

The INSIDE View

WVU Medicine

BRAXTON COUNTY
MEMORIAL HOSPITAL
Caring for you close to home

BCMh Experiences Record Breaking Go Live!



A daily countdown was provided by Laboratory Manager, Kim Frazier.

Braxton County Memorial Hospital physicians and staff, as well as the multitude of WVU Medicine employees involved in the preparation for Go Live certainly rose to the challenge and provided results worth being proud of. After months of setup, training and preparation, on Saturday, June 1st, BCMH officially went live on the WVU Medicine Health Network. Utilizing the electronic medical record system EPIC, BCMH patient records are now linked to the entire WVU Health System network and readily accessible to any provider system-wide who needs access to them for patient care. **Braxton County Memorial Hospital was commended by WVU Medicine Project Managers and IT for having the most successful enterprise implementation (Go Live) to date within the entire health system!** This achievement is something that BCMH employees can take great pride in.

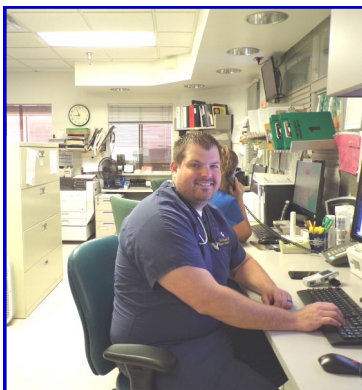
Braxton, a 25 bed CAH facility in the center of WV, was the only hospital in the state that did not have electronic medical records. The decision to forgo installing an EMR was not

one that was taken lightly. After much consideration from BCMH Administration, board members and accounting staff, it was decided that purchasing an EMR system could have a devastating financial impact on the hospital, therefore the decision was made to delay the process until a more feasible solution could be determined. When it was decided that BCMH would be joining the WVU Medicine family, electronic medical records was one of the first items on the must have list. Presuming that with no prior experience, BCMH staff may have issues at Go Live, preparation measures were expanded to allow for every unforeseen difficulty one could imagine. Though prepared, many of the more than 100 WVU employees who were available both onsite and remotely as support specialists for the Go Live, were found to be not needed and were called off by mid week. **BCMh ended the two week post go-live support period with a record low volume of issues. In addition, NO High or Critical issues were noted during the entire post go-live period!** Serving as a reminder that not all struggles are intended to disrupt our lives, some are meant to clear the path for something better. Congratulations to the entire Braxton team for an OUTSTANDING implementation! This successful milestone in the hospital's history would not have been possible without the

Dr. Tom Marshall, M.D. Asst. Professor, SOM, Emergency Medicine, was on site during the Go Live period and happy to provide support to ED physicians and staff.

hard work and dedication of an entire team of people, both from BCMH and WVU Medicine. Together we can accomplish great things!

Dr. Stephanie Frame and PA-C Jerri Oney receive guidance from a support team member.



CHC nursing staff were decked out in Blue and Gold for their first day using the EPIC system.

Ultrasound employee Amber Nottingham receives assistance from members of the Go Live support team.



Then and Now

As time marches on, little time do we take to look back and reflect on how things and people change. The following pictures represent a small part of BCMH history and how things have come to change over the years.

1980



38 Years of Caring

2019



Kim Frazier



ALONE
we can do so little,
TOGETHER
we can do so much.

Helen Keller

Terry Hoover



Johnny Backus



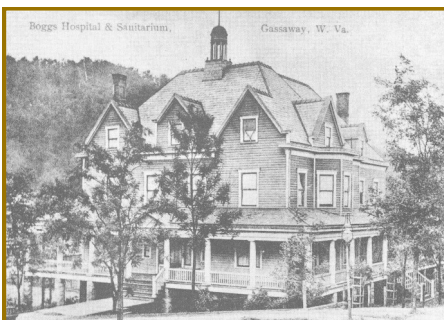
PROGRESS
is impossible
without
CHANGE

Dr. Russell Stewart



From 1975 to 1981, following the closing of the Gassaway hospital, residents of the Braxton County area were left with little choice but to travel more than 60 miles to reach the nearest hospital. BCMH opened to the public on January 5, 1981, providing dedicated service for the past 38 years. Despite the challenges faced over the years, the focus has always remained steadfast on achieving milestones and providing the best possible service to our patients. The most recent milestone, being accepted into the WVU Medicine family, will enable our growth and enhance the medical services available to the community we serve.

The Boggs Hospital and Sanitarium in Gassaway, WV served as the original healthcare facility in Braxton County.



