
Name

Adolescent Medical History: Parent/Guardian Form

PLEASE COMPLETE BOTH (2) PAGES

DO YOU HAVE ANY CONCERNS ABOUT YOUR ADOLESCENT'S HEALTH OR BODY? _____

PLEASE LIST ALL MEDICATIONS, VITAMINS, HERBS AND SUPPLEMENTS HE/SHE IS TAKING:

Name	Dose (for example, mg/pill)	How many times per day	When started
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ALLERGIES/REACTIONS TO MEDICINES or VACCINATIONS: _____

PREVENTIVE CARE: When were his/her most recent:

Hepatitis A shot _____	Hepatitis B shot _____	Influenza (flu shot) _____	Measles shot _____
Pneumovax shot _____	Rubella shot _____	Tetanus (Td) shot _____	
Varicella (chicken pox) shot or illness _____	PPD (Tuberculosis skin test) _____	Dental Exam _____	

PERSONAL MEDICAL HISTORY: Please list any major medical problems and their dates.

Hospitalizations/Operations (with dates): _____

Broken bones or severe injuries (with dates): _____

INJURY PREVENTION:

Does your home have smoke detectors?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Is there a gun in your home?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If so, is it kept unloaded and locked out of reach?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do anyone in the home smoke cigarettes or use other tobacco products?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

In the past year, have there been any changes in your family? (Check all that apply)

<input type="checkbox"/> Marriage	<input type="checkbox"/> Loss of job	<input type="checkbox"/> Birth
<input type="checkbox"/> Separation	<input type="checkbox"/> Move to new neighborhood	<input type="checkbox"/> Serious illness
<input type="checkbox"/> Divorce	<input type="checkbox"/> Change to new school	<input type="checkbox"/> Death
		<input type="checkbox"/> Other changes/stresses

over →

FAMILY HISTORY:

Please indicate the current status of your immediate family members:

Please indicate family members (parent, sibling, grandparent, aunt or uncle) with any of the following conditions:

Alcoholism _____ High Cholesterol _____
Cancer, specify type _____ High Blood Pressure _____
Heart Attack _____ Stroke _____
Depression/Suicide _____ Other _____
Diabetes _____ Other _____

CONCERNS: Please review this list and check if you have a concern about your adolescent:

- | | |
|---|---|
| <input type="checkbox"/> Physical development | <input type="checkbox"/> Emotional development |
| <input type="checkbox"/> Weight | <input type="checkbox"/> Sleep patterns |
| <input type="checkbox"/> Diet/nutrition | <input type="checkbox"/> Amount of physical activity |
| <input type="checkbox"/> Relationships with parents and family | <input type="checkbox"/> Choice of friends |
| <input type="checkbox"/> Self image or self worth | <input type="checkbox"/> Excessive moodiness or rebellion |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Lying, stealing or vandalism |
| <input type="checkbox"/> Violence / gang activity / guns / weapons | <input type="checkbox"/> School grades / absences |
| <input type="checkbox"/> Smoking or chewing tobacco | <input type="checkbox"/> Drug use |
| <input type="checkbox"/> Alcohol use | <input type="checkbox"/> Sexual behavior |
| <input type="checkbox"/> Sexual orientation (heterosexual, gay or bisexual) | <input type="checkbox"/> Pregnancy risk |
| <input type="checkbox"/> Sexually transmitted diseases (STDs) | |

What seems to be the greatest challenge for your adolescent? _____

What about your adolescent makes you proud? _____

Is there anything you would like to discuss today privately? _____