

What is a Recovery Coach?

A Recovery coach is a specially trained volunteer, who will walk with you on your path to recovery. Our coaches have the highest training and skill sets to help you succeed.

Why do I need one?

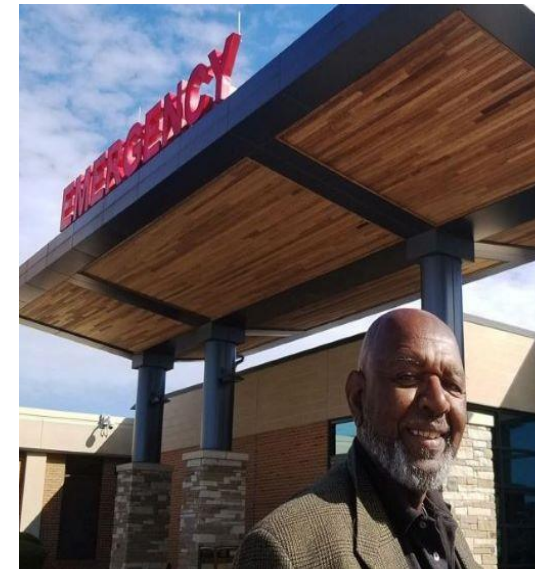
Your recovery is important to us. On your path to recovery, you are likely to face many barriers and obstacles. Our coaches meet you where you are and help you get where you want to be.

- No cost to you!
- All visits are confidential.
- No judgment, just support.
- Excellent Resources.

Bridge to Recovery Program
Berkeley and Jefferson Medical Centers
WVU Medicine
304-264-1000 ext 32239

Recovery Coach

What can they do for me?



(Herald Mail Media, 2018)



"Recovery is any positive change."

Shannon Hicks, Recovery Coach

Contact Us

*Bridge to Recovery Program
304-264-1000 Ext. 32239
jnieves@wvumedicine.org*

"We are connectors..."~James Boyd, Recovery Coach

Recovery Coaches are available to Emergency Department patients 365 days a year, from 4pm-8pm. To access a coach during this time, talk to your nurse.

They can also be contacted outside of these hours to schedule a meeting that works with your own schedule.

If you would like to meet with a recovery coach outside of these hours, please send an email to:

BlueRidgeResourceCenter@gmail.com

Addiction, sometimes called Substance Use Disorder is a condition, not a moral failing.

Did you know that guilt and shame often associated with drug use can get in the way of your recovery?

We focus on the whole person and their goals, working with you to help you figure out the best path to wellness.

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