



CAMDEN CLARK
MEDICAL CENTER

THE HEARTBEAT

FEBRUARY 2020

KEEPING HEARTS AT HOME

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GEOFFREY R. COUSINS, MD, FACS,
CHIEF OF CARDIAC SURGERY

yourheartatcamdenclark.org



THE HEART OF OUR COMMUNITY

A Message from Our CEO, Steve Altmiller

"YOU CAN TRUST YOUR HEART TO CAMDEN CLARK"



It's more than a tagline—it's a promise to provide our community with exceptional cardiac care, from the emergency department and operating room to the inpatient units and outpatient clinics. We're investing in state-of-the-art technology and facilities, and attracting skilled, experienced heart experts to Camden Clark Medical Center (CCMC), so that you and your family can receive the best possible care right here in the Mid-Ohio Valley.

We are proud to share with you the services and accomplishments within our advanced cardiac care programs.

IN THIS MAGAZINE, YOU'LL READ ABOUT:

- Four patients who had heart surgery and cath lab procedures at Camden Clark and have returned to their active lives
- How our heart surgery specialists and the physicians at Parkersburg Cardiology Associates work together to provide high-quality, well-coordinated care

- Our nursing team's commitment to educate, reassure and care for heart patients and their families
- The awards our heart program has received from national organizations such as the American College of Cardiology and U.S. News and World Report

As part of WVU Medicine, our teams receive ongoing training on our campus and in Morgantown to make sure they are up to date with the latest testing and treatment strategies. And Camden Clark is continuing to strengthen its other clinical programs, which helps keep our cardiac program strong. These include emergency medicine, critical care, pulmonology, and medical imaging, just to name a few.

High quality care is essential, but so is compassion. At Camden Clark, we know that heart problems can be scary. When you trust our caring team with your heart, we will be here for you every step of the way. And that's a promise.

STEVE ALTMILLER

President and Chief Executive Officer
WVU Medicine Camden Clark

OPEN-HEART AT CAMDEN CLARK

MEET HEART SURGEON, DR. COUSINS

"WHEN I DECIDED TO BECOME A HEART SURGEON, I ALWAYS HAD IT IN MY MIND TO SET UP MY PRACTICE IN WEST VIRGINIA, AND THAT'S WHAT I DID."

Geoffrey R. Cousins, MD, FACS is chief of cardiac surgery at Camden Clark Medical Center, where he specializes in open heart surgery. Dr. Cousins is board certified and recognized as a leading expert in beating-heart surgery.

A native son of McDowell County in West Virginia, Dr. Cousins is the youngest of 11 children. He received his medical degree from the University of Michigan and completed his residency and internship in general surgery at St. John Hospital and Medical Center in Detroit. He completed his fellowship in cardiothoracic surgery at the Medical College of Virginia in Richmond, and additional training in beating heart surgery at Oxford University Medical School in England.



At WVU Medicine Camden Clark, our doctors, nurses, patient care assistants, rehab therapists and hospital leaders live in the Mid-Ohio Valley. Many of them—like Dr. Cousins—grew up in West Virginia. “My dad was a coal miner in Keystone for 35 years, and he had a lot of health problems when I was a kid,” Dr. Cousins says. “Access to high-quality health care wasn’t great, and he would often leave his doctor appointments feeling confused about his care plan and next steps.

With this in mind, Dr. Cousins says he understands the importance of developing relationships with his patients and their families during what can be a stressful time in their lives. “Heart surgery is the most complex surgery a person can have, and I try to alleviate their anxieties,” he explains. “Unless it’s an emergency surgery situation, I sit down with the patient and family beforehand to explain the surgery and answer their questions. After surgery, I check on the patient every single day until they leave the hospital to make sure their recovery is on target.”

“Here at Camden Clark, members of our care team have dedicated their careers to serving this community. That’s what we’re all about.”



DID YOU KNOW?

