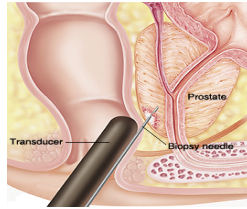


# UNITED HOSPITAL CENTER

## PATIENT EDUCATION

### TRANSRECTAL ULTRASOUND



Your doctor has referred you for a transrectal ultrasound. This examination uses sound waves to produce images of body parts. **Please report to the 4C's building, 1<sup>st</sup> floor, Suite 107.**

Indications for transrectal ultrasound are:

- Clinical staging of a patient with rectal carcinoma
- Evaluation of malignant or benign perirectal tumors
- Evaluation of anal and/or rectal perirectal abscesses
- Evaluation of patients who have had definitive treatment for carcinoma of the rectum where recurrent disease is noted.

There are no dietary restrictions. You may eat and take your medications at your normal times. When you arrive, the nurse will have you to change into a hospital gown removing only your clothing from the waist down. You will be lying on your left side on the bed during the examination.

**PREP:** 2 Fleet Enemas 2 hours prior to your scheduled appointment time. (If you have a long travel time to the hospital, adjust time for enemas accordingly).

**LENGTH:** 20-45 minutes (depending on the extent of testing needed)

**DISCLAIMER:** The content contained in this patient education is presented solely with the intent of providing public service information on health and health-related issues. This information is neither intended nor implied to be a substitute for professional medical advice. Always consult your physician or other qualified health provider prior to utilizing any of the information presented in this patient education. UHC makes no warranty, representation or guaranty as to the content, accuracy, timeliness or completeness of the information presented in this patient education or that the information may be relied upon for any reason.

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