

ISOLATED SPLEEN INJURY GUIDELINES
ADULT GRADE I AND II

	Admission Day	24 hrs	48 hrs
Level of Care	Step Down	Floor	Prepare for discharge
Laboratory	H&H q 8 hours X 24 hours Type and screen	H&H daily	Ensure stable H&H
Nursing Orders	VS q 2 hours I&O q 2 hours	VS q shift I&O q shift	Ensure VS stable I&O adequate
Treatments and Procedures	IS	IS	IS
DVT Prophylaxis	SCD	SCD Lovenox	SCD
Nutrition	Clears	Regular as tolerated	Regular
Activity	OOB → Chair	Ambulate if HGB stable	Ambulate TID
Discharge Planning			2 weeks follow up in clinic with HGB
Social	Information packet given		Return to work depending on job requirements

Revised 1/15/18