

2018 Annual Report **WVU**Medicine

### UNITED HOSPITAL CENTER ##=

Cecil B. Highland Jr. & Barbara B. Highland Cancer Center



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### 2018 Director's Report

The Cecil B. Highland, Jr. and Barbara B. Highland Cancer Center at United Hospital Center remains a leading community cancer center in North Central West Virginia. State-of-the-art cancer care continues to be provided to our patients while creating new programs and enhancing existing ones to better serve our community.

UHC Oncology currently has three full time oncologists: Salman Osman, M.D., Paul Brager, M.D, and Shamsher Ali, M.D. A nurse practitioner, Melisa Bedilion, also supports patient care. We welcomed an additional nurse practitioner, Courtney Watkins, in September 2019. In 2020 two additional Medical Oncologists will also join the UHC team. Our collaboration with the WVU Medicine Cancer Institute is strong as we continue to provide state-of-the-art care throughout North Central West Virginia, ensuring that our patients never have to leave the state to get nationally recognized treatments. UHC follows guidelines for best care utilized by accredited cancer centers, of which UHC has been one since the 1980s. We continue to provide cancer care as close to a patient's home as possible with three offsite clinics located in Fairmont, Weston, and Buckhannon.

UHC has also partnered with West Virginia University under the banner of "WVU Medicine"; this enables us to expand our access to clinical trials and we are now able to provide the latest clinical trials, through the West Virginia Clinical Trials Network (WVCTN).

The addition of physician-specific navigators, who with the provider reduce barriers to care and services and improve communication and coordination of care and services, has also streamlined the process to provide assistance to all our patients to ensure that the highest quality of care can be provided in this otherwise difficult journey. This ensures essentially no barriers in communication between the patient and the respective physicians at all times.

Education remains a cornerstone in UHC Oncology. We continue weekly cancer conferences known as Tumor Board, which involves medical and radiation oncology, surgery, pathology, and radiology where complicated cancer management is reviewed. In 2019 tumor board access was also offered to an additional hospital for case review and recommendations for ongoing patient care as needed. Expert clinical seminars are frequently scheduled for our staff. The development of the patient family advisory council developed in 2017 remains an important part of hearing what patients and families need, so that patients and families have a constant and clear voice in what care and services are available and ensuring patient satisfaction is always a cornerstone of our mission.

The Cecil B. Highland, Jr. and Barbara B. Highland Cancer Center is a leader in cancer care and continues to improve outcomes and grow to better serve our region. Our goal is that patients and families know that their cancer journey is not one that they are alone in traveling but a full complement of clinical experts where physicians, nurse practitioners, nurses, navigators, assistants, dieticians, social workers, rehabilitation professionals, behavioral therapists or additional professionals are here to provide care, suggestions, support, or whatever is identified that provides the best possible clinical and quality of life outcomes.



Salman S. Osman, MD *Director* 



### Cancer Center Committee Members

Physician Members Specialty

Paul Brager, MD Medical Oncology/Hematology/

Gerald Wedemeyer, MD Pathology

Thomas Koay, MD Diagnostic Radiology

Shamsher Ali, MD Medical Oncology/Hematology

Ronald Luethke, MD Plastic Surgery/Cancer Liaison Physician

Michael Stewart, MD Radiation Oncology

Salman Osman, MD Medical Oncology/Hematology/Cancer Committee

Chair

Benjamin Raymand, DO General Surgery

Adam Hansen, MD Thoracic Surgery

Justin Teubert, DO Family Medicine

Non-Physician Members

Jeff Majewski, MSW, LGSW Behavioral Health/Psychosocial Services Coordinator

Melissa Lowther, RN, BSN, OCN Nurse Manager Inpatient Oncology

Melissa Morgan, RN, BSN Nurses Manager/Outpatient Infusion Coordinator

Linda Carte, RN, MSN, AOCN VP Cancer Services and Post-Acute Care

Amber Shearer, RN, OCN Clinical Navigator

Gretchen Hennigan, RN, BSN Clinical Navigator

Peggy Johnson, RN, BSN, CBCN Clinical Navigator

Becky Kozul, RT Supervisor Radiation Oncology

Mark Povroznik, PHD VP-Quality

Tracy Potesta, MSW Social Worker Oncology

Lorry Richards, RHIT, CTR Cancer Registrar/Cancer Registry Quality Coordinator

Maggie Lowther, RN, BSN, OCN Oncology Program Coodinator/Community Research

Coordinator

Melisa Bedillion, MSN, FNP-BC, OCN Nurse Practitioner - Oncology/ Clinicical Research

