



Week 3							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Omelets & eggs made to order	Omelets & eggs Waffles	Omelets & eggs French toast	Omelets & eggs Scones	Omelets & eggs Pancakes	Omelets & eggs Cinnamon rolls	Omelets & eggs made to order
Lunch	Salisbury Steak Mashed Potatoes and Gravy Baby Carrots	Taco Salad Mahi Mahi Seasoned Corn	Swedish Meatballs over Egg Noodles Turkey Broccoli Divan Mashed potatoes Scandinavian Blend Vegetable	Chicken Fajitas Roasted Pork Loin Zucchini & Squash	Pot Roast w/veg Baked Ziti Mashed potatoes and Gravy Sautéed spinach	Vegetable Lasagna Popcorn Shrimp Onions Rings Macaroni & Cheese Steamed Peas	Spaghetti & Meatballs Garlic Breadsticks Mixed vegetables
Grill		Buffalo Chicken Flatbread Sandwich	Chicken Caesar Wraps	Beef & Cheddar on Focaccia	Pigs in a Blanket	Appetizers	
Soup	Soup du jour	Vegetarian Chili	Bean Soup with Cornbread	Cream of Potato Soup	Minestrone	Smoky Tomato Red Pepper Bisque	Soup du jour

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have a medical condition.

