

West Virginia University Hospital-----Nutrition Formulary

Product	Cal/mL	PRO (g/L) (%)	CHO (g/L) (%)	FAT (g/L) (%)	Water (mL/L)	Osmolality (mOsm/kg H ₂ O)	Sodium (mg/L) (mEq/L)	Potassium (mg/L) (mEq/L)	Calcium (mg/L)	Phos (mg/L)	mL to meet 100% RDI for key vitamins and minerals	Description of Products
Ensure Plus Complete	1.5	54.7 14.6	215 56.4	46 29	760	680	928 40.5	1772 45	1266	1266	948	Concentrated calorie formula for volume-restricted patients; 80 mcg Vit K/L; 3g fiber/8 oz; omega 3 f.a., Vit C, E, Se; oral/tube
Osmolite 1.2 High protein Low residue	1.2	55.5 18.5	157.5 52.5	39.3 29	820	360	1340 58	1810 46.4	1200	1200	1000	Low-residue formula with concentrated calories ; 20% MCT, 80 mcg Vit K/L; tube only
Jevity 1.2 w/ fiber FOS	1.2	55.5 18.5	169.4 52.5	39.3 29	807	450	1350 58.7	1850 47.4	1200	1200	1000	Balanced nutrition for short or long-term feeding. 18 g fiber/L; 80 mcg Vit K/L; tube only
Glucerna 1.2 Glucose intol. w/ fiber & FOS	1.2	60 20	114.5 35	60 45	805	720	1110 48.3	2020 51.8	800	800	1250	For people with abnormal glucose tolerance; contains 16 g fiber/L, omega 3 FA's, 20% MCT, 100 mcg Vit K /L; oral/tube
Pulmocare Pulmonary Formula	1.5	62.6 16.7	105.7 28.2	93.3 55.1	785	475	1310 57	1960 50	1060	1060	947	For pulmonary distressed patients; high calorie, high-fat, low carbohydrate to decrease CO ₂ production; 20 % MCT; Low residue; 85 mcg Vit K/L; oral/tube
TwoCal HN High protein FOS	2.0	83.5 16.7	219 43.2	90.5 40.1	700	725	1450 63.6	2440 62.6	1050	1050	948	Calorie and protein dense; For severe fluid-restricted patients; 19% MCT; Low residue; 85 mcg Vit K/L, oral/tube; Used with Medpass program: 2 ozs QID
Suplena Low protein FOS	1.8	45 10	196 42	96 48	738	780	802 35	1139 29	1055	717	944*	For patients with CKD, not on dialysis. Calorie dense. Low protein, Phos, Na, K; High B ₆ , folate; Low residue; 13 g fiber/ L; 84 mcg Vit K/L; oral/tube.
Nepro For Dialysis FOS	1.8	81 18	161 34	96 48	727	745	1060 46.1	1060 27.2	1060	720	944*	For dialyzed patients requiring electrolyte and fluid restrictions; 12.6 g fiber/L; 80 mcg Vit K/L; oral/tube; Nectar-like at room temp & chilled, Not recommended for gravity feeds.
PediaSure Enteral Kids (1-10 yo)	1.0	30 12	139 54	38 34	844	335 (345 w/ fiber)	380 16.5	1308 33.5	1055	844	1000 mL (1-8 yo) 1500 mL (9-13 yo)	For children 1-13 years old; NOT for children with Galactosemia; Also available with 8 g fiber/L, same stats as listed at left; oral/tube
NutriHep Liver disease	1.5	40 11	290 77	21.2 12	760	790	160 7	1320 34	956	1000	1000	Liver disease; 50% BCAA; low AAA; 70% of lipids as MCT; calorically dense to minimize fluid; low-residue; 120 mcg Vit K/L; oral (w/ flavor packets)/tube
Vital 1.5 Elemental FOS, Peptide	1.5	67.5 18	187 49	57.1 33	764	610	1500 65	2000 51.3	1000	1000	1000	For patients w/ malabsorption, maldigestion, impaired GI fxn or feeding intolerance. 47% MCT, High Vit C/ E; 80 mcg Vit K/L; Not Kosher; low residue; oral/tube
Pivot High cal/prot Elemental FOS, Peptide	1.5	93.8 25	172.4 45	50.8 30	759	595	1400 60.9	2000 51.3	1000	1000	1000	Use for critically ill patients with GI impairment, trauma, cancer, major surgery, or burns; Not Kosher; 80 mcg Vit K/L; 1 L = 13g Arginine, 7.6g Glutamine, 3.9 g omega-3's (DHA/EPA), tube only
Oxepa To modulate inflammation	1.5	62.7 16.7	105.3 28.1	93.8 55.2	785	535	1310 57	1960 50.3	1060	1060	946	Modulates inflammation with Omega 3's (4.6 g EPA & 4 g GLA/L) for SIRS, ALI, ARDS & Sepsis; MCT:LCT 25:75; increased antioxidants, 80 mcg Vit K/L; Not Kosher. tube only.

*Except P, Mg, and Vitamins A & D

**All formulas listed above are Kosher, Lactose free and Gluten free unless otherwise specified.