dealing with WVU medicine. Prior to WVU PVH, we went to PNC Western Md which as a company is not as easy to deal with when issues arise.
I would like to see more specialists in the area that stay in the area look good than just their residency commitments.
I would like to see the doctors and nurses stop being assholes and treating the patients like shit.
Id like to see more primary care physicians available instead of PAs and CRNPs.
Improvements on dental care
In case you missed it . . . Dental
In general, more specialists. GI doctors are the greatest need
Increased family practice options
Inpatient mental health
Inpatient rehab facility for drug and alcohol abuse
Internist, Ob/Gyn, pulmonary specialist - all of superior quality. I now must go at least 1 hour to 3 hours to get acceptable service and I do.
Internist/geriatric services
Issues that you do not have to go to Morgantown for
It doesn't exist
It is completely wrong that WVU allowed Camden Clark Medical Center to access patients data. And then there was a privacy breach! WVU had no right to do this! A lot of people including myself trust that you all will protect our sensitive information! But obviously you all cannot be trusted! You should suffer serious consequences for that!
It is not lack of services that is problem... the problem is how long it takes to get an appt... you should be able to get appt in two weeks or less.. two to four months is problematic...
It's already in fort Ashby so I'm good
kidney doctors
knee dr.
Knee specialist
Length of time between appointments and actually seeing the health care personnel is atrocious
Less wait time for mental health services.

LGBT Health-related

Low cost lab fairs

Lung, heart, and cancer specialists that work at local hospital.

Medical devices that benefit the community and not the pockets of money driven big business hospitals like WVU and UPMC

Medical equipment, dialysis, kidney disease

Medical teams working to keep a person healthy. Flexible hours for some services such as physical or occupational therapy

Mental health facilities

Mental Health

Mental health and addiction services

Mental health and more speciality clinics to save trips to larger areas

Mental Health and pain management not being regulated by Government, Left to Doctors and patients.

Mental health care

Mental health care

MENTAL HEALTH CARE

Mental health care for children to stop the bullying

Mental health counseling

Mental health counseling services

Mental health professionals

mental health resources that you dont have to wait months to get in and affordable dental care for uninsured

Mental health services

Mental health services and substance abuse services

Mental health services for children,.teens, and adults

Mental health services, especially for children/teens

Mental health services. Early childhood education. Services for single mothers, or mothers without much support from partner or others.

mental health specalists

Mental health. Nutritional health for low incomes. Community health events with health services to educate community on available resources

mentall health

More access to mental health facilities.

more affordable urgent cares

More answers for the drugs that have been brought into our area.

More assisted living homes

MORE BEHAVIORAL HEALTH SERVICES

More cancer treatment

More cardiac, orthopaedic, respiratory, oncology and rheumatoid care.

More cardiologists, Physical therapists and Autoimmune Drs.

more childhood availability of severe illness care rather having to be sent out to other hospitals;mainly; just to get more medical doctors for health care rather than all CRNCs
more community outreach for seniors
More counseling services for all.
more dental coverage
More dentists who accept PPO
More dermatology mds
More diabetic doctors, and kidney doctors
More doctors and dentist. Too long between appointment availabilty.
More doctors dealing with older patients....specializing in this field.
More drug/ alcohol treatment centers & education in schools
More gastrointestinal
more general practitioners
More general surgeons
More GI doctors
More GI doctors
More good clinics like the WVU.
More help with programs so people can afford better healthcare in the state of Maryland
More medical and dental specialists that accept Medicare programs
More mental health
More mental health
More mental health
More mental health & substance abuse and/or increased information on how to access it. There may be plenty of programs, but since I havent needed them its difficult to determine
More mental health and walk in clinics
More mental health care
more mental health care services!
More mental health counseling
more mental health doctors/therapists, surgeons, specialists
More mental health professionals locally so the wait isnt so long.
More mental health providers
More mental health services. Ones that actually help you not the Guild!!
More mental health, addictions recovery
More mental health. We have very little and the ones we do have mostly deal with Addiction.
More mental heath services and fitness specialists
More Nutritionalist, chiropractic care and osteopath
More obgyn. And hospital that delivers babys in a 15 mins of a birthing mom
More optometrists
More optometrists
More optometrists for eye exams
more orthopedic services, better cancer identification and treatment
More pain management services
More pediatric care/ clinics
More pediatric specialists
More pediatrician
More primary care associated with WVU
More primary care physicians and an urgent care facility.

more primary care providers so the wait to get in isn't as long
More progressive women's health specialists. Our medical systems and studies are male based. which is ironic since with out woen carrying the child from conseption to birth, we are ignored afterwards.
More providers so we aren't waiting weeks to be seen
more pulmonary care
More speach therapy for toddlers
More specialist
More specialist
More specialist in Hampshire County. I have to go to Morgantown to see 2 specialist
More specialists in our community.
More specialists. Pulmonary Hypertension
More specialities closer to home
More specialized physicians without going to Morgantown, Hagerstown, Altoona, Winchester or any where else that specializes in your needs.
More specialty doctors for children
More than 1certified OB/GYN in the county
More therapists
More urgent care
More walk in clinics
More walk in clinics
More walk in clinics for minor stuff
More wellness maintenance centers with skilled workers and plenty of machines.
More WVU facilities than UPMC and more specialized services
More WVU primary care physicians so I don't have to drive to Morgantown
My GI doctor was the last holdout and he recently left. Do we need a GI doc
Need more back doctors and diabetic specialists
Neuro/spine specialty
Neurologist
Neurologist
Neurologist, gastrointestinal specialist, allergy specialist
Neurology
neurology
Neurology, dermatology, mental health and substance prevention
Neurology, more cardiovascular, endocrinology, etc
Neurology, Oncology; (real) Pain management; Endocrinologist; GI Specialist; Dermatologist; Ear, Nose & Throat.....
neurology, pediatrics
New ownership of Cumberland Hospital.
None, everything is here
Not everyone works jobs where you get off at 3 or even 4pm. Extended hours would help out a lot of people who work past those time frames or even travel back and forth to work but want to be able to keep their medical care with the same place. I definitely think female healthcare would be beneficial to this are as most travel to UPMCWM or Petersburg, or Winchester. The same with pediatrics. t
Nutrition
Nutrition classes other than diabetes
Nutritional counseling readily available
Ob, mental health