WVU MEDICINE CAMDEN CLARK IS THE ONLY HOSPITAL IN THE MID-OHIO VALLEY TO PROVIDE OPEN-HEART SURGERY

MORE HEARTS COUNT ON US

A FAMILY HISTORY OF HEART DISEASE LEAD JAMES TO AN UNEXPECTED TRIPLE-BYPASS SURGERY

James Morgan has always been a man on the move, especially when it comes to yardwork. But this past November, the 60-year-old Ravenswood resident found moving around his beloved garden was taking a toll.

"I remember it so well," says James. "my wife, Terry, and I were doing yardwork. I was pulling out landscaping and redoing it." The redesign meant James had to transport gravel in a wheelbarrow, which was strenuous exercise that left him feeling short of breath. With rest, it went away. But James noticed pain in his bicep that lasted well into the evening.

The next day, James was again short of breath. Heading out for a car ride, James went to lift their 25-pound dog into the car and felt short of breath. "At that point, I knew something was serious. I had never had anything like that happen before, so we decided to go to Camden Clark Emergency Room."

Heart disease runs in his family. His older brother had eight heart attacks, his dad died of an aortic aneurysm at 60, and his mom had heart issues including a heart bypass and many stents. Diabetes runs on both sides of his family also. Yet, James says he was never anxious about heart issues. "I am one of four kids in my family, and I am the healthiest," says James. "My brother and two sisters have diabetes, and my younger sister had triple bypass last year." James focused on healthy lifestyle habits and regular checkups to make sure heart disease wouldn't strike him. But it did.

When James arrived at Camden Clark Medical Center, the cardiac care team



immediately performed tests to learn what was going on. The results showed James had a heart attack. "I was admitted to the hospital, and



**JOHN MASON,
MD, FACC**
PARKERSBURG CARDIOLOGY
ASSOCIATES

cardiologist John Mason, MD, FACC, came in and talked to me about what had happened and what my next steps were."

In the cath lab, Dr. Mason performed an angiogram with dye and found three blockages — arteries that were 70%, 80% and 99% blocked. Open-heart surgery was scheduled with Dr. Geoffrey Cousins.

Dr. Cousins, Chief of Cardiac Surgery at CCMC, wanted James to understand the procedure. "He drew me a picture

on the whiteboard and showed me what was going on and what he'd be doing during surgery," says James. "He put me at ease, and I felt completely confident that he'd get me through this, and I'd be back doing what I love in no time."

James credits his doctor's expertise and calm demeanor and for the confidence he instills in his patients.

The surgery went well, but James was surprised to learn that the pulmonary artery that was blocked 99% was virtually blocked the entire length of the artery. "I feel very lucky to be here today."

A collaborative care team provided bedside therapy and worked with James to get him up and moving as quickly as possible. The team talked with him

"Our community members deserve to receive the best heart care available, and they shouldn't have to travel to get it." – Geoffrey R. Cousins, MD, FACS, Chief of Cardiac Surgery

JAMES' STORY CONTINUED

about his condition, what to expect on his road to recovery and the importance of rehab. He's now completing the phase II cardiac rehab program at our new rehabilitation clinic.



James says our rehab program is good for him. It not only keeps him active, it motivates him to get out of the house.

James says that every doctor, nurse, therapist and staff person he came in contact with was very personable and filled with compassion.

Dr. Cousins told James he should anticipate a full recovery and he had no heart damage. "As I left the hospital, Dr. Cousins told me to go live my life. That's what I plan to do." ❤️

PERFORMING COMPLEX SURGERIES FOR COMPLEX HEART CONDITIONS



Dr. Cousins performs some of the most complex heart surgery techniques available today. An example is "beating heart," an open-heart surgery technique which eliminates the need for traditional bypass approach and improves recovery time.

In most cases, when patients have open-heart

surgery, they are hooked up to a heart-lung bypass machine. With beating heart, this doesn't happen. Instead, the surgeon operates while the heart beats on its own. "This technique protects the kidneys and lungs and leads to shorter hospital stays and faster healing," says Dr. Cousins, who uses beating heart about 98% of the time.

"WE'RE THE ONLY HOSPITAL IN THE REGION TO DO BEATING HEART SURGERY, AND I DO IT EVERY DAY."

