

# 2016 Program Schedule

## Community Support Groups\*

For more information call Nancy Dye, 681.342.1804.

## Cancer Survivorship Workshop

For all cancer survivors/family and friends. Important topics will be discussed which may include the following: communication, nutrition, spirituality, rehabilitation needs, financial issues, thoughts and feelings, and survivorship panel.

### Annually

For more information, contact Nancy Dye, Oncology Program Coordinator, 681.342.1804.

## Butterfly Kiss

A group for those with breast cancer and their families/friends. For more information, call Peggy Johnson, RN, BSN, Clinical Navigator for Breast Health, 681.342.1810.

## Bereavement Support Group

To register or for more information, call Leigh Ann Ritter, 681.342.3259.

## FreshStart\*

A 4-session program to help individuals stop smoking or using smokeless tobacco. For more information or to register, call American Cancer Society, 1.800.ACS.2345.

## Getting Through the Holidays

A program for those who have lost a loved one in the past year – grief workshop.

### November - December

For more information or to register, call Leigh Ann Ritter, 681.342.3259.

## Learning to Live with Cancer

Your choice of an informational video or DVD. To obtain a copy, call Oncology Program Coordinator, 681.342.1804.

## Skin Cancer Screening

Skin screening available at no cost; pre-registration required.

### Spring

For more information or to register, call 681.342.1804.

## Look Good, Feel Better\*

A program where women with cancer can receive tips on makeup, hair, wigs and turbans. Call 681.342.1804.

## Celebration of Life

Annual cancer survivor program; invitations are sent to those patients treated at UHC. For more information, call Linda Carte, 681.342.1830.

## Men's Health Event

### Spring

For more information Nancy Dye, Oncology Program Coordinator, 681.342.1804.

## Nutrition Information\*

Get answers or suggestions for your questions on nutrition. Call Nancy Dye, Oncology Program Coordinator, 681.342.1804.

## Women's Cancer Screening

Breast exam, pap test, colorectal screening and mammogram at no cost; pre-registration required.

### October

For more information, call Nancy Dye, Oncology Program Coordinator, 681.342.1804.

## Let's Talk About Cancer with Kids

For kids who have a close relative who has been diagnosed with cancer. Tour Infusion Center, Radiation Oncology and inpatient unit as well as discuss feelings and emotions with a therapist. For more information or to register, call Nancy Dye, Oncology Program Coordinator, 681.342.1804.

## Cancer Genetics Testing

Discuss with your physician whether you would benefit from genetic testing. For more information or to register, call Nancy Dye, Oncology Program Coordinator, 681.342.1804.

## Voyager Newsletter

Informative cancer care newsletter. If you would like to be added to the mailing list or for more information, call Nancy Dye, Oncology Program Coordinator, 681.342.1804.

## Clinical Trials

For information on the clinical trials currently open and enrolling, call Nancy Dye, RN, CCRP, Oncology Program Coordinator, 681.342.1804.

## Navigators

For cancer patient information, contact

- Peggy Johnson, RN, BSN, for breast or gynecological cancer, 681.342.1448.
- Amber Biggie, RN, OCN, for lung, colon, melanoma, or any tumor in the abdomen, 681.342.1447.
- Gretchen Hennigan, RN, for urology, hematology, head and neck, and brain, 681.342.1441.
- Unknown primary call any Navigator listed.

*\*Program offered in conjunction with American Cancer Society*

If you have a suggestion for a program or service, call Linda Carte, 681.342.1830.

For information on community education programs or to be placed on a mailing list to receive information call 681.342.1804.

Unless otherwise noted all programs are held on the UHC campus.

*Note:* Program dates and times are subject to change throughout the year. Therefore, it is important to call and register for programs or to call for any information you may need.



For information on any cancer-related topic call the Cancer Information Line.

**1-800-924-2083**

**CANCERLINE**  
At United Hospital Center