OB/GYN
OB/GYN, another general surgeon, pediatric group, ENT
OB/GYN, Labor and Delivery
Obesity clinics, endocrinology
OBGYN
OBGYN
OBGYN
Oncologists
oncology
Optimum health classes for parents
Orthopedic and dementia help
orthopedic, dermatology, mental health (therapists/psychiatry)
Osteopathic medicine.
Outpatient diagnostic center for X-ray and labs
PAIN
PCP
Pediatric
Pediatric doctors
pediatric soeialty
pediatric unit in the hospital
Pediatrician
Pediatrician and OB GYN
Pediatrician, Obstetrician, rheumatologist
Pediatrics
Pediatrics
Pediatrics
Pediatrics
Pediatrics
pediatrics, diabetes specialist
Peds GI, Respiratory,
Physical Therapy in water/pool, would benefit many medical problems. The county pool is too far for locals as well as too expensive to even join for the average family.
Physical therapy that is available well beyond typical working hours.
plastic surgery, pain clinic. wholistic medicine, in-person youth psychiatric care, nutritional education
Play Therapy and other Mental Health/Trauma related services for young children (Ages 3-5)
podiatry services,
primary care by physicians
Primary care is the most needed
Primary care, vision and dental
psychiatry and therapy
psycologists
Pulmonary
Qualified doctors to perform the services we already have.
Radiation
Radiation offered at Potomac Valley H.
Radiation services for cancer patients
Radiation treatment

Radiation. Doctors who are really good.

Regular ortho for spine (arthritis, common issues), Dermatology, and Gastrointestinal (scheduling a year and a half out to see gi)

Rehab

Rheumatologist that works with younger patients

rheumatologist, dermatologist

Rheumatologist, neurologist

Rheumatology

Rheumatology

Rheumatology clinic

Rheumatology endocrine

rheumatology, gastroenterology

rheumatology, neurology

Rural clinics open later in evening

Sarcoidosis specialist

School system for Autistic children only, we have a facility for misbehaved children and I feel strongly that autistic children need one as well.

Senior opportunities

Shorter waits for mri s

Silver slippers in safe place

Sleep specialist

sliding scale

Smarter ER drs that are not quick to diagnose a problem. To get better care we had to go to Morgantown that we trust has higher support knowledge or Cumberland

Something to help people with drug/ alcohol abuse

Specialist for eating disorders

Specialties are an issue. Example, Eye Specialist appointments are 6 months out.

Specialties for HS

spine specialist

Sufficient services in or near by my community

Surgeons

Swimming facility

tai chi massage acupuncture

The area is far too small for any specialist to even consider and the bad stigmas associated with WV, not just limited to bad mouthing of our wonderful state.

The hospital in Cumberland needs more specialists who are willing to stay.

The same services I get/have access to in Morgantown, WV

the specialties that are in place need to have more availability in that county. They only come for a 1/2 to 2 days a week. That's not enough to service the county.

The wait is way too long to see specialist and the wait to have tests that are necessary for diagnosis is unbelievably long. I was scheduled for gallbladder dye x-ray to verify if stones. After my third ER visit I was transferred to Garrett hospital then to Ruby where I had my gallbladder removed which had a stone blocking entrance. That was done weeks before my scheduled X-ray here. This could have been life threatening for me if I wasn't transferred!!!!

The wait time for colon screenings and colonoscopies is ridiculous. You are likely to die while waiting a year or more for an appointment.

There is a shortage of gi specialists

They seem to be doing good job
Things for Weight loss
Thyroid specialist
TRANSPORTATION TO MEDICAL APPOINTMENTS
Transportation to Morgantown or specialists here one day a week here one day a we
Urgent care
Urgent care
Urgent care in the north part of county
Uro-gynecology, Endocrinology
Urologist, neurologist
Urologists and gynecologists
Urology services
VA assistance,
Vascular surgeon
Vein specialist
Vision; Dental; Pediatrics; Gastroenterology
Walk in clinic and urgent care
Walk in clinic sometimes we wait a month for an appointment
Walk in urgent care.
walkin clinic
Walk-in clinic or Urgent care
We appreciate the newly available orthopaedic surgeons! We have both(wife and I) received quality interventions with no rush to surgery!
We definitely need a GI Doctor in this area
We have alot of specialties that come to our community, but it takes a long time before you can get in to see them.
We have the ones I need.
We need a WVU clinic in Cumberland.
We need Doctors
We need less video call psychiatrist and more in person doctors. I would love to see more mental health facilities and offices
We need more behavioral health services in this area, especially for children
weight loss
Weight loss clinic
Weight loss clinics, addiction services, behavioral help for kids with conduct disorders, aggressive behaviors
weight loss management
weight loss programs
Weight management clinic services
Womens Health
Womens Health
Womens center to deal with problems such as menopause etc
Womens health
Women's health (reproductive, compassionate obesity care
Would like Maryland's ACA plan to include doctors from Morgantown, WV in their list of providers. This would mean not having to travell to Washington, DC or Baltimore for very specialized heakth care.
WVU medicine in Allegany County, UPMC does not provide great care.

