

SOUPS

WEEK OF MONDAY AUGUST 3


MONDAY

DAILY SPECIAL Meatloaf
Roasted Cod Cakes 
Mashed Potatoes 
Baby Spinach 

TUESDAY

DAILY SPECIAL Asian Flank Steak
Shrimp Creole Saute With
Rice
Steamed White Rice  
Fresh Brussels Sprouts


WEDNESDAY

DAILY SPECIAL Oven Roasted Turkey
Breast
Chicken Kiev
Mashed Potatoes 
Steamed Fresh Green
Beans  

THURSDAY

DAILY SPECIAL Spaghetti With Meat Sauce
Asian Citrus Glazed
Salmon Patty 
Baby Carrot 
Braised Kale 

FRIDAY

DAILY SPECIAL Chicken Salad
Real Potato Salad 
Macaroni Salad
Sliced Deli Turkey Breast

THIS WEEK'S EVENTS

Saturday and Sunday are
cook's choice , Menus subject
to change

CAFE HOURS

Breakfast 6:30am-8:30am

Lunch 11:00am-1:30pm

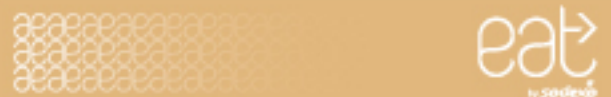
Dinner 5:00pm-6:30pm

MANAGERS

Charles Kerr Ops Manager

304-728-1607

 Vegan  Vegetarian  Wellness



***NOTE:** Before placing your order, please inform your
server if you have a food allergy