

**THORACOLUMBAR SACRAL ORTHOSIS DEVICE (TLSO) DEVICE/BRACE**  
**ORDER SET**

**Activity**

The brace should be applied when the patient HOB is:

- Y 30 degrees or greater
- Y 45 degrees or greater
- Y Only when the patient is OOB

The patient should be logroll precautions and in Reverse-Trendelenburg position when the brace is removed during hours of rest and when the head of the bed is:

- Y Less than 30 degrees
- Y Less than 45 degrees

**Brace Care**

The patient should wear a T-shirt or appropriately fitted cotton material between the brace and skin at all times.

The brace should be cleansed with warm soapy water and a washcloth every 24 hours and PRN when visibly soiled. The brace should be towel dried or air-dried.

Rubbing alcohol can be used to disinfect the brace and is recommended at a minimum of once weekly.

**Skin Care**

The patient skin needs to be assessed for painful or red areas at a minimum of every 8 hours and with application and removal of the brace.

If areas of pain or redness are noted, the brace needs to be readjusted and observe the skin within 1-2 hours. If the pain and redness does not go away after the repositioning, the brace needs to be formally readjusted by the orthodic company for fitting issues at Morgantown Orthodics and Prosthetics 304-598-0528.

Do NOT use lotions, powders, under wire bras, sweaters, blue jeans and thick belts under the brace.

Do NOT put towels, washcloths or additional padding between the brace.