You may be confused by my answers above. I live in Allegany County but due to the way medical care is administered in Keyser, WV I go to PVH. You gotta love that tiny hospital. People are so friendly and supportive. My county has a severe dearth of doctors so all my medical care happens in WV.

Community Resources/Ideas
<i>Substance Use Abuse and Mental Health</i>
Narcan education and distribution
Yoga and Mindfulness classes
FRN Family Programs and Family Nights
Grandparent resources
Community garden / Recovery services collaboration
SUD Clinic including dental services
<i>Obesity and Diabetes</i>
Dining with Diabetes / WVU Extension Service collaboration
Produce Program - produce, food preparation education and training
Diabetes prevention and education
Recreation spaces - pickleball courts, shuffleboard, and bocce ball
<i>Cancers</i>
Smoking cessation
Bonnie's Bus – mobile breast cancer screening unit
LUCAS – mobile lung cancer screening unit
<i>Chronic Disease Management</i>
Walking programs indoors and outdoors
Medication assist program to help patients apply for assistance with medication purchases.
<i>Poverty and Employment Issues</i>
Community baby shower works with pregnant women and new moms to provide resources and information
School based clinics
Family Support center
Health departments have strong immunization programs

Responses from Men

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	62%
Obesity	38%
Cancers	38%
Mental health problems	34%
Diabetes ("sugar")	24%
Aging problems	20%
Heart problems	19%
Chronic disease	14%
High blood pressure	12%
Anxiety	10%
Depression/hopelessness	10%
Dental problems	7%
Respiratory/lung disease/asthma	6%
Other	2%
COVID-19	1%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	59%
Limited organized activities for children and teens	30%

Poverty	29%
Lack of health insurance or limited health coverage	29%
Limited job opportunities	23%
Limited affordable/quality housing	20%
Limited access to transportation	19%
Limited ability to get healthy food or enough food	16%
Limited safe places to walk, bike, etc.	15%
Chronic loneliness or isolation	15%
Limited places to play or healthy activities for kids	14%
Limited social services or programs	10%
Homelessness	8%
Other	3%
Water/air quality	3%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	73%
Excessive alcohol use	33%
Child abuse and neglect	32%
Lack of exercise	28%
Poor nutrition	25%
Impaired driving (drugs/alcohol)	24%
Distracted driving (cellphone use)	19%
Crime	14%
Tobacco use	14%

Appendix F - Top Health and Disease Demographic Breakdowns

Vaping	14%
Domestic violence	10%
Not getting recommended vaccines	7%
Other	2%
Gambling	1%

Responses from Men

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	52%
Cancers	43%
Obesity	40%
Aging problems	31%
Diabetes ("sugar")	30%
Heart problems	26%
High blood pressure	21%
Mental health problems	15%
Respiratory/lung disease/asthma	11%
Depression/hopelessness	6%
Chronic disease	6%
Anxiety	5%
Dental problems	4%
COVID-19	3%
Other	1%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	70%
Lack of health insurance or limited health coverage	34%

Limited job opportunities	33%
Poverty	31%
Limited organized activities for children and teens	21%
Limited affordable/quality housing	17%
Limited social services or programs	13%
Limited places to play or healthy activities for kids	12%
Chronic loneliness or isolation	12%
Limited ability to get healthy food or enough food	11%
Limited safe places to walk, bike, etc.	11%
Limited access to transportation	11%
Other	5%
Homelessness	4%
Water/air quality	4%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	71%
Lack of exercise	34%
Excessive alcohol use	33%
Tobacco use	22%
Impaired driving (drugs/alcohol)	21%
Distracted driving (cellphone use)	20%
Poor nutrition	20%
Child abuse and neglect	18%
Crime	14%

Appendix F - Top Health and Disease Demographic Breakdowns

Vaping	14%
Not getting recommended vaccines	10%
Domestic violence	9%
Gambling	5%
Other	2%

Respondents less than 65 years old

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	64%
Obesity	40%
Mental health problems	38%
Cancers	34%
Diabetes ("sugar")	24%
Heart problems	16%
Aging problems	15%
High blood pressure	14%
Chronic disease	13%
Depression/hopelessness	11%
Anxiety	10%
Respiratory/lung disease/asthma	6%
Dental problems	6%
Other	3%
COVID-19	1%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	60%
Limited organized activities for children and teens	33%

Poverty	32%
Lack of health insurance or limited health coverage	27%
Limited job opportunities	24%
Limited affordable/quality housing	18%
Limited places to play or healthy activities for kids	17%
Limited access to transportation	17%
Limited ability to get healthy food or enough food	17%
Limited safe places to walk, bike, etc.	16%
Chronic loneliness or isolation	13%
Limited social services or programs	9%
Homelessness	8%
Other	3%
Water/air quality	2%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	70%
Excessive alcohol use	35%
Child abuse and neglect	32%
Lack of exercise	29%
Impaired driving (drugs/alcohol)	25%
Poor nutrition	23%
Distracted driving (cellphone use)	17%
Tobacco use	16%
Vaping	15%

Appendix F - Top Health and Disease Demographic Breakdowns

Crime	14%
Domestic violence	10%
Not getting recommended vaccines	4%
Other	3%
Gambling	1%