Before BCMH

Gassaway Hospital closed it's doors in 1975.



Sutton Hospital closed it's doors around 1966.



**Rosalie**

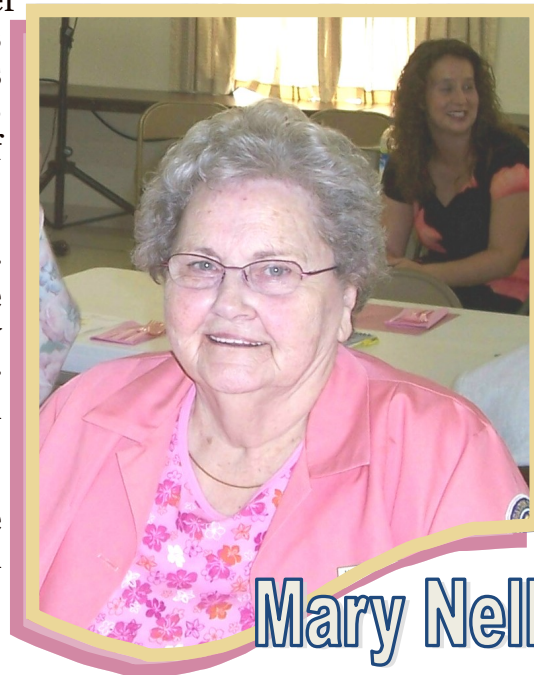
Inevitably, we all one day must leave our loved ones behind and take residence in our eternal home. The goal on earth should not be for one to live forever, but rather to create something that will. Wonderful people leave behind a legacy of memories for those who loved them. It's hard to let someone go, but it helps to heal the heartache when you've been given the gift of something wonderful to remember them by. Recently, the Braxton County Memorial Hospital Auxiliary, along with the members of the community, their family and friends gathered to say goodbye to two wonderful souls, both with giving hearts. Each soul unique in her own way, but both leaving behind a lifetime of memories to be cherished by those who knew them.

Rosalie Steele, 84 of Sutton, WV entered into eternal rest on June 18, 2019, surrounded by her loved ones. Rosalie, was a life member of the Braxton County Memorial Hospital Auxiliary and still actively serving at the time of her passing. She dedicated her time on a regular basis, helping out with blood drives, holiday luncheons etc. She was honored with member of the year in 2012. In addition to serving others through volunteering at BCMH, she was a member of Christ United Methodist Church in Sutton, WV and served as a dedicated member of the Christ Church Cantina. Along with her BCMH "Family", she leaves behind 3 children and several grandchildren.

Mary Nell Herndon, 87 of Heaters, WV entered her eternal rest on June 3, 2019, following a short illness. Mary Nell was a life member and former President of the Braxton County Memorial Hospital Auxiliary. She dedicated her time to BCMH lovingly for a number of years until her health prevented her from doing so any longer. In addition to BCMH, she spent a number of years in the school system, retiring from her position as cafeteria manager at Flatwoods Elementary after 21 years. She was a member of the Tichnel United Methodist Church and the Heaters Community Education Outreach Services Farm Women's Club. Mary Nell leaves behind a loving husband, 3 children and several grandchildren, as well as a multitude of family and friends.

Both Rosalie and Mary Nell will be remembered as wonderful and caring souls. Those who knew them were blessed with the time given to spend with them. They gave selflessly to others the gift of their time and friendship. Gifts that may hold no monetary value, but remain priceless to those who received them.

When each one answered the Lord's call, as we all one day will do, the earth lost a wonderful asset, but heaven gained a giving heart.

**Mary Nell**

for Braxton County Memorial Hospital
July 2019



Hello everyone! **Congratulations on an AMAZING GO LIVE!** Way to go team!

Braxton County Memorial Hospital completed the two week post go live with record breaking numbers! This is an exemplary achievement and provides a great example of what can be accomplished with determination and dedication! All the hard work and preparation that you've all put forth the past several months has paid off and was profoundly evident during the Go Live process. I hope now that you've had a chance to familiarize yourselves with the EPIC system you are pleased with its ability to simplify your daily workflow as well as improve the quality of our patient care. Be assured that you'll continuously learn new features of the program and will become more comfortable navigating your way through with each login.

Recently, we welcomed Kathryn Kessler as Human Resources Director. Kathryn will serve as HR Director for both Braxton County Memorial Hospital and Summersville Regional Medical Center. She has an impressive background and comes on board with many great ideas for improvements. Her office is located on the lower level of the Administrative Building (Sharon Gaston's former office). At this time she doesn't have a set schedule at either facility, but divides her time between the two as necessary. Please note that Kathryn is always available by email.