Camden Clark also offers valve repairs, valve replacements and aneurysm repairs, among other surgeries, using minimally invasive techniques whenever possible.

THE BENEFITS OF STAYING CLOSE TO HOME

"YOU AREN'T COMPROMISING ANYTHING IF YOU STAY HERE IN PARKERSBURG. IN FACT, YOU ARE GAINING SOMETHING..."

There's no need to travel far for high quality cardiac care. "You aren't compromising anything if you stay here in Parkersburg. In fact, you are gaining something because your loved ones can support you more easily," Dr. Cousins says. "If you travel to another city for heart surgery, your family members might have to miss work and cover expenses like a hotel stay and meals. If there's a complication and you have to stay longer than expected, they might have to return home before you are discharged. That can be very difficult on a person who is recovering from heart surgery."

KEEPING HEARTS AT HOME

WHEN YOU OR SOMEONE YOU LOVE IS HAVING A HEART ATTACK, AN IRREGULAR HEARTBEAT OR CHEST PAIN, YOU WANT HELP—FAST. WHAT YOU DON'T WANT IS TO BE ASKING YOURSELF: AM I ON MY WAY TO THE RIGHT HOSPITAL?



Not every hospital in the Mid-Ohio Valley offers emergency angioplasties or open-heart surgery. Not every hospital has state-of-the-art testing, a Comprehensive Heart Failure Clinic, beating heart surgery, and board-certified heart specialists, all in one location. **In fact, only one does: Camden Clark Medical Center.**

“In a cardiac emergency, you don’t always know what kind of care is required until you get to the hospital,” says Geoffrey R. Cousins, MD, chief of cardiac surgery at Camden Clark. “Free-standing emergency departments don’t offer angioplasty, so if you need that they’re going to have to transfer you to another facility. Same situation if you need coronary artery bypass graft (CABG) surgery and the hospital you go to doesn’t offer it. Transferring uses up valuable time, and when you’re having a cardiac emergency, you don’t necessarily have a lot of time.”

HEART SERVICES FOR EVERY STAGE OF CARE

Hundreds of patients undergo heart surgery at Camden Clark every year. But surgery is just one important part of what CCMC offers our community. Here in Parkersburg, in one convenient location, Camden Clark offers:

- Cardiovascular surgery, including open-heart and minimally invasive techniques
- Comprehensive cardiac testing, including advanced imaging
- Interventional procedures, such as angioplasty, in the cardiac catheterization lab (open 24/7)
- Minimally invasive cardiology procedures, such as stent placement and aortic valve repair
- Outpatient cardiology care
- A pacemaker clinic and Comprehensive Heart Failure Clinic
- A comprehensive cardiac rehabilitation program



CONDITIONS WE TREAT:

- CORONARY ARTERY DISEASE/HEART ATTACK
- VALVE DISEASE
- AORTIC ANEURYSM
- HEART FAILURE
- ABNORMAL HEARTBEAT (ARRHYTHMIA)
- VASCULAR DISEASE
- TUMORS OF THE HEART & LUNG

The WVU Medicine Connection

As a proud member of the WVU Medicine health system, Camden Clark benefits from many resources that are not usually available to a community hospital. Since the heart program is part of WVU Heart & Vascular Institute, our providers can collaborate with doctors in Morgantown, who perform groundbreaking and innovative procedures using cutting-edge devices not available anywhere else in the state.



“If I have a very complex patient with multiple problems— I can pick up the phone and discuss treatment options with another expert at WVU Medicine,” Dr. Cousins says. “If we decide to send that patient to Morgantown for treatment, care teams at both hospitals work together so that everything goes as smoothly as possible. I can provide follow-up care here in Parkersburg, which is very convenient for patients and families.”

