

Office Use Only						
Date:	BMI:					
Candid	YES					
NO						

Health History

Patient	Patient Name: = Female = Male									
Information	Date of Birth: Current Age: Height:FeetInches									
	Current Weight:lbs. Highest weight:lbs (when)									
	Weight at age 18:									
	Ethnicity: (Check all that Apply) □White/Caucasian □African-American □Hispanic									
	□Asian □Native American or Alaska Native □Native Hawaiian □Pacific Islander									
	□Other									
	I am interested in: □Adjustable Gastric Band □ Gastric Bypass									
	□Sleeve Gastrectomy □Revision of previous bariatric surgery □Unsure									
	Occupation:									
	□Full-time (>35 hours) □Part-time (<35 hours) □Unemployed									
	□Disabled □Retired □Self-employed □Homemaker □Student									
Social History	Marital status: □Single □Married □Divorced □Separated □Widow									
	□Life Partner									
	□Yes □No Do you have children? If yes, how many do you have?									
	□Yes □No Do you have grandchildren? If yes, how many do you have?									
	□Yes □No Have you ever used tobacco products? Is yes, did you use									
	(check all that apply):									
	□Cigarettes □Cigars □Pipe □Chewing tobacco									
	□Yes □No Do you <i>currently</i> use tobacco products? □Yes □No Have you ever used illegal or street drugs?									
	If yes, did you use illegal drugs? □Rarely □Occasionally □Frequently									
	Have you stopped using street drugs? Yes No									
	□Yes □No Do you drink alcohol?									
	If yes, do you drink? □Rarely □Occasionally □Frequently									
	□Yes □No Have you ever had an addiction problem that required treatment									
	or rehab?									
	If yes, please check all that apply:									
	□Alcohol □Illegal (street) drugs									
	□Prescription drugs □Other addiction(s):									
Family	Father's present age: OR age at death: Cause of death:									
History	Health problems:									
	Mother's present age:OR age at death: Cause of death:									
	Health problems:									
	How many brothers and sisters do you have in your family?									
	Please check the box(s) if there is a family history of:									
	□Obesity □Heart disease □Blood clotting or bleeding disorders									
	□Diabetes □High blood pressure □Pulmonary embolus									
	□Breast Cancer □Colon cancer □Lung disease, asthma, emphysema									
	□Malignant hyperthermia □Gastric cancer									



	⊓Ves	□No	Have you been told that you are pre-diabetic or have high blood				
Endocrine			sugars?				
			Do you currently have diabetes?				
			Do you take insulin?				
			Do you take oral diabetic medication?				
			Do you use diet only to treat your diabetes?				
			Do you take medication for thyroid disease?				
	□Yes	□No	Have you ever used steroids for any medical problem(s) in the past year?				
	□Yes	□No	Have you ever been diagnosed with sickle cell disease or trait?				
	□Yes	□No	Are you HIV positive or do you AIDS?				
Pulmonary	□Yes	□No	Have you been under the care of a lung specialist				
(Lungs)			(pulmonologist) in the last 2 years?				
	□Yes	□No	Do you get short of breath walking up a flight of steps?				
	□Yes	□No	Do you get short of breath walking a city block?				
	□Yes	□No	Do you have a history of bronchitis?				
	□Yes	□No	Do you have asthma? If yes:				
			□Yes □No Do you inhaler daily?				
			□Yes □No Do you use inhalers only when needed?				
			□Yes □No Do you use nebulizer treatments?				
			□Yes □No Do you use oxygen?				
			☐Yes ☐No Have you been hospitalized for asthma within the last 2 years?				
			□Yes □No Is your asthma well controlled?				
	□Yes	□No	Have you ever been diagnosed with sleep apnea? If yes:				
			□Yes □No Do you use an oral appliance?				
			□Yes □No Do you use a CPAP machine?				
			□Yes □No Do you use a Bipap machine?				
			□Yes □No Do you use nighttime oxygen?				
			□Yes □No Have you had surgery for the treatment of sleep				
			apnea?				
	□Yes	□No	Do you snore when you sleep?				
	□Yes	□No	Do you wake up at night trying to catch your breath?				
			Do you wake up frequently with a headache?				
	□Yes	□No	Do you wake up from your sleep to urinate nightly?				
	□Yes	□No	Do you routinely sleep in a recliner chair at night?				
	□Yes	□No	Do you have a chronic cough?				
	□Yes	□No	Have you ever been diagnosed with tuberculosis?				
			Have you ever been diagnosed with COPD?				
	□Yes	□No	Have you ever been diagnosed with emphysema?				
			Have you ever been diagnosed with sarcoidosis?				
Cardiac			Have you been under the care of a heart specialist (cardiologist)				
			in the last 5 years?				
			Do you have high blood pressure?				
	□Yes	□No	Do you take medication for high blood pressure?				