Another exciting change has been the reopening of the Ultrasound Department. In the past the services were contracted; therefore, BCMH didn't receive any revenue from the services rendered. Upon reopening the department, the staff became members of the BCMH family. Results of these tests will now be readily available to providers who have access to the EPIC system.

Benefit enrollments sessions have concluded and those who signed up for benefits should be receiving their insurance cards in the near future. This has been a tremendous undertaking for WVU Medicine staff we appreciate their help and your patience. You should have begun using the HR1Source and Ultipro applications to access things such as benefit information, pay stubs etc. If you haven't accessed either of these applications and need help doing so, please contact your manager or HR for assistance.

I want to thank everyone for their continued efforts and outstanding job performance as we continue to work towards improving the quality of care offered to the citizens of Braxton County and surrounding areas. I continue to be inspired by the amount of compassion and sincerity that flows from within the hospital, a direct result of such a wonderful group of people working together as a team.

Keep up the great work!





What's new for you at BCMH?

The EPIC system conversion isn't the only change that's happened at BCMH recently, below are some other useful benefits now available to employees through WVU Medicine.



HR1Source

Any questions or concerns relating HR are now processed through HR1Source staff at WVU Medicine. HR1Source provides employees with information about Absence/Time Off, Benefits, Payroll, Tuition, Retirement, and The Wellness Program. In addition, direct access to vendor partners for healthcare, retirement, and leaves of absence is provided. On the HR1Source website, articles and FAQs allow employees to quickly search for relevant information.

There are multiple ways for employees to receive HR1Source support:

- Call** – HR Customer Service team members are available by phone Monday through Friday, 7 a.m. to 5 p.m., at 1-833-599-2100.
- Click** – The new HR1Source website is available 24/7 for employees and features personalized content. The new website is accessible at hr.wvumedicine.org.
- Chat** – Employees who access the new website can take advantage of an online chat tool, which allows them to connect with HR Customer Service team members. It is available weekdays from 7 a.m. to 5 p.m.



Ultipro

Employee Self-Service (ESS) is a convenient, secure, user-friendly HR/Payroll resource that allows employees to view their personal and payroll data and easily make changes. Sign up for and manage benefits etc. ***Please note that there are different links for WVU Medicine, University Health Associates, and WVU Dental Corporation employees.***

To access Ultipro:

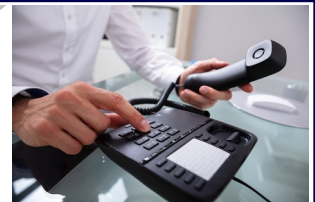
Open HR1Source and click on the Quick Links tab and then click on Ultipro
Or
Open up the WVU Connect Browser, click on Applications, then click on Ultipro.

WVU Medicine

**If you see it,
report it.**

Corporate Compliance Hotline

**Compliance is everyone's responsibility.
It means doing things right and
doing the right thing.**



**Unethical behavior, fraud, waste, or abuse can be reported via the phone or web.
Employees should be aware that if requested,
all calls or web inquiries shall remain anonymous and should not fear retaliation.**

WVUHS / 1-855-236-2041

wvuhs.alertline.com

Who is the EAC and what do they do?

Who doesn't like to feel appreciated?



Who doesn't like to win a prize once in while or receive a treat such as an ice cream sundae on a hot summer day?

The Employee Activities Committee (EAC) at Braxton County Memorial Hospital is a group of BCMH employees who dedicate a portion of their time to planning activities and events to show appreciation for everyone at BCMH. Hospital week and the annual awards ceremony are a couple of the activities that the EAC takes part in planning. There is a lot of behind the scenes work that goes into the planning of events and a lot of manpower that goes into carrying through with the plans. More help available means more fun activities can be scheduled. Recently, the ability to host activities has decreased, partly because of lack of help to organize and oversee them. With your help we'd like to change that and be able to show the employees of BCMH that they are appreciated.

The EAC is always looking for new members. Being an EAC member doesn't mean you have to obligate yourself help with each activity. With enough active members, there can be flexibility so that EAC members can enjoy the activities and join in the fun as well (after all, they are employees too, just like you). Our meetings are always open to all employees and joining the committee is easy, just attend a meeting and let us know you want to help!

