ISOLATED SPLEEN INJURY GUIDELINES
ADULT GRADE I AND II

	Admission Day **PTD0**	24 Hours **PTD1**	48 Hours **PTD2**
Level of Care	Step Down	Floor	Prepare for discharge
Laboratory	H&H q 8 hours X 24 hours Type and screen	H&H daily	Ensure stable H&H
Nursing Orders	VS q 2 hours I&O q 2 hours MIVF	VS q shift I&O q shift D/C MIVF	Ensure VS stable I&O adequate
Treatments and Procedures	IS	IS	IS
DVT Prophylaxis	SCD	SCD Lovenox	SCD Lovenox
Nutrition	Clears	Regular	Regular
Activity	OOB → Chair	Ambulate if HGB stable	Ambulate
Discharge Planning			2 weeks follow up in clinic with HGB
Social	Information packet given		Return to work depending on job requirements

~~Updated 11/11/15~~
~~Reviewed 1/18/17~~
~~Revised 2/20/2019~~
Revised 1/28/2021