Respondents 65 and older

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	60%
Cancers	40%
Obesity	38%
Mental health problems	28%
Diabetes ("sugar")	25%
Aging problems	23%
Heart problems	21%
High blood pressure	15%
Chronic disease	12%
Depression/hopelessness	9%
Anxiety	8%
Respiratory/lung disease/asthma	8%
Dental problems	6%
Other	2%
COVID-19	2%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	63%
Lack of health insurance or limited health coverage	30%

Poverty	29%
Limited organized activities for children and teens	28%
Limited job opportunities	26%
Limited affordable/quality housing	19%
Limited access to transportation	16%
Limited ability to get healthy food or enough food	15%
Limited safe places to walk, bike, etc.	14%
Chronic loneliness or isolation	14%
Limited places to play or healthy activities for kids	14%
Limited social services or programs	10%
Homelessness	7%
Other	4%
Water/air quality	3%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	71%
Excessive alcohol use	33%
Lack of exercise	29%
Child abuse and neglect	28%
Impaired driving (drugs/alcohol)	24%
Poor nutrition	23%
Distracted driving (cellphone use)	19%
Tobacco use	17%
Crime	14%

Appendix F - Top Health and Disease Demographic Breakdowns

Vaping	14%
Domestic violence	10%
Not getting recommended vaccines	8%
Gambling	2%
Other	2%

Non-white Respondents

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	71%
Mental health problems	47%
Cancers	41%
Depression/hopelessness	35%
Diabetes ("sugar")	24%
High blood pressure	18%
Heart problems	18%
COVID-19	12%
Anxiety	12%
Obesity	12%
Respiratory/lung disease/asthma	6%
Aging problems	6%
Chronic disease	0%
Other	0%
Dental problems	0%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Poverty	44%
Cost of health care and/or medications	39%

Lack of health insurance or limited health coverage	28%
Limited social services or programs	28%
Limited affordable/quality housing	28%
Limited job opportunities	28%
Chronic loneliness or isolation	22%
Limited organized activities for children and teens	17%
Homelessness	17%
Water/air quality	17%
Limited places to play or healthy activities for kids	11%
Limited access to transportation	6%
Limited ability to get healthy food or enough food	6%
Limited safe places to walk, bike, etc.	6%
Other	0%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	67%
Child abuse and neglect	44%
Poor nutrition	39%
Impaired driving (drugs/alcohol)	22%
Vaping	17%
Crime	17%
Other	17%
Excessive alcohol use	17%
Domestic violence	11%

Appendix F - Top Health and Disease Demographic Breakdowns

Tobacco use	11%
Lack of exercise	11%
Gambling	6%
Not getting recommended vaccines	6%
Distracted driving (cellphone use)	6%

White Respondents

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	59%
Cancers	39%
Obesity	39%
Mental health problems	28%
Diabetes ("sugar")	26%
Aging problems	23%
Heart problems	21%
High blood pressure	15%
Chronic disease	12%
Anxiety	8%
Depression/hopelessness	8%
Respiratory/lung disease/asthma	8%
Dental problems	6%
Other	2%
COVID-19	1%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	63%
Lack of health insurance or limited health coverage	30%

Poverty	29%
Limited organized activities for children and teens	27%
Limited job opportunities	27%
Limited affordable/quality housing	19%
Limited access to transportation	17%
Limited ability to get healthy food or enough food	15%
Limited safe places to walk, bike, etc.	15%
Limited places to play or healthy activities for kids	14%
Chronic loneliness or isolation	13%
Limited social services or programs	10%
Homelessness	7%
Other	4%
Water/air quality	3%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	72%
Excessive alcohol use	33%
Lack of exercise	29%
Child abuse and neglect	28%
Poor nutrition	23%
Impaired driving (drugs/alcohol)	23%
Distracted driving (cellphone use)	20%
Tobacco use	17%
Crime	14%

Appendix F - Top Health and Disease Demographic Breakdowns

Vaping	14%
Domestic violence	10%
Not getting recommended vaccines	8%
Other	2%
Gambling	2%

Respondents with less than a four year degree

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	60%
Cancers	43%
Obesity	34%
Mental health problems	29%
Diabetes ("sugar")	24%
Heart problems	22%
Aging problems	22%
High blood pressure	17%
Anxiety	10%
Depression/hopelessness	9%
Chronic disease	9%
Respiratory/lung disease/asthma	9%
Dental problems	7%
COVID-19	2%
Other	2%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	65%
Lack of health insurance or limited health coverage	32%

Limited organized activities for children and teens	31%
Limited job opportunities	26%
Poverty	24%
Limited affordable/quality housing	18%
Limited places to play or healthy activities for kids	16%
Limited ability to get healthy food or enough food	16%
Limited access to transportation	14%
Chronic loneliness or isolation	13%
Limited safe places to walk, bike, etc.	13%
Limited social services or programs	10%
Homelessness	8%
Water/air quality	3%
Other	2%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	73%
Excessive alcohol use	33%
Child abuse and neglect	29%
Impaired driving (drugs/alcohol)	26%
Lack of exercise	26%
Distracted driving (cellphone use)	22%
Poor nutrition	21%
Crime	17%
Vaping	15%

Appendix F - Top Health and Disease Demographic Breakdowns

Tobacco use	14%
Domestic violence	9%
Not getting recommended vaccines	6%
Gambling	3%
Other	2%

