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# Potomac Valley Hospital

## Community Health Implementation Plan 2024



**Prepared for:** Potomac Valley Hospital

**Prepared by:** West Virginia University Health Sciences  
Center Health Affairs Institute

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## **Priority Health Area 1: Substance Use, Abuse, and Mental Health**

*Table 1: Naloxone Trainings*

<b>Community Naloxone Trainings</b>	
Objective	Offer 4-8 Naloxone trainings per year in various community locations to increase education and awareness and decrease instances of overdose.
Activities	<ul style="list-style-type: none"> <li>• Plan dates and locations</li> <li>• Stock supplies</li> <li>• Designate trainers</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Training location agencies/entities</li> <li>• PVH Pharmacy department</li> <li>• University of Charleston School of Pharmacy – Dr. Lindsay Acree</li> </ul>

	<ul style="list-style-type: none"> <li>• PVH Preventive Medicine department</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Training location agencies and PVH Preventive Medicine department</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• WV Department of Human Services (DoHS) Resources – Bureau for Public Health (BPH)</li> <li>• Marshall Center of Excellence for Recovery</li> <li>• Educational handouts/print materials/PowerPoint presentation</li> <li>• Naloxone kits</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• # trainings held</li> <li>• # participants per training</li> <li>• # Naloxone kits distributed</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 2: Medication Safety Education*

Medication Safety Education in Primary Schools	
Objective	Offer WV Drug Institute's Don't Keep Rx Around Medication Safety program at Mineral County Primary Schools. This program is a curriculum and public health campaign that utilized evidence-based practices to teach medication safety to pre-k and kindergarten students and their families in WV.
Activities	<ul style="list-style-type: none"> <li>• Plan dates and school locations</li> <li>• Stock supplies</li> <li>• Designate trainers</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Mineral County Schools</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Mineral County Schools</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Educational handouts/print materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• # programs held</li> </ul>

	<ul style="list-style-type: none"> <li>• # participants per school</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 3: Prescription Drug Take Back Days*

Prescription Drug Take Back Days with Law Enforcement	
Objective	Host a Drug Take Back Day once per quarter at varying locations in conjunction with the Mineral County Sheriff's Office. This effort aims to reduce the amount of unused prescription medications available in the community.
Activities	<ul style="list-style-type: none"> <li>• Plan dates and take back locations</li> <li>• Stock supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Mineral County Sheriff's Office</li> </ul>
Implementation Partners	
Resources	<ul style="list-style-type: none"> <li>• Educational handouts</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• # take back days held/locations of events</li> <li>• # pounds collected per event</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 4: Free Clinic Day*

Free Clinic Day with Community Partners	
Objective	Host one Free Clinic Day in conjunction with community partners, offering labs, dental exams, and linkage to recovery programs and community resources.
Activities	<ul style="list-style-type: none"> <li>• Plan date and location</li> <li>• Stock supplies</li> <li>• Engage community partners</li> <li>• Assemble community resources to share</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Community Partners</li> <li>• Recovery Partners</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Community Partners</li> <li>• Recovery Partners</li> </ul>

Resources	<ul style="list-style-type: none"> <li>• Recovery and community resource materials</li> <li>• WV DoHS Resources - BPH</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Date and location of event</li> <li>• # attendees</li> <li>• # dental screenings provided</li> <li>• # resource materials distributed</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 5: Community Garden Classes*

Community Garden Classes for Women in Recovery	
Objective	Provide gardening classes to residents of Burlington United Methodist Family Services' (BUMFS) recovery house, monthly from February through September.
Activities	<ul style="list-style-type: none"> <li>• Plan dates and locations</li> <li>• Stock supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• BUMFS</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• BUMFS</li> <li>• PVH Staff</li> <li>• WVU Extension Staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Supplies</li> <li>• Educational materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # attendees</li> <li>• Topics of classes</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 6: Community Garden Project*

Community Garden Project with Community Partners	
Objectives	Maintain a community garden project in collaboration with community partners including WVU Extension, WVU Potomac State College, and local women's' recovery housing. This project is ongoing.

Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Coordinate watering and weeding schedule</li> <li>• Prepare educational materials</li> <li>• Obtain supplies (seeds, soils, potting containers)</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• WVU Extension</li> <li>• WVU Potomac State College</li> <li>• BUMFS Staggers Recovery House</li> <li>• Hope Meadows Recovery House</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• WVU Extension</li> <li>• WVU Potomac State College</li> <li>• BUMFS Staggers Recovery House</li> <li>• Hope Meadows Recovery House</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Supplies</li> <li>• Educational materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and location of any formal activities</li> <li>• # attendees</li> <li>• Topics of classes</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 7: Anti-Stigma Education*

<b>Anti-Stigma Education: Regrounding Our Response West Virginia</b>	
Objectives	Provide education on stigma surrounding substance use to hospital staff, community partners, and residents as part of the Regrounding our Response West Virginia Initiative
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Prepare educational materials</li> <li>• Obtain supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Community Partners</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Community Partners</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Supplies</li> </ul>

	<ul style="list-style-type: none"> <li>• Educational materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and location of any formal activities</li> <li>• # attendees</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 8: Grandparents Support Program*

<b>Healthy Grandfamilies: Grandparents Support Group</b>	
Objectives	Offer the Mineral County Health Grandfamilies programs at least 1-2 per calendar year in partnership with WVU Extension. This program aims to support custodial grandparents through changing family dynamics, help them navigate the school and legal systems, understand benefits and pitfalls of technology and social media, and more. Families will also receive individual case management to address needs.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Prepare educational materials</li> <li>• Obtain supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• WVU Extension</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• WVU Extension</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Supplies</li> <li>• Educational materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of groups</li> <li>• # attendees</li> <li>• Pre/post surveys completed</li> </ul>
Point of Contact	Chip Bolyard and/or Wesley Stullenbarger

*Table 9: Family Support Group*

<b>Families Strong: Family Support Group</b>	
Objectives	Offer the Mosaic Group's Families Strong support group at least twice per calendar year. This group is facilitated over



	8 weeks by trained PVH staff and aims to strengthen families' abilities to deal with loved ones' substance use.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Prepare educational materials</li> <li>• Obtain supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mosaic Group</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Supplies</li> <li>• Educational materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of support groups</li> <li>• # attendees</li> <li>• Participant surveys</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 10: Youth Yoga and Mindfulness*

Youth Yoga and Mindfulness in Schools	
Objectives	Collaborate with Mineral County Schools to offer yoga and mindfulness classes within the school system to promote mental health awareness.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Prepare educational materials</li> <li>• Obtain supplies</li> <li>• Coordinate space</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Supplies</li> <li>• Educational materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of activities</li> </ul>

	<ul style="list-style-type: none"> <li>• # student participants</li> </ul>
Point of Contact	PVH Preventive Medicine department

Table 11: Youth Cultural Awareness

Youth Cultural Awareness in Schools	
Objectives	Collaborate with Mineral County Schools and the Mineral County Family Resource Network (FRN) to offer a cultural awareness program called Rafa Rafa to promote mental health awareness. This simulation/game can help children understand the mental aspects of what it is like to be a member of a minority population.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Prepare educational materials</li> <li>• Obtain supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• PVH Staff</li> <li>• Mineral County Schools</li> <li>• Mineral County FRN</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• PVH Staff</li> <li>• Mineral County Schools</li> <li>• Mineral County FRN</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Supplies</li> <li>• Educational materials</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of activities</li> <li>• # student participants</li> <li>• Student Feedback</li> </ul>
Point of Contact	Mineral County FRN Director PVH Preventive Medicine department

In addition to the above strategies, Potomac Valley Hospital will provide or participate in the following clinical or community activities to address mental health and substance use and abuse:

- Provides Peer Recovery support in ED, in collaboration with Mosaic Group and Potomac Highlands Guild

- Medication Assisted Treatment/Medications for Opioid Use Disorder Clinic planning is underway
- Participates in PITAR Coalition meetings (Prevention-Intervention-Treatment-Anti-Stigma- Reentry-Recovery) with over 25 other organizations and entities
- Participates in On Track Anti-Drug Coalition meetings with more than half a dozen other agencies
- Phone Buddy program offered to patients identified as having a lack of social connections
- Behavioral health services provided: Psychiatrist, Licensed Clinical Psychologist, and others on a staff of six

## Priority Health Area 2: Obesity, Diabetes, and Chronic Disease Management

Table 12: Diabetes Prevention Program #1

Diabetes Prevention Program: CDC	
Objectives	PVH will offer a CDC-recognized Diabetes Prevention Program: three time slot options every six months, for a total of 22 sessions per calendar year.
Activities	<ul style="list-style-type: none"> <li>• Plan class calendar for the year</li> <li>• Plan class instructors</li> <li>• Obtain curriculum or needed materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # educational materials distributed</li> </ul>
Point of Contact	PVH Diabetes Education department