If you aren't able to join the EAC, another way you can help is to support us when we have fundraisers. **EVERY PENNY** earned by the EAC through fundraising goes back into doing something for the employees at BCMH.

Anyone who wants to join the EAC or help out with future activities or fundraisers is encouraged to attend the next EAC meeting which will be focused on redesigning the EAC and building upon new ideas to improve what we do for the employees at BCMH.



EAC MEETING
TUESDAY, JULY 23, 2019
BCM H
MULTI PURPOSE ROOM
9:30 AM

EVERYONE IS
WELCOME TO ATTEND!!!



TEAM
Together
Everyone
Achieves
More



Tickets at Work

A useful benefit brought to you by WVU Medicine

Welcome!



is pleased to announce our new partnership with TicketsatWork. Now you'll have access to exclusive savings on movie tickets, theme parks, hotels, tours, Broadway and Vegas shows & more. Be sure to visit often as new products and discounts are constantly being added!

Company Code:

**MEMBERS
HAVE MORE
FUN!**



For customer service, please call 1-800-331-6483
or email: customerservice@ticketsatwork.com

Sign Up Today in 60 Seconds!

- 1 Visit www.ticketsatwork.com.
- 2 Click on the "Become a Member" box at the top of the homepage.
- 3 You will then be prompted to create an account with your email address and company code.
- 4 Or, you can place your order by phone. Call customer service at 800-331-6483. Orders are taken from 8:30am-12am/7 days a week (holidays included). Eastern Standard Time.

For More information log on to [HR1Source](#) and click on the following:
Benefits ➡ Employee Discounts ➡ WVU Medicine Employee Discounts

HUMAN RESOURCES NEWS & UPDATES

Provided by Candace Wimmer, HR Coordinator



July Birthdays



Eric Campbell	Pharmacy	1
Cheryl Lilly	Business Office	1
Terri Vidal	Emergency	1
Laurie Elkins	Surgery	5
Brent Glover	ED/Hospitalist	12
Catherine Bruffey	Radiology	18
Brianna Rouse	Medical Records	21
Briana Silman	Med Surg	21
Tabatha Baldwin	Laboratory	22
Mary Fields	Med Surg	23
Robert Burnside	Surgery	24
Rick Jarvis	Maintenance	27
Ricky Carpenter	Emergency	29
Eva Pitcock	Med Surg	29
Sandi Johnson	Medical Records	31



August Birthdays



Michael Casto	Surgery	1
William Given	Ed/CHC	2
Jazmine Valdivieso	Med Surg	2
Bradley Persinger	Surgery	3
Cheryl Ratliff	Radiology	3
Bruce Myers	Dietary	7
Hannah Given	Radiology	12
Kelli Robinson	Home Health	14
Mike Frame	Surgery	16
Melanie Frame	Surgery	16
Dustin Hern	Emergency	20
Debra Hamrick	Admitting	21
Loretta Fisher	Medical Records	22
Sherry Garavaglia	Emergency	23
Brittany Rader	Med Surg	23
Tiffany Hollandsworth	Radiology	24
Rhonda Williams	CHC	24
Jill Cottrill	Emergency	25
Donna Snider	Cardio Pulmonary	25
Michelle Nottingham	Laboratory	26
Christopher Martin	Med Surg	27
Carol Edwards	Home Health	28
Rex Tremmel	Pharmacy	28
Cindy Sartin	Medical Records	30

UPCOMING EVENTS AT BCMH *The IV*

MEDITATION MOMENTS

Provided by Terry Hoover, Ministerial Coordinator



Pastors from the Braxton County Ministerial Association will be conducting short devotional services in the Chapel as noted below. All staff, patients, and visitors are invited to attend.

PASTOR	DATE	TIME
Harold Greenlief	July 10th	2:00 pm
Sheila Baughman	July 17th	2:00 pm
Wally Post	July 24th	2:00 pm
Scott Posey	July 31st	2:00 pm

SCHEDULED TRAININGS

Provided by Randal Conrad, Safety Officer / Employee Health



The following trainings are scheduled for the month of **July 2019**:

CPR ~ July 26

If you are interested in signing up for any trainings, please contact **Randy Conrad @ ext. 1048**



Blood Drive

DATE:

Tuesday, August 20, 2019

TIME:

To Be Announced

PLACE:

BCMh Multi-purpose Room



FINANCIAL & STATISTICAL RESULTS (MAY)



Provided by Kimber Knight,
Chief Financial Officer



NEWS & NOTES

Get Well Wishes to the following:

- ☺ **Alvie Loyd** (*Chaplain*).
- ☺ **Dr. Stephanie Frame** (*CHC*)

Thoughts and Prayers are extended to the following:

- * **Cheryl Lilly** (*Business Office*)
- * **Jennifer Markle** (*Outpatient Nursing*) and her husband, **Shannon**.
- * **Gail Stump** (*Surgery*) and her son **Patrick** regarding his recent struggle with health issues.