Coordinator

Sabrina Martin-Vernon, RN, BSN Clinical Trials Nurse/Clinical Research Coordinator

Scott Harding, RN, OCN Clinical Navigator

**Invited Guests** 

Lisa Ashcraft-Carr, RD Dietician Oncology

John Fernandez, VP VP Operations

Amy Patrick, MS, DABR Chief Medical Physicist/Radiation Safety Officer

Mary Lough ACS Hospital Systems Account Representative

James Morley, MDV Chaplain/Ethics

John Pulice, PT Rehabilitation

Jessica Scroggs, RN, BSN, OCN Radiation Oncology Nurse

Todd Rohrbough, RPH Pharmacy

Lea Hauser, RN Nurse Manager Hospice

Yemi Akin-Olugbade, MD Urology

Marc Costa, MD General Surgery



### Cancer Program Practice Profile Reports (CP3R)

This is the most current data available

The Cancer Committee ensures and monitors that patients treated at United Hospital Center receive care according to nationally accepted measures. The Commission on Cancer measures compliance with current COC quality reporting tools – the Cancer Program Practice Profile Reports. Below is the summary of CP3R performance that reports 2017 cases treated at United Hospital Center. We are very proud that our program is exceeding all of the required performance expectations of the Commission on Cancer.

Select Measure	Measure	COC Expected Performance Percentage	Estimated Performance Rates for United Hospital Center 2017
Radiation therapy is administered within 1 year (365 days) of diagnosis for women under age 70 receiving breast conservation surgery for breast cancer (accountability).	BCSRT	90%	90%
Radiation therapy is recommended or administered following any mastectomy within 1 year (365 days) of diagnosis of breast cancer for women with >= 4 positive regional lymph nodes (accountability).	MASTRT	90%	100%
Tamoxifen or third generation aromatase inhibitor is recommended or administered within 1 year (365 days) of diagnosis for woman with AJCC T1c, or stage 1B - III hormone receptor positive breast cancer (accountability).	НТ	90%	96%
Image or palpitation-guided needle biopsy to the primary site is performed to establish diagnosis of breast cancer (quality improvement).	nBx	80%	98.7%
At least 12 regional lymph nodes are removed and pathologically examined for resected colon cancer (quality improvement).	12RLN	85%	100%
Preoperative chemo and radiation are administered for clinical AJCC T3N0, T4N0, or Stage III; or postoperative chemo and radiation are administered within 180 days of diagnosis for clinical AJCC T1-2N0 with pathologic AJCC T3N0, T4N0, or Stage III; or treatment is recommended; for patients under the age of 80 receiving resection for rectal cancer (quality improvement).	RECRTCT	85%	100%
Systemic chemotherapy is administered within 4 months to day preoperatively or day of surgery to 6 months postoperatively, or it is recommended for surgically resected cases with pathologic lymph node-positive (pN1) and (pN2) Non-Small Cell Lung Cancer (quality improvement).	LCT	85%	100%
Surgery is not the first course of treatment for cN2, M0 lung cases (quality improvement).	LNoSurg	85%	90.9%
At least 15 regional lymph nodes are removed and pathologically examined for resected gastric cancer (quality improvement).	G15LRN	80%	100%



# Summary of Performance Improvement Initiatives and Compliance of the UHC cancer program as developed and monitored by the cancer committee.

- Clinical goals during 2018 included:
  - Development of an on-line/teleconference tobacco cessation group
    Prior to this initiative the only offering was an in person program and was
    poorly attended. During the time of initiating this program a cancer center
    nurse practitioner became certified in tobacco cessation and soon a program
    was implemented for one on one clinical consults to assist in a personalized approach for tobacco cessation. Patients appreciated the effort to set up
    teleconference approaches, but found much positive value in a one-on-one
    program.
  - Implement a monthly education opportunity on the inpatient oncology area

A monthly program was developed and implemented with 100% participation and positive feedback. A. hard copy of information was also made available. Topics included, but were not limited to, distress screening, symptom management as diarrhea, nausea, vomiting, pain, certification resources, oncologic emergencies, and care of self-specific to compassion fatigue.

