

## **ISOLATED SPLEEN INJURY GUIDELINES**

### **ADULT GRADE I AND II**

	Admission Day <b>PTD0</b>	24 Hours <b>PTD1</b>	48 Hours <b>PTD2</b>
Level of Care	Step Down	Floor	Prepare for discharge
Laboratory	H&H q 8 hours X 24 hours Type and screen	H&H daily	Ensure stable H&H
Nursing Orders	VS q 2 hours I&O q 2 hours MIVF	VS q shift I&O q shift D/C MIVF	Ensure VS stable I&O adequate
Treatments and Procedures	IS	IS	IS
DVT Prophylaxis	SCD	SCD Lovenox	SCD Lovenox
Nutrition	Clears	Regular	Regular
Activity	OOB → Chair	Ambulate if HGB stable	Ambulate
Discharge Planning			2 weeks follow up in clinic with HGB
Social	Information packet given		Return to work depending on job requirements

## **ISOLATED SPLEEN INJURY GUIDELINES**

### **ADULT GRADE III**

	Admission Day PTD 0	24 hours PTD 1	48 Hours PTD 2
Level of Care	SDU	Step down (if HGB stable)	Step down / Floor (if HGB stable)
Laboratory	H&H q 6 hours Type and cross	H&H q12	H&H q AM
Nursing Orders	VS q 2 h I&O q 2 hour MIVF	VS q 4 I&O q 4 MIVF	VS q shift I&O q shift MIVF
Treatments/Procedures	IS Vaccine on admission	IS SCD	Repeat CT Scan IS SCD
Medications	Morphine 2 q 2 hours PRN Senokot bid Pepcid	Percocet 1 or 2 q 4 hours PRN Morphine 2 mg IV q 2 hours PRN Consider Lovenox > 24 hour and stable Hgb Senokot bid D/C Pepcid	Percocet 1 or 2 q 4 hours PRN Senokot bid Lovenox 30 mg bid
Nutrition	NPO Hard candy/gum	Clear liquid-> progress as tolerated	Diet as tolerate -> regular
Repeat CT Scan			CT abdomen/pelvis with IV contrast at 48 hours
Activity	OOB to chair	Ambulate	Ambulate
Discharge Planning		Intent to Discharge Order	D/C to home if AM Hemoglobin stable 2 week follow-up in clinic with CBC 6 week follow-up in clinic for return to work
Social	Information packet given		

## **ADULT GRADE IV & V** **ISOLATED SPLEEN INJURY GUIDELINES**

	Admission day PTD 0	24 Hours PTD 1	48 Hours PTD 2	72 Hours PTD 3
Level of Care	SICU	Step-Down (if HGB stable)	Floor	Floor
Laboratory	H&H q 4 h Type /Cross (4 u PRBC) ABG q 4 until acidosis corrected with lactate	H&H q 8	H&H q12 Or q AM	H&H q AM
Nursing Orders	VS q 1 h I&O q 1 h MIVF	VS q 2-4 h I&O q 1h D/C MIVF	VS q 4 h I&O q 4 h	VS q shift I&O q shift
Treatments and Procedures	Arterial line IS	IS D/C Arterial Line	IS Reimage if not embolized (consider renal function)	IS
DVT Prophylaxis	SCD	SCD Consider Lovenox if Hgb stable	SCD Lovenox—weight based	SCD Lovenox
Vaccines	Vaccines on admission			
Nutrition	NPO	Clears	->Regular	Regular
Activity	Bedrest	OOB to chair	Ambulate	Ambulate
Discharge Planning			Intent to Discharge Order	D/C home if AM Hemoglobin is OK 2 week follow-up in clinic with CBC 6 week follow-up in clinic for return to work
Social	Information packet given			vaccines POD # 5 if splenectomy