FROM THE E.R. TO THE O.R. SCOTT'S HEART WAS IN THE RIGHT HANDS

SCOTT STALNAKER CREDITS OUR CARDIAC TEAM FOR SAVING HIS LIFE

It never crossed Scott Stalnaker's mind that he could have a heart condition. At just 50 years old, a healthy lifestyle, his love for the outdoors and a strong work ethic had kept him active. His wife Esther and their German short-haired pointer, Sage, are his constant companions. Together, they work on their properties and enjoy one of their favorite activities, bow hunting.

"I've been working since the age of 15, whether it was with my own lawn business, working at different plants in the area or making artistic hot glass sculptures," Scott says. I'm used to hard work and staying active."

Although his dad died from a heart attack at the age of 60, Scott never considered that heart disease ran in his family. He'd never been hospitalized and had normal blood pressure, triglycerides and cholesterol.

During a late-summer trip to Lake Erie in 2019, Scott felt terrible, and the couple ended the trip early. On the way home, Scott headed to urgent care for an electrocardiogram. The results showed nothing, but they encouraged him to go to an emergency room (ER). After visiting the closest one on their way home, the ER said that everything was negative, but they still encouraged Scott to follow up and get a stress test.

Then Scott's symptoms got worse. On the afternoon of September 20, sweating and nausea overcame him. Esther called 911, and the ambulance took him to Camden Clark Medical Center, where about 12 clinicians and cardiologist Christopher Miller, MD, FACC, were waiting for Scott. In the cath lab, the team worked to



**CHRISTOPHER
MILLER, MD, FACC**
PARKERSBURG CARDIOLOGY
ASSOCIATES



fix Scott's heart, but the stents wouldn't hold. "Dr. Miller consulted with the cardiac surgeon, and after that he told me, 'you have to have open heart surgery,'" says Scott. Scott had quadruple bypass

In the ICU, the team was by Scott's side 24/7. Team members from the cath lab came to visit Scott, and several asked, "Do you remember us? We just want to check on you and see how you are do-

"I THINK ABOUT MY LIFE'S PURPOSE AND 'WHY DIDN'T I DIE?' GOD WILL SHOW ME EVENTUALLY. I JUST KNOW IF IT WEREN'T FOR THE REMARKABLE TEAM AT CAMDEN CLARK, I WOULDN'T BE HERE NOW."

surgery and later learned the cause of his heart disease was hereditary.

ing. You touched our hearts. You're a miracle." Scott says he's thankful and feels blessed every day. ❤️

EXCEPTIONAL PATIENT CARE

EVERY STEP OF THE WAY



Pictured from L to R: Christine Daniels RN, MBA, MSN, NE-BC, Vice President Patient Care Services/CNO, Scott Fylling, RCIS, FACVP, Cardiac Cath Lab, Marie Crum RN, Cardiac Certification Program Coordinator, David Gnegy MD, FACC, Medical Director Cardiac Cath Lab, Sandy Wood MSN, BSN, RN, Director of Critical Care Services

At Camden Clark Medical Center, cardiac surgeons and cardiologists provide incredible, life-saving care. But as they'll tell you themselves, they couldn't do it without the hospital's specially trained cardiac nurses.

From the moment patients come to the emergency department with chest pain or arrive for a scheduled procedure in the cardiac cath lab, nurses are a constant presence. Their relationships with patients extend well beyond a hospital stay to include follow-up care for as long as it's needed.

"Our nurses support patients and their families at every step, whether they are explaining a medical procedure before it happens, prepping someone for surgery or providing critical care after surgery," says Sandy Wood, RN, director of critical care services at Camden Clark. "They develop strong connections with their patients—it isn't uncommon for nurses who cared for someone in the emergency department or cath lab to visit them later in the intensive care unit, just to see how they are doing."



FOLLOW-UP CARE, FOR AS LONG AS YOU NEED IT

Nurse navigators call patients at home after discharge to check on their recovery, make sure they are taking their medications and ask about any concerns or needs. They get to know these patients so that they can recognize problems and take action quickly if needed. "I frequently receive letters from patients and families thanking us. They're so grateful for the nursing care and how it touched their lives," says Christine Daniels, chief nursing officer.