	□Yes	□No	Have you seen a doctor for irregular heartbeats?			
			Do you take medication for irregular heartbeats?			
			Have you been told that you have a heart murmur?			
			Have you been told that you have mitral valve prolapsed?			
			Do you currently have chest pain(angina)?			
			If yes, do you have chest pain:			
		□Wh	ile sitting still?			
	□Yes		Have you ever had a heart attack?			
	□Yes	□No	Have you ever had an abnormal EKG (heart tracing)?			
	□Yes	□No	Have you ever had a cardiac (heart) catheterization?			
			Have you ever had a heart treadmill or chemical stress test?			
			Have you ever been told that you have congestive heart failure?			
			Have you ever been hospitalized for heart failure?			
			Have you ever had an angioplasty or cardiac stents placed for			
			your heart disease?			
			Yes □No Are you on blood thinner medication for treatment			
			of your heart disease?			
	□Yes	□No	Do you have leg, ankle, or feet swelling?			
			Are you on medication for leg, ankle, or feet swelling?			
	□Yes	□No	Have you ever had blood clots in your legs (DVT)?			
			□Yes □No Were you treated with blood thinners?			
	□Yes	□No	Have you ever had blood clots in your lungs			
			(pulmonary embolus)?			
			□Yes □No Were you treated with blood thinners?			
	□Yes	□No	Have you been treated for leg, ankle, or foot ulcers (venous			
			status ulcers)?			
	□Yes	□No	Do you have varicose veins?			
			If yes, please circle: Right Leg Left leg Both			
	□Yes	□No	Have you ever had an IVC filter placed for blood clots?			
			Have you ever had a stroke?			
			Have you ever been told that your cholesterol level was high?			
			Do you take medication for high cholesterol levels?			
			Have you ever been told that you have high triglyceride levels?			
			Do you take medication for high triglyceride levels?			
GI	□Yes	□No	Have you seen a GI specialist (gastroenterologist) in the past 2			
(Stomach/Intestines)			years?			
			Do you have frequent difficulty chewing or swallowing?			
	□Yes	□No	Do you suffer from difficulty having bowel movements			
			(constipation)?			
			Do you use stool softeners routinely?			
			Do you have frequent loose stools (diarrhea)?			
			Do you use anti-diarrhea medication routinely?			
			Do you or have you had hemorrhoids?			
	□Yes	□No	Do you suffer from heartburn (acid reflux)?			



	□Yes	□No	Do you routinely take over the counter medications for				
			heartburn?				
	□Yes	□No	Do you take prescription medications for heartburn (GERD)?				
	□Yes	□No	Have you ever been told that you have a hiatal hernia? (hernia				
			In diaphragm).				
	□Yes	□No	Have you ever had a stomach or duodenal ulcer?				
	□Yes	□No	Have you ever been diagnosed with irritable bowel syndrome?				
	□Yes	□No	Are you lactose intolerant?				
	□Yes	$\square No$	Have you ever been diagnosed with Crohn's disease?				
	□Yes	$\square No$	Have you ever been diagnosed with ulcerative colitis?				
	□Yes	$\square No$	Have you ever been diagnosed with cirrhosis?				
	□Yes	$\square No$	Have you ever been diagnosed with a fatty liver?				
	□Yes	$\square No$	Have you ever been diagnosed with hepatitis?				
	□Yes	$\square No$	Have you ever been diagnosed with celiac sprue?				
	□Yes	$ \Box \text{No}$	Have you ever been treated for pancreatitis?				
	□Yes	□No	Have you ever had a previous weight-loss surgery?				
HEENT/NEURO			Do you have frequent headaches or migraines?				
(HEAD)			Do you suffer from hearing loss? Circle: Right Left Both				
			Do you wear glasses, contacts, or use reading glasses?				
			Do you suffer from chronic balance problems (vertigo)?				
	□Yes	□No	Have you ever had a seizure?				
	□Yes	□No	Are you currently taking any medications to prevent seizures?				
	□Yes	□No	Have you ever been diagnosed with multiple sclerosis (MS)?				
	□Yes	□No	Have you ever been diagnosed with pseudotumor cerebri?				
			If yes,				
			□Yes □No Do you have nausea and dizziness with headaches?				
			□Yes □No Do you have vision problems when you have your headaches?				
			□Yes □No Have you ever had an MRI to confirm pseudotumor cerebri?				
			□Yes □No Do you use diuretics for treatment of your				
			pseudotumor cerebri?				
			□Yes □No Do you require narcotic medications for				
			pseudotumor cerbebri?				
			□Yes □No Has surgical treatment been recommended for you?				
			If yes, have you received surgical treatment? □Yes □No				
Bones/Joints/Muscles	□Yes	□No	Have you ever been diagnosed with arthritis? If yes, which one-				
			□Rheumatoid arthritis □Osteoarthritis				
			□Degenerative joint disease □Other arthritis not listed above				
	□Yes	□No	Do you have hip pain that limits your activity level?				
			Circle: Right Left Both				
	□Yes	$ \Box \text{No}$	Do you have knee pain that limits your activity level?				
			Circle: Right Left Both				
	□Yes	$\square No$	Do you have ankles pain that limits your activity level?				
			Circle: Right Left Both				