Respondents with a four year degree or higher

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	59%
Obesity	46%
Cancers	31%
Diabetes ("sugar")	29%
Mental health problems	28%
Aging problems	25%
Heart problems	20%
Chronic disease	18%
High blood pressure	12%
Depression/hopelessness	8%
Anxiety	6%
Respiratory/lung disease/asthma	5%
Dental problems	5%
Other	3%
COVID-19	1%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	57%
Poverty	39%

Lack of health insurance or limited health coverage	27%
Limited job opportunities	26%
Limited access to transportation	21%
Limited affordable/quality housing	20%
Limited organized activities for children and teens	19%
Limited safe places to walk, bike, etc.	18%
Chronic loneliness or isolation	15%
Limited ability to get healthy food or enough food	14%
Limited social services or programs	11%
Limited places to play or healthy activities for kids	9%
Other	6%
Homelessness	4%
Water/air quality	3%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	69%
Lack of exercise	36%
Excessive alcohol use	34%
Poor nutrition	28%
Child abuse and neglect	27%
Tobacco use	22%
Impaired driving (drugs/alcohol)	17%
Distracted driving (cellphone use)	15%
Vaping	13%

Appendix F - Top Health and Disease Demographic Breakdowns

Not getting recommended vaccines	12%
Domestic violence	11%
Crime	9%
Other	2%
Gambling	1%

Lower income respondents

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	60%
Cancers	40%
Mental health problems	28%
Obesity	38%
Diabetes ("sugar")	25%
Heart problems	21%
Aging problems	23%
Anxiety	8%
Depression/hopelessness	9%
Chronic disease	12%
High blood pressure	15%
Dental problems	6%
Respiratory/lung disease/asthma	8%
COVID-19	2%
Other	2%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	63%
Lack of health insurance or limited health coverage	30%

Limited organized activities for children and teens	28%
Poverty	29%
Limited job opportunities	26%
Chronic loneliness or isolation	14%
Limited access to transportation	16%
Limited ability to get healthy food or enough food	15%
Limited affordable/quality housing	19%
Limited places to play or healthy activities for kids	14%
Limited safe places to walk, bike, etc.	14%
Homelessness	7%
Limited social services or programs	10%
Water/air quality	3%
Other	4%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	71%
Excessive alcohol use	33%
Child abuse and neglect	28%
Impaired driving (drugs/alcohol)	24%
Distracted driving (cellphone use)	19%
Lack of exercise	29%
Crime	14%
Poor nutrition	23%
Vaping	14%

Appendix F - Top Health and Disease Demographic Breakdowns

Domestic violence	10%
Tobacco use	17%
Not getting recommended vaccines	8%
Gambling	2%
Other	2%

Higher income respondents

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	60%
Obesity	48%
Cancers	33%
Mental health problems	29%
Diabetes ("sugar")	28%
Aging problems	21%
Heart problems	19%
High blood pressure	16%
Chronic disease	14%
Depression/hopelessness	7%
Anxiety	6%
Respiratory/lung disease/asthma	6%
Dental problems	4%
Other	3%
COVID-19	1%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	59%
Poverty	34%

Lack of health insurance or limited health coverage	28%
Limited job opportunities	27%
Limited organized activities for children and teens	24%
Limited access to transportation	20%
Limited affordable/quality housing	18%
Limited safe places to walk, bike, etc.	16%
Limited ability to get healthy food or enough food	15%
Limited social services or programs	14%
Chronic loneliness or isolation	13%
Limited places to play or healthy activities for kids	12%
Homelessness	5%
Other	5%
Water/air quality	1%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	74%
Lack of exercise	36%
Excessive alcohol use	33%
Child abuse and neglect	26%
Poor nutrition	24%
Tobacco use	21%
Impaired driving (drugs/alcohol)	19%
Distracted driving (cellphone use)	17%
Vaping	13%

Appendix F - Top Health and Disease Demographic Breakdowns

Crime	10%
Not getting recommended vaccines	10%
Domestic violence	9%
Other	2%
Gambling	1%

Respondents with kids in the home

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	65%
Mental health problems	49%
Obesity	45%
Cancers	32%
Diabetes ("sugar")	22%
Heart problems	14%
Depression/hopelessness	12%
High blood pressure	12%
Aging problems	12%
Chronic disease	10%
Anxiety	8%
Respiratory/lung disease/asthma	8%
Dental problems	7%
Other	2%
COVID-19	1%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	54%
Limited organized activities for children and teens	36%

Poverty	36%
Limited places to play or healthy activities for kids	26%
Limited job opportunities	25%
Lack of health insurance or limited health coverage	24%
Limited safe places to walk, bike, etc.	22%
Limited access to transportation	17%
Limited affordable/quality housing	15%
Limited ability to get healthy food or enough food	14%
Chronic loneliness or isolation	8%
Homelessness	8%
Limited social services or programs	5%
Other	3%
Water/air quality	3%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	71%
Child abuse and neglect	33%
Lack of exercise	31%
Excessive alcohol use	30%
Poor nutrition	24%
Impaired driving (drugs/alcohol)	23%
Vaping	19%
Tobacco use	19%
Distracted driving (cellphone use)	17%

Appendix F - Top Health and Disease Demographic Breakdowns

Crime	12%
Domestic violence	8%
Other	3%
Not getting recommended vaccines	3%
Gambling	2%

Respondents with no kids in the home

Q5 - From the following list, which do you think are the 3 most important problems related to health and disease in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Drug and/or alcohol use	58%
Cancers	40%
Obesity	38%
Diabetes ("sugar")	27%
Aging problems	27%
Heart problems	23%
Mental health problems	23%
High blood pressure	15%
Chronic disease	13%
Anxiety	8%
Depression/hopelessness	7%
Respiratory/lung disease/asthma	7%
Dental problems	6%
Other	2%
COVID-19	2%