"OUR NURSES GO ABOVE AND BEYOND TO MAKE SURE PATIENTS RECEIVE EXCEPTIONAL AND COMPASSIONATE CARE IN A SAFE ENVIRONMENT. WE TREAT PATIENTS JUST AS WE WOULD TREAT OUR OWN FAMILY MEMBERS."

— CHRISTINE DANIELS, RN, MBA, MSN, CHIEF NURSING OFFICER



At Camden Clark, heart patients are in familiar surroundings where the care team treats them like family. "We really pride ourselves on providing patient and family-centered care," says Daniels. "From the minute a heart patient arrives at Camden Clark, whether for an emergency surgery or planned procedure, our nurses are spending time with them – explaining their care plan, answering their questions and putting them at ease. After they go home, we have a whole team of experts that follows up to make sure their recovery is going well."

Our open-heart operating room RN's and surgical techs have the expertise to support complex surgeries, both elective and emergent. This dedicated team has the skill set and experience that exceeds quality programs in comparison to other markets. "The amount



CANDACE WHITE,
OR OPERATIONS
DIRECTOR

of dedication and commitment to their patients speaks volumes. The CV OR Team routinely visits the patient and families post-operatively to see how they are doing. Just another example of how they demonstrate the values of Camden Clark Medical Center", says Candace White, OR Operations Director at Camden Clark Medical Center.

AT 41, TRISHA KNOWS THAT LIFESTYLE CHANGES ARE THE RECIPE FOR A HEALTHY HEART

WALKER RESIDENT LEARNS YOU'RE NEVER TOO YOUNG TO DEVELOP HEART-HEALTHY HABITS

Trisha Moore has a lot to live for—an 11-year-old son, her extended family and a job she enjoys. Recently she began taking steps to a healthier lifestyle. By the end of 2019, Trisha had lost 30 pounds and was on track to lose even more, she wasn't too worried about her risk of getting heart disease. After all, she was only 41, and she'd never had high blood pressure or high cholesterol.

In the early hours of January 7, Trisha's pain woke her from her sleep. "My jaw, right arm, back and chest radiated with pain," Trisha says. Then she started to get sick to her stomach. "I wasn't sure it was a heart attack, but I thought that was a possibility. I remember my sister Jamie telling me, 'Camden Clark is the place to go if you need something done on your heart.' So I asked my mom to take me to the ER."



SHOWRI KARNAM,
MD, FACC
PARKERSBURG CARDIOLOGY
ASSOCIATES

At the hospital, everything happened fast. Three nurses, along with interventional cardiologist Showri M. Karnam, MD, FACC of Parkersburg Cardiology Associates, were right by her side.

"Within minutes, I had an electrocardiogram (EKG) and blood tests and was hooked up to monitors," Trisha says. She knew she was having a heart attack, and when the team confirmed, she asked them to call her sister before they took her to the cath lab.

"I felt overwhelmed. I didn't know what kind of a heart attack I was having or how bad it was," Trisha says. "I was alert during the cath procedure, and one of the nurses held my hand the whole time and explained everything to me. The whole team was so good to me and made me feel safe."



Dr. Karnam later told her that her left anterior descending artery, sometimes called the "widowmaker," was 100% blocked. He put in a stent to restore blood flow to her heart.

After the procedure, Trisha recovered in the cardiovascular intensive care unit. Dr. Karnam checked on her regularly during her hospital stay, and was always avail-

able to answer her questions. And her nurses cared for her in such a compassionate way. "Dr. Karnam and the nursing team were amazing," she says. "They're all so informative, respectful and just excellent at what they do."

The next step for Trisha is cardiac rehab. She hopes her experience will encourage other people to be heart healthy and seek help when they need it. ❤️

"I TELL PEOPLE, DON'T WAIT TO GO TO A HOSPITAL, WHEN IN DOUBT, GET IT CHECKED OUT."