Congratulations to the following:

- * **Trisha Dakeman** (*Laboratory*) for passing her exam and receiving her MLT certification.

Sincere Condolences are extended to the following:

- ♥ **Judy Davis** (*Administration*) regarding the loss of her Uncle.
- ♥ **Nancy Crosby** (*Emergency*) regarding the loss of her Mother in Law.
- ♥ **Peggy Nesselrotte** (*Business Office*) regarding the loss of her Aunt.
- ♥ The family of **Rosalie Steele** (*Auxiliary*) regarding her recent passing.
- ♥ The family of **Mary Nell Herndon** (*Auxiliary*) regarding her recent passing.



New Faces at BCMH

The following employees recently joined the BCMH family:

Brooke Beckett, RT	Radiology
April Haney, LPN	CHC
Jody Kinslow, Sonographer	Ultrasound
Erin Nesselrotte, Sonographer	Ultrasound
Amber Nottingham, Clinical Asst.	Ultrasound

**If you see these new faces,
welcome them to BCMH!**

FINANCIAL DATA (OOOs OMITTED)	INCOME STATEMENT	
	CURRENT MONTH	YTD
Patient Revenues	\$2,279	\$11,754
Revenue Deductions	\$1,130	\$5,096
Net Patient Revenues	\$1,148	\$6,657
Operating Expenses	\$1,228	\$7,335
Other Revenue	\$80	\$677
Operating Net Income (Loss)	(\$74)	\$150
STATISTICALS	CLINICAL DATA - INPATIENT	
	CURRENT MONTH	YTD
Discharge Days	23	113
Admissions	63	386
Avg. Daily Census	2.7	3.3
STATISTICALS	CLINICAL DATA - OUTPATIENT	
	CURRENT MONTH	YTD
Surgeries	43	288
Emergency Department Visits	748	3,690
Other Outpatient Visits	1,463	7,534
Home Health Visits	552	2,574
Community Health Center Visits	664	4,039

~ 10 ~



BEAT THE HEAT: Extreme Heat

Heat related deaths are preventable

WHAT:

Extreme heat or heat waves occur when the temperature reaches extremely high levels or when the combination of heat and humidity causes the air to become oppressive.

WHO:



WHERE:



HOW to AVOID:



During extreme heat the temperature in your car could be deadly!



HEAT-RELATED ILLNESSES

The IV

WHAT TO LOOK FOR

WHAT TO DO

HEAT STROKE

- High body temperature (103°F or higher)
- Hot, red, dry, or clammy skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Losing consciousness (passing out)

- Call 911 right away-heat stroke is a medical emergency
- Move the person to a cooler place
- Help lower the person's temperature with cool cloths or a cool bath
- Do not give the person anything to drink

HEAT EXHAUSTION

- Heavy sweating
- Cold, pale, and clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Tiredness or weakness
- Dizziness
- Headache
- Fainting (passing out)

- Move to a cool place
- Loosen your clothes
- Put cool, wet cloths on your body or take a cool bath
- Sip water

Get medical help right away if:

- You are throwing up
- Your symptoms get worse
- Your symptoms last longer than 1 hour

HEAT CRAMPS

- Heavy sweating during intense exercise
- Muscle pain or spasms

- Stop physical activity and move to a cool place
- Drink water or a sports drink
- Wait for cramps to go away before you do any more physical activity

Get medical help right away if:

- Cramps last longer than 1 hour
- You're on a low-sodium diet
- You have heart problems

SUNBURN

- Painful, red, and warm skin
- Blisters on the skin

- Stay out of the sun until your sunburn heals
- Put cool cloths on sunburned areas or take a cool bath
- Put moisturizing lotion on sunburned areas
- Do not break blisters

HEAT RASH

- Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)

- Stay in a cool, dry place
- Keep the rash dry
- Use powder (like baby powder) to soothe the rash



WVU Medicine

BRAXTON COUNTY
MEMORIAL HOSPITAL

Caring for you close to home

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Gassaway, WV 26624
Phone: (304) 364-5156
www.braxtonmemorial.org