Table 13: Diabetes Prevention Program #2

Diabetes Prevention Program: American Diabetes Association	
Objectives	PVH will offer an American Diabetes Association-recognized Diabetes Prevention Program to the public.
Activities	<ul style="list-style-type: none"> <li>• Plan class calendar for the year</li> <li>• Plan class instructors</li> <li>• Obtain curriculum or needed materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• PVH Diabetes Education Department</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• PVH Diabetes Education Department</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # educational materials distributed</li> </ul>
Point of Contact	PVH Diabetes Education department

Table 14: Diabetes Support Group

Diabetes Support Group	
Objectives	A diabetes support group will be facilitated monthly by the PVH Diabetes Education Department.
Activities	<ul style="list-style-type: none"> <li>• Plan class calendar for the year</li> <li>• Plan class instructors</li> <li>• Obtain curriculum or needed materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• PVH Diabetes Education Department</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• PVH Diabetes Education Department</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # educational materials distributed</li> </ul>
Point of Contact	PVH Diabetes Education department

Table 15: FARMacy WV Program

FARMacy WV Program	
Objectives	PVH will offer two FARMacy WV class sites yearly. FARMacy WV is a 15-week produce prescription program.
Activities	<ul style="list-style-type: none"> <li>• Plan class calendar for the year</li> <li>• Plan class instructors</li> <li>• Obtain curriculum or needed materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• FARMacy WV</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• FARMacy WV</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # educational materials distributed</li> </ul>
Point of Contact	PVH Preventive Medicine department

Table 16: Supermarket Shopping Tours

Supermarket Shopping Tours with Local Grocers	
Objectives	PVH will offer at least four grocery store shopping tours per year, focused on nutrition education and in partnership with local grocers.
Activities	<ul style="list-style-type: none"> <li>• Plan tour calendar for the year</li> <li>• Engage local grocers</li> <li>• Obtain needed materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Local grocers</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Local grocers</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of tours</li> </ul>

	<ul style="list-style-type: none"> <li>• # participants</li> <li>• # educational materials distributed</li> </ul>
Point of Contact	PVH Dietician and PVH Preventive Medicine department

*Table 17: Obesity and Diabetes Group Classes*

<b>Supermarket Shopping Tours with Local Grocers</b>	
Objectives	PVH offers weekly obesity and diabetes group classes to staff and community members.
Activities	<ul style="list-style-type: none"> <li>• Plan tour calendar for the year</li> <li>• Plan class instructors</li> <li>• Obtain needed materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # educational materials distributed</li> </ul>
Point of Contact	PVH Dietician and PVH Preventive Medicine department

*Table 18: Indoor Walking Program*

<b>Indoor Walking Program with WVU Potomac State College</b>	
Objectives	PVH offers an indoor walking space in partnership with WVU Potomac State College, three days per week during the months of October through May.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar for the year</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Marketing materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates of availability</li> </ul>

	<ul style="list-style-type: none"> <li>• # participants or other available information</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 19: Dining with Diabetes*

<b>WVU Extension Dining with Diabetes</b>	
Objectives	PVH offers Dining with Diabetes classes in partnership with WVU Extension.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar for the year</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• WVU Extension</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• WVU Extension</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Marketing materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants or other available information</li> </ul>
Point of Contact	WVU Extension Margaret Miltenberger PVH Diabetes Education

*Table 20: Wellness Days*

<b>Wellness Days with Mineral County FRN</b>	
Objectives	In collaboration with Mineral County Family Resource Network, PVH will provide Wellness Days, promoting healthy lifestyles, disease prevention, and physical activity.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County FRN</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County FRN</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Marketing materials or supplies</li> <li>• Educational materials or supplies</li> </ul>

Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of events</li> <li>• # participants</li> <li>• # materials disseminated</li> </ul>
Point of Contact	PVH Preventive Medicine dept and Mineral County FRN

*Table 21: Cooking Classes*

<b>Cooking Classes: Practice Made Perfect</b>	
Objectives	PVH will offer Practice Made Perfect cooking classes at least twice per year.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of classes</li> <li>• Obtain curriculum or materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Marketing materials or supplies</li> <li>• Educational materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # materials disseminated</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 22: Chronic Disease Self-Management Classes*