	□Yes	□No	Do you have shoulder pain that limits your activity level?				
			Circle: Right Left Both				
	□Yes	□No	Do you have frequent back pain which limits your activity level?				
			Have you ever been diagnosed with gout? If yes:				
			□Yes □No Do you currently take medication(s) for gout?				
	□Yes	□No	Do you use a cane or walker to help you walk?				
			Circle- Sometimes Always				
	□Yes	□No	Do you use a motorized scooter or wheelchair?				
			Circle- Sometimes Always				
	□Yes	□No	Have you ever been diagnosed with a herniated disc(s)?				
	□Yes	□No	Have you ever been told that you have carpal tunnel disease?				
	□Yes	□No	Have you ever been diagnosed with scleroderma?				
	□Yes	□No	,				
			If yes, how is it treated:				
		ercis	3				
			rcotic medications Disabling- no treatment has been effective				
			Have you ever been diagnosed with lupus?				
	□Yes	□No	Are you currently under the care of an orthopedic surgeon or				
6	_V	-NI-	neurosurgeon?				
Cancer	□Yes	□INO	,				
			cancer? If yes, what kind of cancer:				
	□Yes	¬No	•				
	□Yes						
		□No	Have you ever had a blood clot in your lung				
	□1C3	□110	(pulmonary embolism)?				
Bladder/Kidney	□Yes	□No					
	□Yes		·				
	□Yes		,				
	□Yes	□No	•				
	□Yes	□No	, , , , , , , , , , , , , , , , , , , ,				
	□Yes	□No					
			If yes:				
	□ C	Occurs	less than once per wee Greater than one occurrence per week				
		Occurs					
	□Yes	□No	,				
			laughing/coughing/sneezing?				
	□Yes		•				
			Have you ever had a kidney infection?				
Psychological	□Yes	□No	Have you ever been diagnosed with depression? If yes,				
			□Yes □No Do you require medications for your depression?				
			□Yes □No Is your depression occasional or episodic?				
			□Yes □No Does your depression prevent you from caring for yourself?				
			yoursen:				



			□Yes	□No	Does your depression prevent you from keeping a job?		
			□Yes	□No	Have you ever required hospitalization for depression?		
			□Yes	□No	Are you currently receiving care by a psychologist,		
			□Yes	o⊓No	, , ,		
					doctor?		
	□Yes	□No		-	ver been diagnosed with anxiety/panic attacks?		
			If yes				
					Do you require medications for anxiety?		
					Is your depression only occasional or episodic?		
			□Yes	□No	employment?		
			□Yes	5 □No	Have you ever required hospitalization for anxiety?		
			□Ye	s □No	Are you currently receiving care by a psychologist,		
					psychiatrist, or therapist for your anxiety?		
			□Ye	□Yes □No Is your anxiety being treated by your family doctor?			
	□Yes	□No	Have If yes	-	ver been diagnosed with having a bipolar disorder?		
			-		Do you require medications for your bipolar disorder?		
			□Y€	es □No			
			□Y€	es □No	• ,		
			□Y	es □N			
			⊓Y	es □N	·		
				C3 =	psychologist, psychiatrist, or therapist for your bipolar disorder?		
			□Y	es □N	o Is your bipolar disorder being treated by your family doctor?		
			□Y	es □N	•		
				·•	schizophrenia or any other form of personality		
			• •		disorder or mental illness?		
			□Y	es □N	o Have you been hospitalized for any form of mental Illness or breakdown?		
Gyn	□Yes	□No	Have	you e	ver had a fertility workup?		
(For Women Only)	□Yes	□No	Are y	ou cur	rently pregnant?		
	□Yes	□No	Do y	ou hav	e monthly periods?		
	□Yes	□No	Are y	our pe	riods irregular?		



