

Oncology Nutrition Services

The Camden Clark Medical Center Cancer Institute, in conjunction with WVU Medicine, provides oncology nutrition services to our patients. The registered dietician is available Tuesdays and Thursdays from 8am – 11:30am and provides services at no cost to our patients.

Registered dietician role in oncology:

A registered dietician (RD) is available to provide individualized oncology nutrition counseling. Sessions can be held during chemotherapy treatments or over the phone. Clients are encouraged to request a meeting with the RD before starting treatment to be prepared to overcome potential barriers to meeting adequate nutrient needs before, during or after cancer treatment.

Nutrition counseling sessions include education on weight management. Multiple complications may occur that can limit a client's ability to meet oral nutrient needs, such as:

- Taste changes
- Loss of appetite
- Dry mouth
- Fatigue

To help overcome side effects of treatment, patients may benefit from oral nutrition needs. If you and your care team decide to pursue a tube feed, an OptionCare RD will be contacted to assist with initial establishment.

Eating and drinking the right foods and liquids before, during and after cancer treatment can help a person maintain strength, repair and rebuild damaged tissue to improve quality of life.

If you are interested in meeting with a registered dietician, ask any member of the cancer center staff to schedule a meeting. A registered dietician will be happy to reach out.