

UNITED HOSPITAL CENTER

PATIENT EDUCATION

ELECTROMYOGRAPHY



Your physician has referred you to the Diagnostic Services Department at United Hospital Center for an Electromyography exam (EMG).

An EMG is used to diagnose diseases of the nerves and muscles.

The nerves are stimulated with small electrical shocks. The muscles are examined by tiny skin pricks done with a small disposable needle in the area being examined. The test is performed by a Neurologist and a trained technologist.

Before the exam, you may eat and take your medications as usual. You need to bath or shower the morning of the exam, but please **avoid** creams or lotions. There is some discomfort during the test, but it should be tolerated well.

When you have symptoms related to your lower back or legs, it would be helpful for you to wear loose fitting clothes, avoiding tight jeans and stockings.

LENGTH: Approximately 30 minutes

DISCLAIMER: The content contained in this patient education is presented solely with the intent of providing public service information on health and health-related issues. This information is neither intended nor implied to be a substitute for professional medical advice. Always consult your physician or other qualified health provider prior to utilizing any of the information presented in this patient education. UHC makes no warranty, representation or guaranty as to the content, accuracy, timeliness or completeness of the information presented in this patient education or that the information may be relied upon for any reason.

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