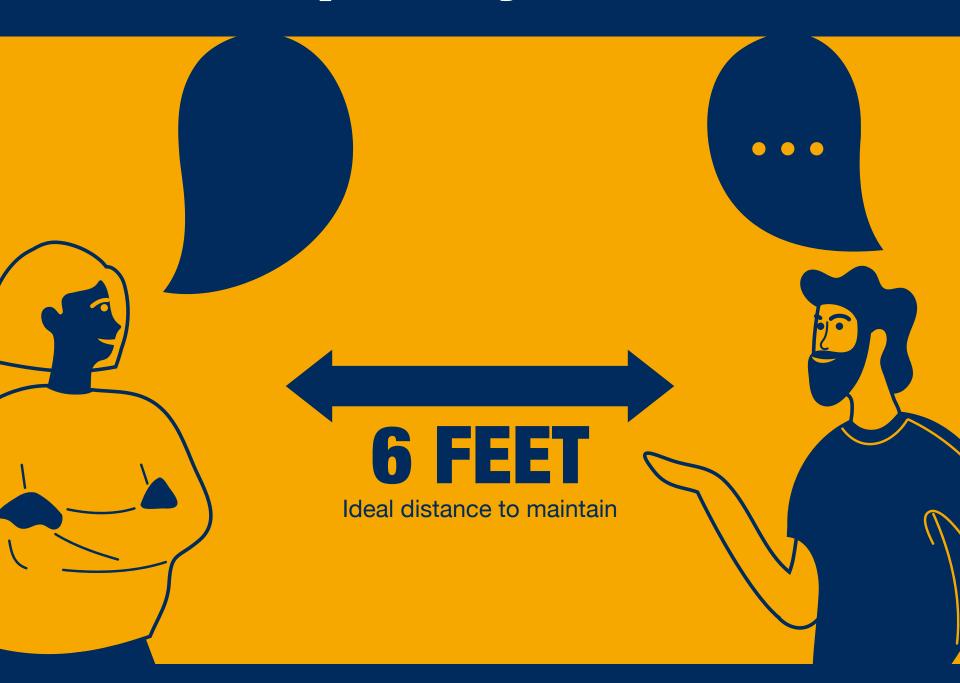
## You can help prevent the spread of respiratory illnesses.



## PRACTICE SOCIAL DISTANCING

The best way to prevent illness is to avoid being exposed to this virus.

The virus is thought to spread mainly from person-to-person, usually between people who are in close contact with one another (within about 6 feet).

Respiratory droplets produced when an infected person coughs or sneezes can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.



WVU Medicine has also established an online resource that will provide you information to help protect you and your family. You can access that by visiting **WVUMedicine.org/COVID**.

The Centers for Disease Control and Prevention's website, also has detailed information that will help educate you. Visit, **cdc.gov/coronavirus/** 