 Development of three or more shared common quality goals between UHC and St. Joseph's Infusion Centers

Four goals were developed collaboratively and met. Patient feedback has been very positive. The shared goals included standardization of education processes, implementation of the use of PHQ2 and 9, revised chemotherapy consent, and patient navigation services now offered on site.

 Provide a CME program on cancer related pain management for providers

A program was provided on 4/18/18 with overwhelming positive survey results in relation to new strategies in relation to cancer pain management

- Programmatic goals during 2018 included:
  - Provide aspects and concepts of shared decision making to promote patient satisfaction

Patients in the OCM program have the opportunity to rate their interactions for shared decision making. The scale is a simple 1-10 rating with 10 being the best experience. Preliminary scores show improvement on shared decision making process acknowledgement of patients. Goal set at 9.37. While improvement occurred, movement from baseline of 7.34 to 8.66 during 2018 was noted.

- Integration of Urology into OCM and all transformation elements

  Patients who receive bladder instillation chemotherapy are being included in the Oncology Care Model. Education was provided to all providers, audit of process, and compliance reported to the OCM results. Navigators remain constant with patients with urological cancers.
- Develop and implement an infusion center in Lewis County
  An infusion center was in place 1st quarter of 2018, a multidisciplinary group reviewed all processes and the service opened 9/17/18. Services are provided for patients to receive close to home with the same standards at UHC. Patients and community responded very positively.

Summary of Performance Improvement Initiatives and Compliance of the UHC cancer program as developed and monitored by the cancer committee.

 Add registration function to radiation oncology to reduce wait times from 15 minutes to 5 minutes or less

A radiation specific registration area was developed that reduced wait times and raised patient satisfaction for radiation oncology patients and families.

- Explore the feasibility of same day appointments
  When same day appointments are requested they are accommodated. A
  work group continues to develop a more frequent approach to same day appointments.
- Cancer Program Practice Profile Reports

Cancer program practice profile reports are a requirement of our UHC cancer center accreditation process through the American College of Surgeons Commission on Cancer. These benchmarked clinical outcomes look at specific cancers: Breast, colon, cervix, lung, and other cancers and compare our cancer performance in providing appropriate nationally recognized specific care. There were no areas that needed improvement, as performance met or exceeded nationally accepted performance in the areas examined.

### Studies of Quality

- A study of quality was done on utilization patterns of low dose CT lung cancer screening. Barriers to utilization of low dose CT lung cancer screening are unknown. West Virginia ranks 50th nationally among all states in incidence of lung cancer. Five year survival after diagnosis in WV is 16.9 percent which is much lower than the national rate of 20 percent. While this screening tool has been available at the facility for approximately three years, there was at UHC, as well as nationally, an underutilization of this tool. Providers of all levels were interviewed for understanding utilization patterns. The findings included that more than 50 percent were unaware or not completely aware of this screening availability at UHC. There were some questions surrounding how to order the test or what patient information was needed. While providers were positive about having this tool for high risk patients, patients in the past were concerned about cost of the test along with patient ambivalence to knowing early if they had cancer. The corrective action plan was to develop a wide spread education to providers and the community. Another step to let the community know that Medicare pays for the screening in certified facilities, of which UHC is a participant. Other important factors that were identified were included in the corrective action plan.
- A study of quality was done on the informed consent process for chemotherapy and radiation therapy. While the consent process is defined, outcomes revealed there are opportunities to reduce wait times in the infusion center which tends to provide for patient dissatisfaction. All incidents showed that where the patient had a wait time; it was a result of a written informed consent not being executed. Findings included the following: Consents were not easily available in the exam room, patients were not always identified by the entire team as the 1st treatment or change in treatment, patients and families were at times emotionally upset which could have distracted from consent completion, the current form had opportunity to be written in a more clear format, consent failures were often mid-mid-morning during the busiest clinic time or at times consents were done, but not scanned into the EMR for reference by the time the patient presented for treatment. Corrective action plan included availability of forms, better identification systems, resources for stress reductions, and a more timely scanning process.

Summary of Performance Improvement Initiatives and Compliance of the UHC cancer program as developed and monitored by the cancer committee.

