

WEEK OF MONDAY SEPTEMBER 7

MONDAY

DAILY SPECIAL Meatloaf
 Roasted Cod Cakes 
 Mashed Potatoes 
 Baby Spinach 

TUESDAY

DAILY SPECIAL Asian Flank Steak
 Shrimp Creole Saute With Rice
 Steamed White Rice 
 Fresh Brussels Sprouts
 Asian Vegetable Blend 

WEDNESDAY

DAILY SPECIAL Oven Roasted Turkey Breast
 Chicken Kiev
 Mashed Potatoes 
 Steamed Fresh Green Beans 
 Steamed Broccoli Medley 

THURSDAY

DAILY SPECIAL Spaghetti With Meat Sauce
 Asian Citrus Glazed Salmon Patty 
 Baby Carrot 
 Braised Kale 

FRIDAY

DAILY SPECIAL Chicken Salad
 Tuna Salad
 Sliced Deli Turkey Breast
 Real Potato Salad 
 Macaroni Salad


SOUPS

Mon
 Chicken Vegetable Soup With Orzo 

Thu
 Thai Chicken & Rice Soup (mindful) 

Tue
 Cream Of Fresh Broccoli Soup  

Fri
 Chicken Noodle Soup (ls)

Wed
 Beef & Barley Soup 

THIS WEEK'S EVENTS

Saturday and Sunday are cook's choice , Menus subject to change

CAFE HOURS

Breakfast 6:30am-8:30am

Lunch 11:00am-1:30pm

Dinner 5:00pm-6:30pm

MANAGERS

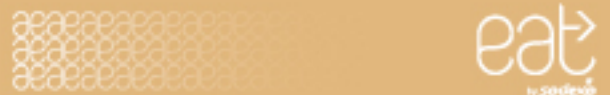
Charles Kerr Ops Manager

304-728-1607

 Vegan

 Vegetarian

 Wellness



***NOTE:** Before placing your order, please inform your server if you have a food allergy