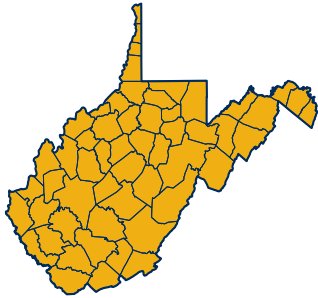


DRUG FREE MOMS & BABIES PROJECT

The Drug Free Moms and Babies (DFMB) Project is a comprehensive and integrative medical and behavioral health program for pregnant and postpartum women. The project supports healthy baby outcomes by providing prevention, early intervention, addiction treatment, and recovery support services.



Substance use problems are among the most common and costly health conditions affecting Americans today. *No state has been as profoundly affected by the epidemic of opioid drug use as West Virginia.*

Substance use in pregnancy (including the use of tobacco, alcohol, prescription, and illicit drugs) has long been identified by West Virginia healthcare professionals as a major factor contributing to poor health outcomes for mothers and babies.

- Preterm delivery
- Low birthweight
- Placental abruption
- Birth defects
- Sudden Infant Death Syndrome (SIDS)
- Childhood respiratory illnesses



CENTER FOR WOMEN'S HEALTH
operated by St. Joseph's Hospital

In partnership with



ST. JOSEPH'S HOSPITAL
BABY ON BOARD
Substance Use &
Pregnancy Care Program



304.460.7905
(Baby on Board Office)

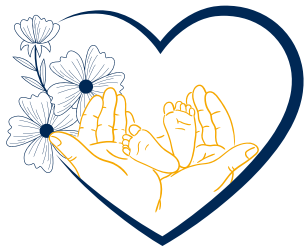
740.582.0029
(Call/Text)

100 West Main Street • Building D
Buckhannon • 304.473.2300 • stj.net

Your Success and Healthy Birth is Our Main Focus.

SERVICES OFFERED

- **Nurse Coordinator** to assist with any needs during pregnancy.
- ***Peer Recovery Coach** to help customize recovery plans and pathways and provide support by building on individual's strengths, needs, and recovery goals.
- Our staff will meet with you at **routine prenatal visits** and be available throughout your pregnancy and postpartum period.
- Coordination with **local, state, and virtual resources** to address immediate issues involving social, emotional, health, housing, or other problems.
- Support with personal journey involving **MAT, Tobacco Cessation**, and **psychosocial needs**.



*LONG-TERM FOLLOW-UP: PEER RECOVERY COACHING

Peer recovery support is a treatment approach for individuals with mental health and substance use disorders that:

- promotes health and resilience.
- coordinates social supports in the community.
- improves access to supports in all areas of life.
- reduces barriers to employment and education.
- aims to help individuals lead fulfilling lives.

Peer Recovery Coaches are individuals with lived experience with substance abuse who help:

- remove personal and environmental obstacles to recovery.
- link the newly recovering person to the recovery community.
- serve as navigators and mentors in the management of personal and family recovery.

Peer Recovery Coaching is an intervention designed to address the uniqueness of each individual through their addiction recovery.

OUR STAFF



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Substance Use Care Coordinator

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Recovery Coach Professional (RCP)

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Center for Women's Health Provider

