

COVID-19 RESOURCES FOR PARENTS AND CAREGIVERS

Helpful Websites

Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019

National Child Traumatic Stress Network
www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019

Children and Coronavirus Disease 2019 (COVID-19)

Centers for Disease Control (CDC)
www.cdc.gov/coronavirus/2019-ncov/prepare/children.html

COVID-19 Advice for the Public

World Health Organization (WHO)
www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public

2019 Novel Coronavirus

*Healthy Children
from the American Academy of Pediatrics*
www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx

Talking to Children about the Coronavirus

Child Mind Institute
www.childmind.org/article/talking-to-kids-about-the-coronavirus/



Social Stories

What is the Coronavirus?

littlepuddins.ie/coronavirus-social-story/

Covibook

www.mindheart.co/descargables

Time to Come In, Bear: A Children's Story about Social Distancing

www.youtube.com/channel/UCanMFn8NM376FjwqURYC_Mw

Coronavirus Time Capsule Booklet

avrit.net/ViewerJS/#../CovidTimeCapsule/2020_Covid-19_Time_Capsule.pdf

Learn about the Coronavirus Coloring Book

www.together.stjude.org/content/dam/together/en-us/other/covid-19/coronavirus-for-kids-together.pdf

Local Resources

COVID-19: What You Need to Know

WVU Medicine
www.wvumedicine.org/covid/

What You Need to Know about Coronavirus

WVU Health Sciences Center
www.coronavirus.wvu.edu/

Monongalia County Health Department

(304) 598-5100
<https://www.monchd.org/covid-19.html>