

## ISOLATED SPLEEN INJURY GUIDELINES ADULT GRADE III

	Admission Day	PTD 1	PTD 2
Level of Care	SDU	Step down (if HGB stable)	Step down / Floor (if HGB stable)
Laboratory	H&H q 6 hours Type and cross	H&H q12	H&H q AM
Nursing Orders	VS q 2 h I&O q 2 hour MIVF	VS q 4 I&O q 4 MIVF	VS q shift I&O q shift MIVF
Treatments/Procedures	IS Vaccine on admission	IS SCD	IS SCD
Medications	PCA Morphine 2 q 2 hours PRN Senokot bid Colace bid Pepcid	Percocet 1or 2 q 4 hours PRN Morphine 2 mg IV q 2 hours PRN Consider Lovenox > 24 hour and stable Hgb Senokot bid Colace bid D/C Pepcid	Percocet 1or 2 q 4 hours PRN Senokot bid Colace bid Lovenox 30 mg bid
Nutrition	NPO Hard candy/gum	Clear liquid-> progress as tolerated	Diet as tolerate -> regular
Activity	OOB to chair	Ambulate	Ambulate
Discharge Planning		Intent to Discharge Order	D/C to home if AM Hemoglobin stable 2 week follow-up in clinic with CBC 6 week follow-up in clinic for return to work
Social	Information packet given		

Revised 4/15  
Updated 11/11/15  
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Revised 10/5/18