<b>Chronic Disease Self-Management Classes</b>	
Objectives	PVH will offer chronic disease self-management classes at least twice per year.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of classes</li> <li>• Obtain curriculum or materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Marketing materials or supplies</li> </ul>



	<ul style="list-style-type: none"> <li>• Educational materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # materials disseminated</li> </ul>
Point of Contact	PVH Preventive Medicine department

*Table 23: Healthy Hearts for Kids*

Healthy Hearts for Kids in Primary Schools	
Objectives	PVH will continue to offer Healthy Hearts for Kids programming in local primary schools.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of programming</li> <li>• Obtain curriculum or materials</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Marketing materials or supplies</li> <li>• Educational materials or supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of events</li> <li>• # student and school participants</li> <li>• # materials disseminated</li> </ul>
Point of Contact	PVH Preventive Medicine department

In addition to the above strategies, Potomac Valley Hospital will provide or participate in the following clinical or community activities to address obesity and diabetes:

- Provide monthly nutrition tips on social media
- Participate in Mineral County FRN's Grandparent and Me Day
- Provide weight management through clinical offerings
- Provide community outreach to libraries, public housing, and senior centers monthly to promote healthy lifestyles, prevention, chronic disease management, and BP screenings

- Clinic patients and inpatients newly diagnosed with diabetes will receive an automatic referral to Diabetes Education nurse and Dietary Consultation
- Specialty clinics will be provided by PVH related to chronic disease management: Pulmonary, Cardiology, Urology, Behavioral Health, Physical Therapy, and Orthopedics
- Strong for Surgery classes provided to all total joint replacement patients, as well as post-procedure follow-up from a Nurse Navigator
- Planning underway to obtain preventive medicine staff and diabetes education nurse training so they can provide Tai Chi for Arthritis and Fall Prevention classes to employees and community members.

### Priority Health Area 3: Cancer

Table 24: Sunscreen Safety and Promotion

Sunscreen Safety and Promotion	
Objectives	PVH provides a sunscreen station at Jennings Randolph Lake, and sunscreen safety education there as well as at local community pools.
Activities	<ul style="list-style-type: none"> <li>• Plan summer activities</li> <li>• Obtain materials and supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Parks and Recreation</li> <li>• Mountains of Hope Cancer Coalition</li> <li>• Jennings Randolph Lake volunteers</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Jennings Randolph Lake volunteers</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials and supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• # participants/engagement</li> <li>• # educational materials</li> </ul>
Point of Contact	PVH Preventive Medicine department

Table 25: Smoking Cessation

Smoking Cessation	
Objectives	PVH provides smoking cessation classes to groups and individuals.
Activities	<ul style="list-style-type: none"> <li>• Plan class calendar</li> <li>• Obtain materials and supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials and supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # participants</li> <li>• # educational materials</li> </ul>
Point of Contact	PVH Preventive Medicine department

Table 26: Youth Vaping Prevention

Youth Vaping Prevention	
Objectives	PVH provides vaping prevention/education programs to Mineral County Schools.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Obtain materials and supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials and supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of classes</li> <li>• # student and school participants</li> <li>• # educational materials</li> </ul>
Point of Contact	PVH Preventive Medicine department

In addition to the above strategies, Potomac Valley Hospital will provide or participate in the following clinical or community activities to address cancer:

- Cancer screening information distributed monthly to community outreach locations: libraries, public housing, and senior centers
- Cancer survivorship support group facilitated by PVH Infusion center staff
- FARMacy WV Program, PVH Community Garden, cooking classes, and walking program (above) promote healthy eating and cancer prevention
- Community Healthcare workers educate and promote importance of annual wellness exams and other preventive medicine
- WVU Cancer Institute at PVH offers the following services providing comprehensive care for patients: chemotherapy infusions, blood transfusions, hematology, IV therapy infusions, lab draws from central lines and ports, minor procedure testing, and other infusion services for patients with chronic conditions
- PVH Infusion staff complete monthly education about cancer screenings with patients and families at Infusion Center
- Mineral County Health department hosts Bonnie's bus and Lucas Bus cancer screening mobile units from WVU Medicine

