

BUILD A HEALTHY YOU! KIDS FAIR

*****ATTENTION*****
*Attend the Kids Fair wearing
your favorite construction
gear and work wear!*

**MORGANTOWN MALL
SATURDAY, APRIL 7**

10 AM — 3 PM

BLUEPRINT FOR GOOD HEALTH

Free health and safety
assessments

- BLOOD PRESSURE
- BIKE HELMET FITTINGS (AND
GIVEAWAYS)
- BMI (BODY MASS INDEX)

- CHILD SEAT SAFETY
- DEVELOPMENTAL
- FLEXIBILITY AND STRENGTH
- GLUCOSE
- HEARING
- LUNG FUNCTION
- SLEEP APNEA
- VISION (FOR KIDS AGES 3 TO 5)

TONS OF FUN

- AMBULANCE TOURS
- ARTS AND CRAFTS
- BOUNCE HOUSE
- ENTERTAINMENT
- KIDDIE CARNIVAL

- LEARN ABOUT TREES AND INSECTS
- LEARN TO BRUSH AND FLOSS
- LISTEN TO YOUR HEART
- PUPPET SHOWS
- RAFFLES
- TEDDY BEAR CLINIC

GROUNDBREAKING ACTIVITIES

- "BUILD A SAFE FOUNDATION"
BIKE AND STREET SIGN SAFETY
- "BUILD A HEALTHY YOU"
PHOTO BOOTH
- "BUILDING BETTER READERS"
GAME AND BOOK GIVEAWAY

- "MEGA BLOCK" HOUSE
CONSTRUCTION
- "CONSTRUCTION BEAM"
BALANCE CHALLENGE
- "CONSTRUCTION ZONE"
BRAIN-BUILDING GAMES
- "HEALTHY BODIES UNDER
CONSTRUCTION" WHEEL OF
ACTIVITIES

MEET THE CREW

- ALLIANCE OF THERAPY DOGS
- COOPER — WV BLACK BEARS
MASCOT
- MONTI — MOUNTAINEER BEAR

- MUSKET — WVU MOUNTAINEER'S
"LITTLE FURRY FRIEND"
- SMOKEY BEAR
- WOOSY OWL

BUILD A HEALTHY YOU!

KIDS FAIR



LOOK FOR OUR HEALTH AND WELLNESS ARCHITECTS

WVU Medicine health professionals

- CHEAT LAKE PHYSICIANS
- COMMUNITY PRACTICE
- CYSTIC FIBROSIS CENTER
- NEUROLOGY LABS
- OTOLARYNGOLOGY (EAR/NOSE/THROAT)
- PEDIATRIC AND ADOLESCENT PRACTICE
- PEDIATRIC DENTISTRY
- PEDIATRIC DERMATOLOGY
- PEDIATRIC ENDOCRINOLOGY
- PEDIATRIC ORTHOPAEDICS
- PEDIATRIC SPECIALTIES
- PEDIATRIC SURGERY
- RESPIRATORY CARE AND PULMONARY SERVICES
- SLEEP EVALUATION CENTER
- SLEETH FAMILY MEDICINE CENTER
- UROLOGY

ATTENTION

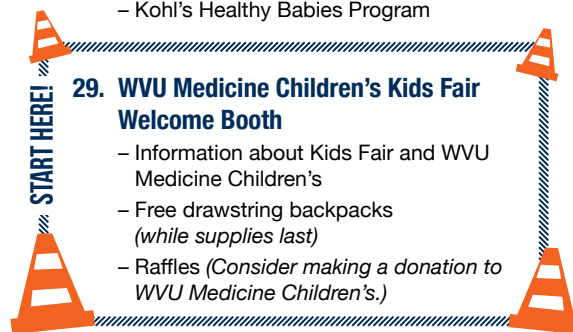
WVU Medicine Children's Hospital will hold its 20th annual Kids Fair on Saturday, April 7, from 10 am to 3 pm at the Morgantown Mall.

The event will focus on helping kids get on track now to make healthy choices for a lifetime of good health.

This year's fair is themed "Build a Healthy You." Many of the fair's 56 exhibitors, in a kid-friendly way, will teach children daily health habits. Puppets will demonstrate how to properly brush and floss. Kids will learn how to make smart, nutritious food choices. And they'll be encouraged to get moving and stay active.