CARDIAC CARE FOR LIFE

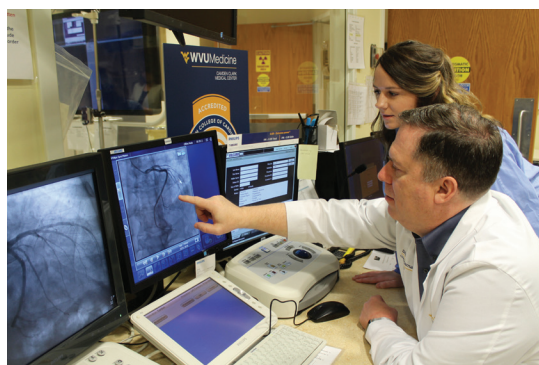
For 48 years, Parkersburg Cardiology Associates has been providing patients throughout the region with specialized heart disease care. Chances are, someone you know—your grandma, your dad, your neighbor—sees a cardiologist at this busy practice. Maybe you’ve even been here yourself.

Now located on the CCMC Campus, Parkersburg Cardiology Associates provides a variety of cardiac care services including:

- Diagnose heart conditions using state-of-the-art technology, including echocardiography and nuclear imaging
- Perform angioplasty, stent placement and other procedures to open up blocked arteries
- Implant devices (such as pacemakers) for people with heart rhythm problems
- Provide long-term follow-up care for patients with heart failure, heart valve problems, high blood pressure, high cholesterol, angina (chest pain), vascular disease and other heart-related conditions

Practice providers include eight board-certified cardiologists and six advanced practice nurses with special training in cardiac care. These physicians and nurses work together to treat patients at every stage of heart disease.

CONVENIENT, ADVANCED HEART CARE



In addition to seeing patients in the clinic setting, the cardiologists at Parkersburg Cardiology Associates provide advanced testing and treatment at Camden Clark Medical Center. “Since moving last year, we have found that patients like the convenience of having so many heart services on campus,” says David Gnegy, MD, president of

Parkersburg Cardiology Associates and vice president of medical affairs for Camden Clark, who has been with the practice for over 20 years.

Many people meet their cardiologist for the first time in the Camden Clark emergency department. “If it’s a heart attack, we can get the patient to cardiac cath lab quickly to open up blocked vessels or to the OR to perform open heart surgery,” Dr. Gnegy says.

Camden Clark’s cardiac cath lab is accredited by the American College of Cardiology and in addition is a designated Chest Pain Center. It’s the first cath lab among WVU Medicine hospitals, and only the second one in the state, to receive this mark of excellence.



WORKING SIDE BY SIDE WITH THE WVU MEDICINE HEART & VASCULAR INSTITUTE AT CAMDEN CLARK

Parkersburg Cardiology Associates is an independent medical practice, but an essential part of the heart care team at Camden Clark. “Our cardiologists frequently call a cardiac surgeon to the cath lab to talk about a patient and look at test results together,” Dr. Gnegy says.

“THROUGH COLLABORATION, WE DECIDE THE BEST COURSE OF TREATMENT BASED ON DIAGNOSIS AND WHAT THE PATIENT NEEDS.”

It’s that kind of teamwork that Dr. Gnegy says makes heart care in Parkersburg so special. “We work and support each other with the main goal of helping our patients get better,” he explains. “You aren’t a number when you come to Camden Clark for heart care.”

FAITH, FAMILY AND QUALITY OF CARE KEEP NANCY'S HEART IN RHYTHM

MINIMALLY INVASIVE PROCEDURES TREAT THE 81-YEAR-OLD'S TINY ARTERIES AND IRREGULAR HEARTBEAT

Nancy Stanley remembers back to when she was just 30 years old. She was active and healthy and did all the fun things that young families enjoy. She and her husband of 62 years, Phil, had three kids, and she loved going roller skating and boating as a family.

"When I was in my 30s I started getting short of breath when being active," says Nancy, who lives in Ravenswood. "I would have back pain too, but I didn't attribute it to heart problems." For many years, Nancy ignored the symptoms, thinking she was just out of shape and needed to exercise more.