Q6 - From the following list, which do you think are the 3 most important problems related to quality of life and environment in your county? Please choose ONLY 3. - Selected Choice

Field	Percentage of Responses
Cost of health care and/or medications	64%
Lack of health insurance or limited health coverage	32%

Poverty	28%
Limited job opportunities	27%
Limited organized activities for children and teens	24%
Limited affordable/quality housing	20%
Limited access to transportation	17%
Chronic loneliness or isolation	16%
Limited ability to get healthy food or enough food	15%
Limited safe places to walk, bike, etc.	13%
Limited social services or programs	13%
Limited places to play or healthy activities for kids	10%
Homelessness	6%
Other	4%
Water/air quality	3%

Q7 - From the following list, which do you think are the 3 most important risky behaviors related to pers - Selected Choice

Field	Percentage of Responses
Drug use	74%
Excessive alcohol use	35%
Lack of exercise	30%
Child abuse and neglect	26%
Poor nutrition	23%
Impaired driving (drugs/alcohol)	21%
Distracted driving (cellphone use)	20%
Tobacco use	18%
Crime	14%

Appendix F - Top Health and Disease Demographic Breakdowns

Vaping	12%
Domestic violence	11%
Not getting recommended vaccines	9%
Gambling	2%
Other	2%

Potomac Valley Hospital - Mineral County, WV

Demographic	CHNA Responses	Census YEAR
Men	30%	49.90%
Women	69%	50.10%
Age 65+	41.40%	22.60%
White alone	98%	94.30%
Non-White	2%	5.70%
Hispanic or Latinx	0.60%	1.10%
4 years degree or higher	34%	23.10%

Q10 - Please rate how you feel about the statement: "I know how to access medical care in my community."

Field	Percentage
Strongly agree	48%
Somewhat agree	27%
Neither agree nor disagree	12%
Strongly disagree	7%
Somewhat disagree	6%

Q11 - Please tell us your level of agreement with each of these sentences about your community.

Field	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
I have access to good health care.	6.44%	8.52%	8.63%	40.33%	36.07%
I am satisfied with the medical care I receive.	5.24%	7.12%	9.95%	37.91%	39.79%
I am able to afford medical care when needed.	10.19%	12.92%	10.08%	32.14%	34.66%
I am able to afford medications when needed.	7.76%	12.58%	9.85%	34.07%	35.74%
I am able to get medical care when I need it.	5.56%	8.08%	9.55%	35.68%	41.13%
I am able to see specialists when needed.	8.94%	14.51%	12.09%	31.34%	33.12%
I am able to see my primary care doctor when needed.	5.89%	6.41%	7.57%	30.81%	49.32%
I am able to get mental health care when needed.	8.65%	10.26%	39.21%	19.34%	22.54%

I have access to a walk-in clinic or urgent care.	4.70%	3.66%	7.21%	29.47%	54.96%
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Q13 - Please tell us about access to telehealth medical care in your home.

Field	Percentage
I have high-speed internet at home, and would be comfortable attending a telehealth medical appointment this way.	41%
I have high-speed internet at home, but would prefer not to use it for telehealth medical care.	24%
I have high-speed internet at home, but need more information about telehealth medical care before deciding to use it.	18%
I have high-speed internet, but it is not reliable or fast enough to use for telehealth medical care.	10%
I do not have access to high-speed internet at home and cannot access telehealth medical care.	7%

Q14 - In the past 12 months, have you seen a medical provider for a routine check-up, wellness visit, or other preventive care? - Selected Choice

Field	Percentage
Yes	94%
If no, why not?	3%
No	3%

Q24 - Please check all that apply regarding your ability to access transportation.

Field	Percentage of Responses
Friends and family are not available to give me rides.	52%
Sometimes I can get a ride from others, but not always.	38%

I do not have a car or other vehicle.	34%
I can't afford public transportation or other rides like Uber or Lyft.	31%
Public transportation is not available where I live.	31%
I have a vehicle, but it is not dependable all the time or is in need of repairs.	31%
Public transportation is available where I live, but doesn't go where I need to go.	26%
I have a vehicle, but sometimes I cannot afford gas.	22%
There is medical transport where I live, but I have to wait too long for a ride back home.	19%
There is medical transport where I live, but I can't get a ride at the time I need to go.	19%
There is medical transport where I live, but it is not always dependable.	12%
I can't access the transportation available to me due to using a wheelchair or other equipment.	7%