Kids will learn about the dangers of tobacco use, as well as how to be good stewards of the environment and their community. And many exhibitors will showcase safety practices.

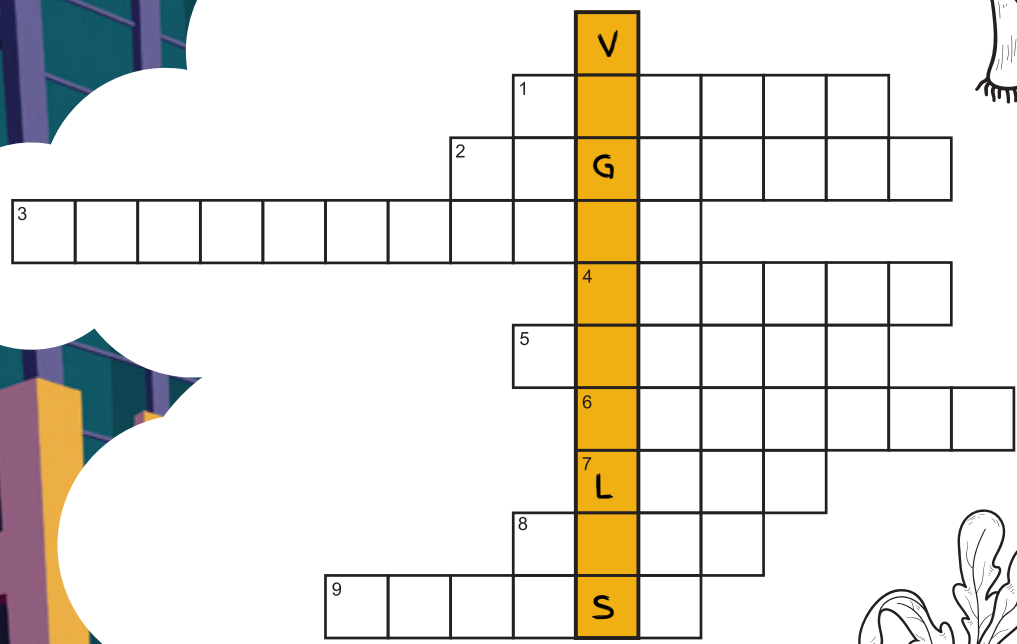
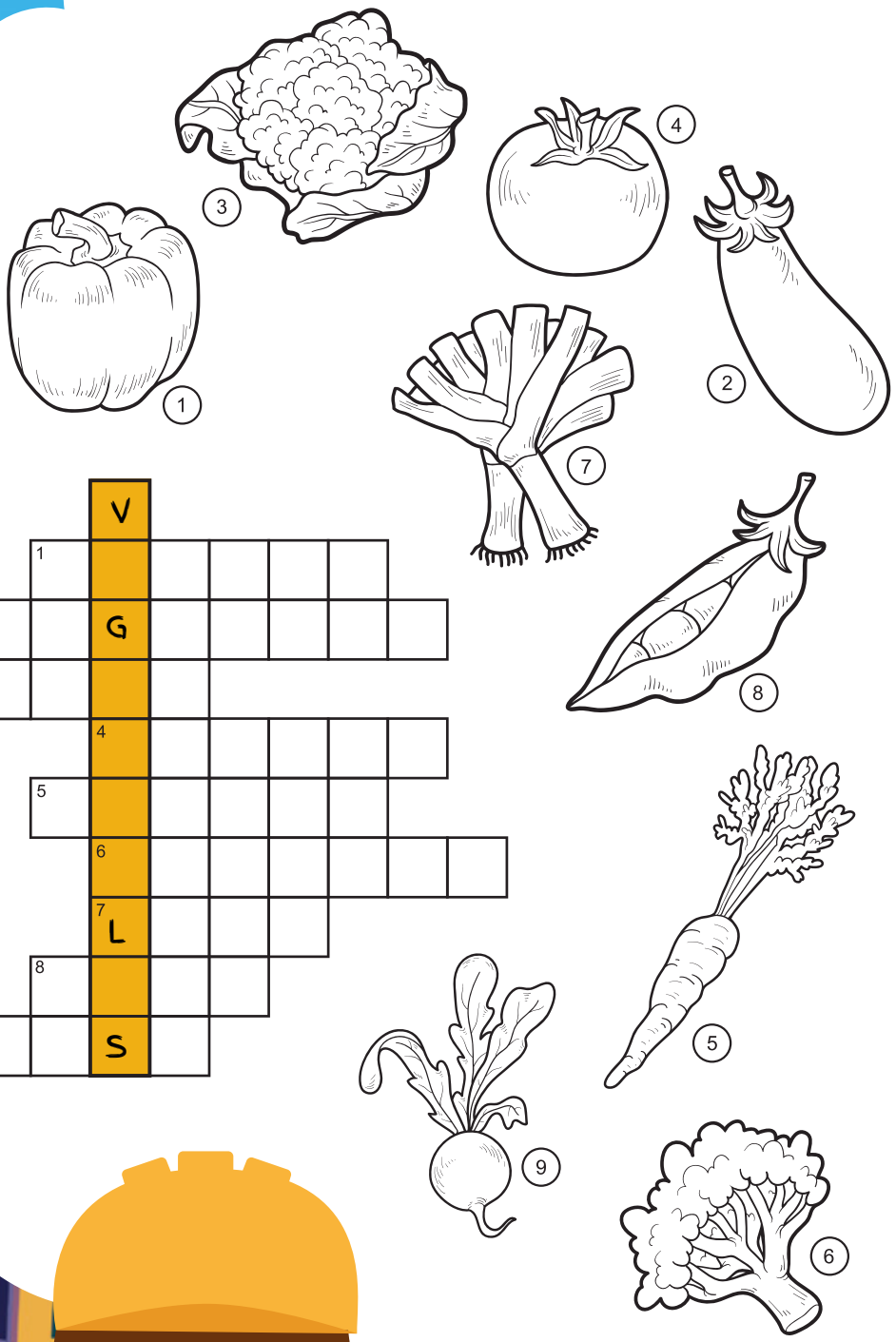
01. **BOPARC**
 - Art cart
 - Bounce house
02. **WVU Center for Excellence in Disabilities Traumatic Brain Injury Services**
 - Learn about helmet safety, sports concussions, and safe sleep
03. **Ronald McDonald House Charities**
 - Construct a “Mega Block” house
04. **WVU Medicine Community Practice Clinics**
05. **West Virginia Poison Center**
 - Learn about poison prevention and safety
06. **Monongalia County Starting Points Family Resource Center**
 - Vision screenings for kids ages 3 to 5
07. **WVU Medicine Health Information Management**
 - Learn about MyWVUChart.com
08. **HealthSouth MountainView Regional Rehabilitation Hospital**
 - “Construction Beam” balance challenge
09. **Valley Healthcare System**
 - Learn about mental health
10. **Center for Organ Recovery and Education (CORE)**
11. **US Forest Service State and Private Forestry**
 - Learn about trees and insects
 - Meet Woodsy Owl
12. **West Virginia Division of Forestry**
 - Learn about wildfire prevention
 - Meet Smokey Bear
13. **WVU Medicine Cheat Lake Physicians**
 - “Operation” game
14. **The Wellness Center at WVU Medicine**
 - Flexibility and strength tests
 - Listen to your heart with a stethoscope
15. **WVU Medicine Pediatric Orthopaedics**
 - Learn about healthy bones with the skeleton puzzle
16. **United Way Family Resource Network**
 - “Brain Under Construction Zone”
17. **Monongalia County Partnerships for Success**
 - Learn about alcohol, tobacco, and drug prevention
18. **WVU Medicine Pediatric Endocrinology**
19. **Monongalia County Health Department – WIC Program**
20. **WVU School of Nursing**
21. **WVU Medicine Spiritual Care and Education**
 - “How I Show My Strong Heart”
Explore the benefits of caring for people
22. **UniCare Health Plan of West Virginia**