In 1994, Nancy's problems got worse. "Every time I'd go for a walk, my upper back and shoulders would ache," Nancy says. "Then the ache would start happen-

ing in my chest." She would soon learn that she had very tiny arteries that were causing significant heart problems. That required a stent be placed in one of her

arteries to help fix the issue. Within the year she had two more stents, which provided relief for a while.

In 2014, Nancy faced another heart diagnosis – an irregular heartbeat, also known as atrial fibrillation (Afib). "My heart would start thumping and pretty soon, my chest, neck and jaws would ache," Nancy says.

in the hospital's state-of-the-art cardiac cath lab.

"Late at night, there was Dr. Goddard and a specialist team to take care of me. They placed a stent to keep me alive," Nancy says. "I knew it was touch and go, but I wasn't scared." Nancy says her confidence in Dr. Goddard keeps her feeling



**"DR. GODDARD IS JUST SO GOOD AT WHAT HE DOES,
AND I HAVE ALL THE FAITH IN THE WORLD IN HIM
– OUR WHOLE FAMILY DOES."**

ing in my chest." She would soon learn that she had very tiny arteries that were causing significant heart problems. That required a stent be placed in one of her

"My pulse would race too." One night it was worse than usual, so Nancy and her husband used their home measurement tool to check her pulse. The number was so high that it wouldn't register.



**JOHN GODDARD,
MD, FACC**
PARKERSBURG CARDIOLOGY
ASSOCIATES

So Phil took Nancy to the Camden Clark Medical Center emergency department, and that's when she met John A. Goddard, MD, FACC. As an interventional cardiologist with Parkersburg Cardiology Associates, Dr. Goddard is an expert in minimally invasive procedures to diagnose and treat heart disease. These procedures take place

at peace. "He's just so good at what he does, and I have all the faith in the world in him—our whole family does."

Phil sees Dr. Goddard, too. A few years ago, he had four stents placed by Dr. Goddard and today is doing well.

With eight grandkids and 15 great-grandkids and two on the way, Nancy and Phil stay very busy. "We have lots of family gatherings," Nancy says. "For instance, when everybody wanted homemade pizza for Christmas dinner a few years ago, we made it a tradition. I prepare the dough and Phil makes the sauce and everybody loves it. Everyone comes over and we have a basketball tournament in the driveway, and the winner gets a big trophy – "The Stanley Cup," after our last name.

"I have a good life, and I'm so thankful," Nancy says. "I give God all the glory, and feel that he put Dr. Goddard and Parkersburg Cardiology Associates in my life at just the right time. You aren't just a number – he and the whole care team are gracious and kind to everyone." ❤️

LOCALLY KNOWN, NATIONALLY RECOGNIZED

Throughout the Mid-Ohio Valley region and right here close to home, patients depend on the excellent care offered at WVU Medicine Camden Clark. For over 100 years, our experts have continued to provide the best care for the most complex and routine conditions.

Consistently recognized for outstanding quality, safety and excellence, Camden Clark has received national recognition from companies including U.S. News and World Report who named us a High Performing hospital for the third year in a row for the treatment of heart failure. We're also a Blue Distinction Center for cardiac care from Highmark West Virginia.



Our cardiac care has also been named a Five-Star recipient for treatment of heart failure for three years in a row by Healthgrades®.



And, CCMC is accredited by the American College of Cardiology for both cath lab expertise and as a chest pain center – these accreditations combine evidence-based science, quality initiatives, clinical guidelines and best practices to help reduce variations of care.

These awards recognize the higher level of expertise provided to patients who arrive with symptoms of a heart attack.



Don't Miss Our Upcoming Heart Month Events!



Friday, Feb. 21 • 11:30 am
Annual Women's Heart Lunch
Parkersburg Art Center, Parkersburg



Saturday Feb. 22 • 8 - 11am
Low Cost Lab Screening
CCMC Health & Wellness Center,
Parkersburg



Tuesday, Feb. 25 • 5:45 pm
Dinner with a Doc: Dr. Cousins
Grand Pointe Conference Center,
Vienna



CAMDEN CLARK
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Learn more about these and other upcoming events at camdenclark.org or call (304) 424-2055.