

Hands-Only CPR

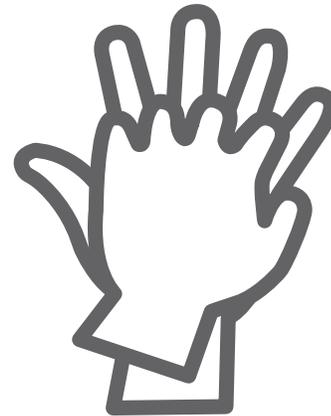
CPR CAN DOUBLE OR EVEN TRIPLE A PERSON'S CHANCE OF SURVIVAL

Learn the two simple steps:

1 Call 911



2 Push hard & fast in the center of the chest



To learn, watch the 90-second Hands-Only CPR video
at heart.org/handsonlycpr



#CPRSAVESLIVES