

## Pediatric Trauma Mental Health Screening Guideline

*Acute stress disorder and PTSD are prevalent and increasing among trauma patients. These conditions can significantly impact the patient's quality of life. Validated screening instruments are available for hospitalized pediatric trauma patients as well as in the outpatient clinic follow up setting to provide early identification, referral, and intervention.*

### Inpatient Screening

- All pediatric trauma patients age 6-16 with anticipated admission >48 hrs, admitted to the pediatric surgery service will receive an inpatient mental health screening
- Patients age 6-16 with anticipated admission >48 hrs, admitted to non-trauma services, i.e. Neurosurgery, Orthopedics, Medicine, etc. will have recommendations for inpatient mental health screening noted in the trauma tertiary note as indicated
- Therapist designated by WVU Medicine RNI will review Pediatric Surgery list for trauma patients admitted >24 hrs
- Inpatient screening tool will be utilized by Therapist, screening will be completed within 48 hr of admission
- Screening may be delayed if following conditions are present:
  - Cognition and/or behavior of patient is such that screening cannot be performed
  - Medical status is deemed sufficiently unstable by bedside RN or Trauma Service for patient screening to be performed
  - Barriers to screening will be documented in therapist note
- Consult to Inpatient Behavioral Medicine will be placed on pediatric patients with positive screening

### Trauma Clinic Screening

- All pediatric trauma patients age 6-16 will receive a mental health screening at Trauma Clinic visit
- Pediatric patients with positive mental health screenings will have referral placed to Behavioral Medicine by Pediatric Surgery APP
- Refusal of Behavioral Medicine referral due to existing relationship with therapist will be reflected in documentation