

## **ECMO Considerations**

ECMO can be considered in trauma patients for full or partial support of potentially reversible post-traumatic cardiopulmonary failure

- ECMO mode based on patient disease process
  - o VV ECMO for respiratory failure, ARDS or severe hypoxia
  - o VA ECMO for refractory cardiac dysfunction/cardiogenic shock

### **Indications**

- Severe chest trauma
- ARDS
- Respiratory failure
- Massive pulmonary emboli
- Cardiogenic shock

### **Contraindications**

- Irreversible injury
- Patients with TBI can still be considered for ECMO and are no longer an automatic exclusion

### **Timing**

- Early initiation (<7 days of mechanical ventilation) with more favorable outcomes
- Failed management with conventional methods (prone position paralytics, advanced ventilatory strategies)

### **Initiation and Management**

- ECMO surgeon is notified via paging system if patient meets above criteria
  - o ECMO surgeon/team will evaluate and make determination if patient is candidate for ECMO therapy
- All adult trauma patients on ECMO will transition to the CVICU under the ECMO team for ECMO and critical care management
  - o The trauma team will continue to follow **daily** and provide guidance based on traumatic injuries
- Any surgical interventions on ECMO will be performed in the CVICU by the trauma surgeon or another consulting service
- Once decannulated, the patient will transition back to the SICU or other appropriate level of care under the trauma service

### **References:**

Zonies D, Codner P, Park P for the American Association of the Surgery of Trauma Critical Care Committee, *et al*  
AAST Critical Care Committee clinical consensus: ECMO, nutrition Extracorporeal membrane oxygenation (ECMO)Nutrition  
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