23. **WVU Medicine Neurology Labs**
 - Brain-building games
24. **WVU Medicine Department of Pharmacy**
 - Learn about medication safety
25. **West Virginia Birth To Three**
 - Brick-stacking game
 - Learn about “Building a Better Foundation”
26. **Alliance of Therapy Dogs**
27. **WVU Student Family Resources**
 - Learn how WVU supports students who are parents
 - “Healthy Bodies Under Construction” wheel-of-activities game
28. **WVU Medicine Children's Wellness Clinic and Child Life**
 - BMI screenings
 - Car-seat and summer safety
 - Glucose testing
 - Kohl's Healthy Babies Program
29. **WVU Medicine Children's Kids Fair Welcome Booth**
 - Information about Kids Fair and WVU Medicine Children's
 - Free drawstring backpacks (*while supplies last*)
 - Raffles (*Consider making a donation to WVU Medicine Children's.*)
30. **Monongalia County Sheriff's Department**
 - Child-seat safety inspections (outside)
31. **WVU Medicine Pediatric Dermatology**
 - Learn about protecting your skin from the sun
 - Meet pediatric dermatologist Zachary Zinn, MD (noon-2 pm)
32. **WVU Medicine Pediatric and Adolescent Practice**
 - Book giveaways
 - “Building Better Readers” game
 - Story time at the top of every hour
33. **Jon Michael Moore Trauma Center at WVU Medicine**
 - “Build a Safe Foundation”
Learn about bike and street-sign safety
 - Helmet fittings
34. **Colombo Law Helmet Truck**
 - Bike helmet giveaways
35. **“Build a Healthy You” Photo Booth**
36. **Monongalia County Early Head Start and Head Start**
 - “Healthy Plate, Healthy You” game
37. **WVU Medicine Respiratory Care and Pulmonary Services**
 - Look at real pig lungs
 - Test your lung function
38. **WVU Medicine Children's Transport Team and HealthTeam Ambulance**
 - Ambulance tours
39. **WVU Medicine Pediatric Specialties**
 - Blood pressure screenings

