

ISOLATED SPLEEN INJURY GUIDELIES

ADULT GRADE IV & V

	Admission day	24 hrs	48 hrs	72 hrs
Level of Care	SICU	Step-Down (if HGB stable)	Floor	Floor
Laboratory	H&H q 4 h Type /Cross (4 u PRBC) ABG with lactate q4 until acidosis corrected	H&H q 8	H&H q12 Or q AM	H&H q AM
Nursing Orders	VS q 1 h I&O q 1 h MIVF VACCINES	VS q 2-4 h I&O q 1h D/C MIVF	VS q 4 h I&O q 4 h	VS q shift I&O q shift
Treatments and Procedures	Arterial line IS <u>LAPAROTOMY IF:</u> Hypotension Need for transfusion <u>EMBOLIZE IF:</u> Contrast Blush or Pseudoaneurysm	IS D/C Arterial Line	IS Reimage at 48 hrs (consider renal function)	IS
DVT Prophylaxis	SCD	SCD Consider Lovenox @ 24 hours and stable Hgb	SCD Lovenox – weight based	SCD Lovenox
Vaccines	Vaccines on admission			
Nutrition	NPO	Clears	->Regular	Regular
Activity	Bedrest	OOB to chair	Ambulate	Ambulate
Discharge Planning			Intent to Discharge Order	D/C home Hemoglobin is OK 2 week follow-up in clinic with CBC 6 week follow-up in clinic for return to work
Social	Information packet given			vaccines POD # 5 if splenectomy

Revised 1/15/18