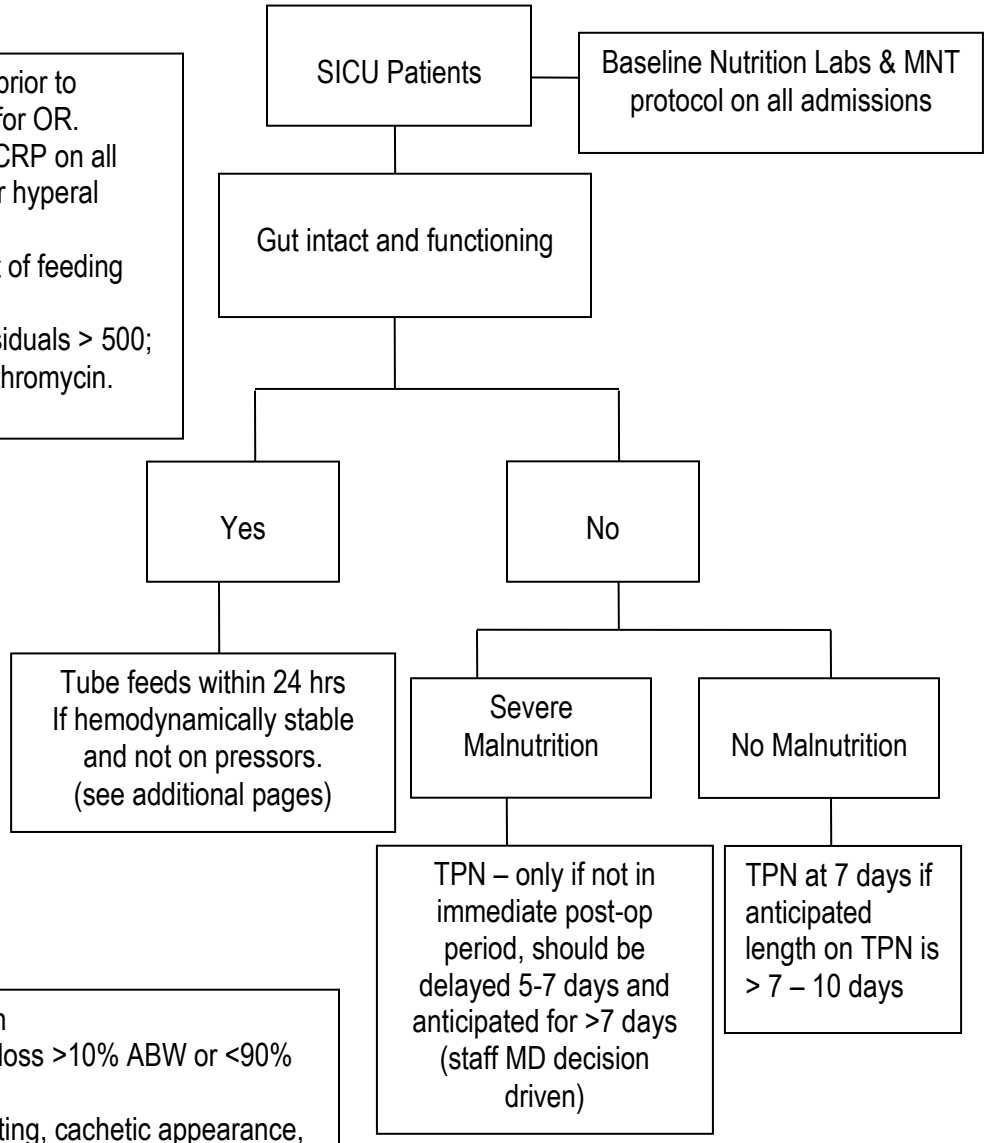
Guidelines for Nutrition Support

1. Clarify with primary team prior to initiating feeds and plans for OR.
2. Mon & Thurs order PAB, CRP on all patients; pts on TPN order hyperal panel labs & CRP.
3. Perform daily assessment of feeding access.
4. Continue feeds unless residuals > 500; if residuals >500 start erythromycin.



Possible Signs of Malnutrition
- recent unintentional weight loss >10% ABW or <90% IBW
- physical exam- muscle wasting, cachetic appearance, glossitis, peripheral edema, pale skin, nail spooning, bleeding gums, dermatitis, sparse hair
- BMI < 18
- known poor dietary intake
- pre-existing medical conditions: alcoholism, non-healing wound, pressure ulcer, malabsorption disorders, swallowing difficulty

Updated 12/10/12