□Yes □No	Do you have abnormality heavy or prolonged menstrual periods?			
□Yes □No	Have you ever been pregnant? If so, during any pregnancy, did you have:			
	. □Yes □No Diabetes			
	□Yes □No Low iron levels			
	□Yes □No High blood pressure			
	□Yes □No Pre-eclampsia			
□Yes □No	Are you currently going through or in menopause?			
□Yes □No	Are you currently using oral contraceptives?			
□Yes □No	Are you currently using any other form of contraception?			
□Yes □No	Have you ever been diagnosed with polycystic ovarian disease (PCOS)? If yes:			
	□Yes □No Are you being treated with oral contraceptives?			
	□Yes □No Are you being treated with metformin?			
	□Yes □No Are you being treated with any other medication(s)?			
	□Yes □No Have you been told that you are infertile?			
□Yes □No	Have you had a Pap test done in the last two years?			
□Yes □No	Have you ever had an ectopic pregnancy?			
□Yes □No	Do you receive a gynecological exam yearly?			



Surgical History	History Have you ever had any of the following types of surgery:					
	□Anti-reflux procedure	□Hip replacement				
	☐Appendix removed (appendectomy)	• •				
	□Bowel Resection	□Laminectomy (spine decompression)				
	□Breast cancer biopsy	□Removal of a back disc (discectomy)				
	• •	· · · · · · · · · · · · · · · · · · ·				
	□Breast cancer mastectomy (breast rei					
	□Breast cancer radiation	□Peripheral vascular (blood vessels in				
		Arms and legs) procedures				
	☐Gallbladder removal (cholecystectom	y) □Tubal ligation				
	□Open heart surgery	□Vagotomy (division of vagus nerve)				
	□Hysterectomy	□Vasectomy				
	Other surgeries not listed above (include Procedure)	de any biopsy or cosmetic surgery				
Current	Please list any prescription medication:	s that you are currently taking:				
Medications						
	Name Dosage Instru	ction Reason for Medication				
OTC and Herbal Products	Please list any OTC (over the counter) r currently taking:	medications or herbals that you are				



Allergies	□Yes □No Are you allergic to any medications? If yes please list any adverse Reaction—such as hives, rash, shortness of breath, or anaphylaxis:
	□Yes □No Do you have a latex allergy? □Yes □No Are you allergic to shellfish, iodine, or contrast dye?



Sleep Apnea Evaluation:

loud snoring. People with sleep apnea do not get enough oxygen during sleep, and those who are morbidly obese are at a higher risk for this disorder. Do you have Sleep Apnea? _____Yes _____No If yes, do you wear a CPAP or Bipap machine at night? ______Yes ______No If you have never been diagnosed with sleep apnea, please answer the questions below. It is important to ensure we diagnosis this condition before your surgery. 1. Have you ever fallen asleep at work? Yes No 2. Do you snore? ______ Yes ______ No 3. Has anyone ever told you that stopped breathing at night? Yes No 4. Do you wake up at night? _____Yes _____No 5. If yes, do you notice that you gasp for breath or feel as if you are smothering? _____ Yes_____ No 6. Do you awaken at night with any chest discomfort or tightness? _______Yes _______No Using the scale below, choose the best number to rate each situation and your chance of dozing off during these situations. Scale: 0=would never doze 1=slight change of dozing 2=moderate chance of dozing 3=high chance of dozing Situation: **Chance of dozing:** Sitting and reading Watching TV Sitting inactive in a public place (theater, meeting) As a passenger in a car for an hour without a break Lying down to rest in the afternoon when circumstances permit Sitting and talking to someone Sitting quietly after a lunch without alcohol In a car, while stopped for a few minutes in traffic Total: 0-10: Normal Range 10-12: Borderline 12-24: Abnormal

 Sleep apnea is a disorder of breathing during sleep. Apnea during sleep consists of brief periods throughout the night in which breathing stops and is typically associated with



Insurance Information

Primary Insurance Name:			
Subscriber's Name:	Sex	:Male _	Female DOB:
Subscriber's Address:			Phone:
Insurance ID #:	Group #:		Effective Date:
Relationship to Patient:	Employer:		
Secondary Insurance Name:			
Subscriber's Name:	Sex	:Male _	Female DOB:
Subscriber's Address:			Phone:
Insurance ID #:	Group #:		Effective Date:
Relationship to Patient:	Employer:		