Table 1 – Health Topic 1 Obesity and Diabetes		
Strategy	Goal	Update
Strategy 1 – Group Lifestyle Balance	Hold six Group Lifestyle Balance classes yearly	GLB/Diabetes Prevention 3 classes started 3 every 6 months, PVH Diabetes Prevention program has CDC full Recognition status.
Strategy 2 – Diabetes Support Group	Host diabetes support groups 6-12 times per year	Diabetes Support Group is offered once every month.
Strategy 3 – Dining with Diabetes	Each year, PVH will host one Dining with Diabetes course consisting of 4 classes	Dining with Diabetes Classes offered every year consisting of 4 classes, provided by community partners: WVU Extension and WVU Medicine PVH
Strategy 4 – Healthy Hearts for Kids	Each month, conduct two sessions at a one school; rotate schools monthly during 2021-2022, 2022-2023, and 2023-2024 academic years.	Healthy Hearts for Kids Program offered at Mineral County Primary, Intermediate, and Middle School levels through out each school year consists of various physical activities, themes of food is medicine, mindfulness and yoga, healthy lifestyles, Hands Only CPR, and American Lung Association’s INDEPTH program at Middle and High School levels at all Mineral County school
Strategy 5 – PVH Wellness Zone	Plan monthly schedule: <ul style="list-style-type: none"> ○ Exercise – 2-4 monthly ○ Healthy Hearts for Kids – 1-2 monthly ○ Nutrition - 1 per month ○ Mental Health - 1 per month ○ 1-2 National Health Observances per month ○ 4-6 guest speakers per year (PVH staff or licensed care providers) ○ 4-6 Cooking Demos per year ○ Cancer Prevention information - 4-6 per year 	PVH Wellness Zone Scheduled completed Monthly and scheduled provide to community monthly with special events, group classes available and locations for BP Screening and Health Promotion. The facebook sight has post provide from PVH dietician monthly and monthly health observance messages as well.
Strategy 6 – PVH Walking Track	Provide motivation for physical activity with organized walking programs offered May through	Yearly Walk 100 miles in 100 days kick off is promoted at PVH walking track. Track is available

	September, twice a week in the morning and afternoon. Track is open for community use.	for PVH staff and community to use as desired. Outdoor group walking programs offered during warm weather months and October through May PVH partners with Potomac State College to utilize indoor space to offer 3 day/week indoor group walking programs.
Strategy 7 – Supermarket Shopping Tours	Host 4-6 supermarket shopping tours yearly.	Super Market shopping tours offered by PVH’s Dietician, meeting small groups at local market to tour market isles and learn how to shop healthy and stock their food pantries of a budget.
Strategy 8 – Food FARMacy Program	Hold 1 -2 FARMacy programs per year. FARMacy programs consist of 12-15 weekly sessions	15-week Farmacy program held yearly with participants receiving \$ 25 in free produce each week. Partners in this program have been: PVH, WVU Extension, WV Farmacy, Flying W Farm, Brookedale Farm and Potomac Valley Transit Authority. Participants complete surveys pre/post program, along with pre/post BPs, weights, lab work, and receive automatic blood pressure cuff.
Strategy 9 – Obesity & Nutrition Community Education	Obesity/nutrition topics will be addressed, or a community activity will be provided no less than once per month	Farmacy, Group Lifestyle balance, Walk for Wellness, PVH Wellness Zone <u>monthly</u> BP Screening and Information tables with community healthcare workers in various locations in the community (4 local libraries, 5 public housing units, and 3 different senior centers)

Table 2 – Health Topic 2 Substance Use, Abuse, and Mental Health		
Strategy	Goal	Update
Strategy 1 – Smoking Cessation Program	Group Smoking Cessation Classes will be offered to the community 4- 6 times per year. These will be held in-person and can also be available virtually via Vidyo	Smoking Cessation classes offered by individual or group sessions. Assistance offered to patients with Nicotine Replacement therapy: Nicotine patches, Gum, and Lozenges.
Strategy 2 – Families Strong	Host 3-6 Families Strong groups over three years. Each group will meet for nine weeks of closed group session meetings, with	Families Strong Support Group offered 2 times per year. Classes were offered so they could be attended virtually or in person.

	each weekly meeting lasting for two hours	
Strategy 3 – Living a Healthy Life with Chronic Pain	Offered 4- 6 times per year. Six-week program	6-week classes offered, to attend virtually or in person, each participant receives participant book and completes pre/post surveys. Class is led by 2 trained facilitators
Strategy 4 – Substance Use Education for Schools	Substance Use Education and Prevention displays/presentations will be provided at least 4-6 times over a 3-year time period, during school or at school events.	American Lung Association ‘s INDEPTH (Intervention for Nicotine Dependence, Education, Prevention, Tobacco, and Health) program introduced in 2022-2023 to Mineral County Schools and was implemented in 2023-2024 school year at Middle and High Schools(4 schools)- Provided by PVH Preventive Medicine department
Strategy 5 – Naloxone Training	Host at least 3 Naloxone trainings over a 3-year time period	Narcan Trainings offered at various locations: Churches, Potomac State College, Local community Events, and at various times during the BP Screening locations, along with Drug take back days and upon special requests.

Table 3 – Health Topic 3 Cancer		
Strategy	Goal	Update
Strategy 1 – Cancer Prevention Education	Provide Cancer Prevention Education to the community at least 6 times per year	Power point presentations on PVH Wellness Zone as well as at local outreach events.
Strategy 2 – WV Mountains of Cancer Coalition	Goal to have at least one Preventive medicine staff to attend a monthly meeting.	Two members of PVH Preventive Medicine are active members in the WV Mountains of Hope Cancer Coalition. WV Mountains of Hope Coalition was the original grant funding provider for the Community Garden Project. PVH Community Garden is going into it's third year, with monthly gardening classes running February to September. This year instead of having various community members as volunteers, a special population has been targeted: 2 women's recovery homes: Stager's

