

## **ISOLATED LIVER INJURY GUIDELINES**

### **ADULT GRADE I & II**

	Admission Day <b>PTD0</b>	PTD 1	PTD 2
Level of Care	Step Down	Floor	Prepare for discharge
Laboratory	H&H q 8 hours X 24 hours Type and screen	H&H daily	Ensure stable H&H
Nursing Orders	VS q 2 hours I&O q 2 hours MIVF	VS q shift I&O q shift D/C MIVF	Ensure VS stable I&O adequate
Treatments and Procedures	IS SCD	IS SCD	IS SCD
Medications	Pain Control Senokot bid	Senokot bid Lovenox	Assess amount of pain control needed Has a BM occurred
Nutrition	Clear liquid-> progress as tolerated	Regular and tolerating	Regular and tolerating
Activity	Ambulate if HGB stable	Ambulate if HGB stable	Ambulate without difficulty
Discharge Planning			2 weeks follow up in clinic 6 weeks follow up in clinic (release to full activity if stable)
Social	Information packet given		

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### **ADULT GRADE III**

	Admission Day <b>PTD0</b>	PTD 1	PTD 2
Level of Care	SDU	Step-down (if HGB stable)	Floor (if HGB stable)
Laboratory	H&H q 6 hours	H&H q 12 hours	H&H q AM Bilirubin
Nursing Orders	VS q 2 h I&O q 2 hour MIVF	VS q 4 I&O q 4 MIVF	VS q shift I&O q shift D/C MIVF
Treatments and Procedures	IS SCD	IS SCD	IS SCD
Medications	Pain Control Morphine 2 mg IV q 2 PRN Senokit bid	Senokot bid  Lovenox	Percocet 1 or 2 q 4 hours PRn Senokot bid Lovenox
Nutrition	Clear Liquids	Diet as tolerate - > regular	Regular
Activity	OOB to Chair	Ambulate	Ambulate
Discharge Planning		Intent to Discharge Order	D/C Home if AM Hemoglobin OK 2 week follow-up in clinic with CBC 6 week follow-up in clinic for return to work
Social	Information packet given		

## **ISOLATED LIVER INJURY GUIDELINES**

### **ADULT GRADE IV & V**

	Admission Day	PTD 1	PTD 2	PTD 3
Level of Care	SICU	SICU	Step-Down (if HGB stable)	Step-Down/Floor (if HGB stable)
Laboratory	H&H q 4 h Type/Cross (4 u PRBC) ABG with lactate q 4 (until acidosis corrected)	H&H q 8 h	H&H q 12 h Or q AM	H&G q AM
Nursing Orders	VS q 1 h I&O q 1 h MIVF Foley	VS q 1 h I&O q 1 h Decrease MIVF D/C Foley	VS q 4 h I&O q 4 h D/C MIVF	VS q shift I&O q shift
Treatments/Procedures	Arterial line IS SCD	IS SCD	D/C Arterial line IS SCD	IS SCD
Medications	Senokot bid Pepcid	Pain Control Senokot bid D/C Pepcid	Percocet 1 or 2 q 4 h PRN Morphine 2 mg IV q 2 h Senokot bid Colace bid Lovenox D/C Pepcid	Percocet 1 or 2 q 4 h PRN Senokot bid Colace bid Lovenox
Nutrition	NPO	Clear liquids	Regular	Regular
Activity	Bedrest	OOB to Chair	Ambulate	Ambulate
Discharge Planning				Intent to Discharge Order D/C Home if Hemoglobin stable 2 week follow-up in clinic with CBC 6 week follow-up in clinic for return to work