## Priority Health Area 4: Poverty and Employment Issues

Table 27: Health Career Days

Health Career Days for Youth	
Objectives	PVH hosts Health Career Day biannually for four local high schools for a health career exploration event.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Obtain materials and supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Mineral County Schools</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials and supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of career fairs</li> <li>• # student and school participants</li> <li>• # educational materials</li> </ul>

Point of Contact	PVH Staff Development department
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*Table 28: Nurse Academy Event*

Nurse Academy Event	
Objectives	PVH participates yearly in the Nurse Academy event hosted by Pendleton County Schools for middle school students.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Obtain materials and supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Pendleton County Schools</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Pendleton County Schools</li> </ul>
Resources	<ul style="list-style-type: none"> <li>• Materials and supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>• Dates and locations of career fairs</li> <li>• # student and school participants</li> <li>• # educational materials</li> </ul>
Point of Contact	WVU Potomac State College Nursing dept and PVH Nursing Administration dept.

*Table 29: Youth Financial Education*

Youth Financial Education	
Objectives	PVH participates with local middle schools to provide the financial education program “Get a Life” to 7 <sup>th</sup> and 8 <sup>th</sup> graders. This program provides a hands-on financial education experience that engages students with a realistic family budget, teaching skills to make financial decisions.
Activities	<ul style="list-style-type: none"> <li>• Plan calendar of activities</li> <li>• Obtain materials and supplies</li> </ul>
Planning Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> <li>• Local Schools</li> </ul>
Implementation Partners	<ul style="list-style-type: none"> <li>• Hospital staff</li> </ul>

	<ul style="list-style-type: none"> <li>Local Schools</li> </ul>
Resources	<ul style="list-style-type: none"> <li>Materials and supplies</li> </ul>
Evaluation Activities	<ul style="list-style-type: none"> <li>Dates and locations of career fairs</li> <li># student and school participants</li> <li># educational materials</li> </ul>
Point of Contact	Keyser Middle School Guidance Counselors dept and PVH Preventive Medicine dept

In addition to the above strategies, Potomac Valley Hospital will provide or participate in the following clinical or community activities to address poverty and employment issues:

- PVH offers an 8-week Nurse Extern program in the summer to increase retainment.
- PVH has added Human Resources staff to aid in recruitment and outreach to students.
- There are opportunities for career growth at PVH via stipends, tuition assistance, and clinical ladders.
- PVH participates with community partners in poverty simulator activities.
- In outpatient and inpatient settings, patients' social determinants of health are assessed, and referrals made to Preventative Medicine department to assist in finding local resources, as well as using Find Help locator built into the electronic medical record.
- PVH participates in Mineral County Homeless Coalition meetings.
- PVH participates in the annual Point in Time count of those experiencing homelessness.
- PVH sponsors various food drives for local pantries throughout each year.
- PVH departments participate in sponsoring a child for holiday gift giving.
- PVH participates with the Mineral County United Way in community events and fundraisers.
- PVH participates in the yearly Community Baby Shower hosted by the Mineral County Health Department and Mineral County FRN.
- PVH participates in the following activities:
  - Mineral County Homeless Coalition meeting
  - HUD Point in Time count of those experiencing homelessness
  - Mineral County United Way community events and fundraisers
  - Mineral County FRN Warm the Children and Toys for Joy
  - .....
- Patients and families are referred to Geri Mason Family Support center as needed.
- PVH offers transportation resources to assist patients when no other means of transportation is available.

- PVH collaborates with community partners to offer transportation assistance: Potomac Valley Transit Authority, Mineral County Aging and Family Services, HRDC and faith-based organizations such as Loving Hands Outreach and Andrews Coalition.
- PVH provides an Ensure program for financially strained patients.
- Community Healthcare Workers assist patients as needed with applications for housing, utilities assistance, Medicaid applications, medication assistance program applications, resources for food and/or clothing, and program applications for dental care.
- Mineral County FRN sponsors Warm the Children and Toys for Joy yearly, and PVH staff provide support.
- Mineral County FRN and WVU Extension yearly host Energy Express Summer education program, with PVH providing support in volunteering time with reading to students or providing a special program.
- Collaborate with Mineral County Technical Center and Adult Education Program to host a yearly career fair for high school students at Mineral County Technical and Adult Education Program. Include community partners, the focus is for students that are not interested in college, raise awareness to various trades, apprenticeship programs, and types of employment and benefits offered that is available in local area.