		Recovery House and Hope Meadows. There have been 17-22 ladies attending the community garden classes. Potomac State College is a community partner providing space for the garden and also allowing seeds to be started in their greenhouse. WVU Extension agent assists with teaching some of the community gardening classes.
Strategy 3 – Smoking Cessation Program	Group Smoking Cessation Classes will be offered to the community 4- 6 times per year. In person and can be available virtually via Vidyo	Smoking Cessation classes offered by individual or group sessions. Assistance offered to patients with Nicotine Replacement therapy: Nicotine patches, Gum, and Lozenges.
Strategy 4 – PVH Wellness Zone	Plan monthly schedule: <ul style="list-style-type: none"> ○ 2-4 exercise per month ○ 1-2 Healthy Hearts for Kids per month ○ Nutrition 1 per month ○ Mental Health 1 per month ○ 1-2 National Health Observances per month ○ 4-6 guest speakers per year (PVH staff or licensed care providers) ○ 4-6 Cooking Demos per year ○ Cancer Prevention information 4-6 per year 	PVH Wellness Zone Scheduled completed Monthly and scheduled provide to community monthly with special events, group classes available and locations for BP Screening and Health Promotion. The facebook sight has post provide from PVH dietician monthly and monthly health observance messages as well.
Strategy 5 – Support Services – Advance Directives	Assist community members with Advance Directive education and process and assist in completing as needed.	PVH Care Management and Preventive Medicine Departments assist community members with the education and process as needed of Advance Directives. Advance Directive information is provided at community outreach at libraries, senior centers, etc
Strategy 6 – Rural Health Clinic Education	Educate Rural Health Clinic patients on self-management of chronic disease, need for preventive care and screenings,	An order has been created in the electronic health care record for providers to refer patients to preventive medicine for needs for

	and more	help social determinants of health, health promotion, chronic disease management , and to encourage and educate patients to community resources and to group programs offered by preventive medicine: Diabetes Education, Diabetes Prevention Walk with Ease, Walk for Wellness, Living with Chronic Pain, Chronic Disease Self-Management, FARMACY, Narcan Training, Smoking Cessation, Self-Monitored Blood Pressure, Fall Prevention/Balance training, CPR, Practice made Perfect Cooking class, Exercise Classes, Families Strong Support Group, and Diabetes Support Group. Also, Community Health Care Workers and Nurse Navigators can help connect them to other resources and classes within the facility or the community and can also assist in communication with their healthcare teams as needed.
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Table 4 – Health Topic 4 Chronic Disease Management

Strategy	Goal	Update
Strategy 1 – Group Lifestyle Balance	Hold six Group Lifestyle Balance classes yearly – three every six months.	GLB/Diabetes Prevention 3 classes started 3 every 6 months, PVH Diabetes Prevention program has CDC full Recognition status.
Strategy 2 – Better Breathers Support Group	Offer at least 6 Better Breathers Support Group meetings per year (Better Breathers Support Group offered some, I believe RT dept, had change in staff offering program	Better Breathers Support Group offered as facilitator available, when not available topics cover at community outreach and also during phase II and Phase III Pulmonary Rehab Sessions
Strategy 3 – Rural Health Clinic Education	CHW/Nurse Navigator will complete follow up calls on ACO and those at risk for admission/readmission, with a goal to reach as many patients as possible after discharge from PVH Emergency Department and inpatient discharges	WVU Population Health and PVH Preventive Medicine Teams work together to make sure all those at risk for admission/readmission, receive follow up phone calls. A referral order has been built into electronic record also so providers can place an order for these teams to specifically follow up on patient for specific needs/concerns.
Strategy 4 – Transition	CHW/Nurse Navigator will	Transition of Care calls completed

of Care Services	complete follow up calls on ACO and those at risk for admission/ readmission, with a goal to reach as many patients as possible after discharge from PVH Emergency Department and inpatient discharges.	by all PVH Clinics, as well as follow up calls completed by WVU POP Health and PVH Preventive Medicine Team.
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Table 5 – Health Topic 5 Poverty and Employment Issues

Strategy	Goal	Update
Strategy 1 – Food FARMacy Program	Hold 1 -2 FARMacy programs per year. FARMacy programs consist of 12-15 weekly sessions.	15-week Farmacy program held yearly with participants receiving \$ 25 in free produce each week. Partners in this program have been: PVH, WVU Extension, WV Farmacy, Flying W Farm, Brookedale Farm and Potomac Valley Transit Authority. Participants complete surveys pre/post program, along with pre/post BPs, weights, lab work, and receive automatic blood pressure cuff.
Strategy 2 – Food for Health Food Boxes	Twice monthly, provide food pantries with ten healthy food boxes prepared with healthier options for participants with diabetes, heart disease, hypertension, and/or obesity. Provide related educational information regarding healthy recipes with pantry staples, healthy grocery store options, and health benefits of different foods and of physical activity	Free Produce stands set up at clinics June-Sept and also at Child and Family Expo (July) with info and theme Food is Medicine and recipes.
Strategy 3 – PVH Job Incubator		Job shadowing/training provided for 1-2 clinical position roles yearly. Job Shadowing in areas of Respiratory therapy, nursing and physician’s assistance programs. Participation in PSC’s Nursing Academy for 9 th graders and Health Careers Exploration event at PSC and not sure if this fit’s here- Get a life -School of Hard Knocks for 8 th graders at KMS
Strategy 4 – PVH Community Garden	community garden started at PSC in 3 rd year	WV Mountains of Hope Coalition was the original grant funding provider for the Community Garden Project. PVH Community

		<p>Garden is going into its third year, with monthly gardening classes running February to September. This year instead of having various community members as volunteers, a special population has been targeted: 2 women's recovery homes: Stagger's Recovery House and Hope Meadows. There have been 17-22 ladies attending the community garden classes. Potomac State College is a community partner providing space for the garden and also allowing seeds to be started in their greenhouse. WVU Extension agent assists with teaching some of the community gardening classes.</p>
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