40. **WVU Medicine Children's Kiddie Carnival**
 - Games and prizes
41. **The Health Plan**
42. **WVU Medicine Sleeth Family Medicine Center**
 - Learn about healthy eating
43. **WVU Mountain State Cystic Fibrosis Center**
44. **WVU Medicine Otolaryngology**
 - Hearing screenings
 - Learn about ear, nose, and throat health
45. **WVU Medicine Friends Gift Shop, Rosenbaum Family House, and Volunteer Services**
 - “Cover Your Cough” *crafts*
 - “Germ Toss” game
 - Meet Monti Bear
46. **WVU School of Occupational Therapy – Student Occupational Therapy Association**
 - Activate the seven senses with a hands-on experience
 - Fine motor, gross motor, and visual motor developmental screenings
47. **WVU Medicine Urology**
 - “Germs Be Gone”
Learn about reducing contact with germs
48. **WVU Medicine Pediatric Surgery**
 - Operation games
 - “Be a Surgeon”
Try on lab coats and stethoscopes
49. **West Virginia Black Bears Baseball**
 - Meet Cooper, the Black Bears mascot
50. **Entertainment Stage**
51. **WVU Pediatric Dentistry**
 - Learn to brush and floss
 - Play a food pyramid game
52. **CASA for Kids**
53. **WVU Medicine Chestnut Ridge Center**
 - Learn about mental health
54. **Aetna Better Health of West Virginia**
 - Video game dance party
55. **WVU Medicine Sleep Evaluation Center**
 - Sleep apnea screenings
56. **WVU School of Pharmacy**
 - Become a certified “Teddy Bear Clinic Immunizer”
 - Health-themed puppet show
 - Learn about poison prevention and over-the-counter medication

CAN YOU HELP OUR
CREW FIND SOME
HEALTHY SNACKS?



Urgent Care | Walk-In

Morgantown

390 Birch Street
Monday-Friday: 7:45 am-8 pm
Saturday: 9:45 am-4 pm
Sunday: Closed

301 Suncrest Towne
 Centre Drive
Every day: 7:45 am-8 pm
Closed: Thanksgiving Day
 and Christmas Day

Fairmont

100 Stoney Hill Road
Every day: 7:45 am-8 pm

Dental Clinics (Morgantown)

WVU Pediatric
 Dentistry Clinic
 Health Sciences Center
 1 Medical Center Drive
304-293-6208

WVU Dental
 451 Suncrest Towne
 Centre Drive
304-293-5831

Primary Care | Call 855-WVU-CARE

Morgantown

- 608 Cheat Road
- 2601 Cranberry Square
- 1 Medical Center Drive
- 250 Retail Circle
- 6040 University Town
Centre Drive

Fairmont

- 1912 Locust Avenue
- 100 Stoney Hill Road

Reedsville

- 14 Comfort Drive

Waynesburg, PA

- 1135 8th Street