- Monitoring compliance with evidence based guidelines
  - During two quarters in 2018, all breast cancer cases were reviewed for compliance with NCCN guidelines and other best practices. Of the cases reviewed only two cases were marked outside of compliance through no provider omission. One case the patient refused surgery which would have been the standard of care and one case diagnosed in another state did not have enough information for analysis of compliance available to audit. The overall result of provider compliance was 100 percent.

### Quality improvements

- Consistent rounding will be implemented in the cancer center including assessment of wheelchair availability and reduction of registration desk congestion. This was implemented based on a 2017 quality study of dissatisfaction. Rounding was consistently put into place with much patient appreciation for rounding efforts. A daily wheelchair assessment is now the norm with housekeeping assisting. Additional wheelchairs were ordered and a people mover is now on site to assist with patient travel. The addition of the radiation registration area also assisted in reduction in congestion.
- Based on a 2017 quality study concerning timely hospice referrals, the goal was to promote earlier hospice referrals by offering two provider based education offerings and a quarterly community education program on hospice services and how to make a referral. Baseline was 55 percent of Medicare patients had referrals to hospice when appropriate where the length of life was three days or greater. The result was an increase of 60 percent, along with an upturn in referrals between 31-90 days and 4-14 days receiving services at home rather than in facilities.

Additional Quality improvements were made involving patient satisfaction, program development, adding services and programs, and working with our patient family advisory council to keep aware of what is important to those we provide care and services on a daily basis. morning during the busiest clinic time or at times consents were done, but not scanned into the EMR for reference by the time the patient presented for treatment. Corrective action plan included availability of forms, better identification systems, resources for stress reductions, and a more timely scanning process.



■ Low-dose CT Lung Screening — Ongoing

The LDCT is an ongoing lung screening procedure that has the potential to detect lung cancer at earlier stages. This screening is done by physician referral and eligibility requirements must be met prior to screening. This is an offering provided at UHC based on CT scanners certification process and will be an ongoing offering. Patients and physicians seem to be receptive to this screening, as screening numbers have greatly increased in 2018.

2018: 168 Patients

Stollin' Colon — March 8 & 9, 2018, in front of Cancer Center

General public was invited to this education offering including a "blow up" colon showing different aspects of colon health. Education was provided to all participants. Those who wished to have colon health screening via FIT test or colonoscopy were properly scheduled. The event was held in conjunction with UHC Family Medicine, UHC General Surgery, and UHC Cancer Center. The public was very receptive to the education, but very few individuals scheduled for either the FIT test or colonoscopy.

Participation number varied per day

Men's Health Event — March 14, 2018, Family Medicine Department
Men were eligible to receive a PSA, physical prostate exam, physical testicular
exam, and a take home FIT test. Men were also provided a group education session prior to the individual exams regarding men's health issues. Patients were
given a Pre/Post exam questionnaire to evaluate the education provided. Patients
were also provided a patient participant survey to rate their experience. The men
who attended seemed very receptive and positive feedback was given by those
who attended. The event was advertised in the 2018 Program Schedule, Clarksburg Exponent Telegram and Fairmont Times West Virginian newspapers advertisement, UHC website, UHC Facebook page, and UHC Digital Screen Board.

15 Men Attended
Testicular Exam — 1 Mass/Nodule
Prostate Exam — 1 BPH, 2 Enlarged, 2 Nodules
FIT Test — 1 Positive
PSA — 1 Positive
3 F/U with PCP
2 F/U with Urology
1 F/U with General Surgery

 Skin Cancer Screening Event — April 27, 2018, Radiation Oncology Department

Mountain State Dermatology physicians, PA, and NP, students of United Technical Center, and UHC Cancer Center staff worked together to provide this free screening. Participants were provided education handouts as well as one-on-one education by ACS. The patient could choose to do a complete or partial body exam. Patients were sent home with a copy of their assessment form, as well as list of providers for follow up if a referral or biopsy were recommended. Copies of the screening exam are also sent to the AAD and Mountain Sate Dermatology as well. Patients were given a Pre/Post exam questionnaire to evaluate the education provided. Patient were also provided a patient participant survey to rate their experience. The event was advertised in the 2018 Program Schedule, Clarksburg *Exponent Telegram* and Fairmont *Times West Virginian* newspapers advertisement, UHC website, UHC Facebook page, Facebook ads, and UHC Digital Screen Board. Patients seemed very receptive to program.

60 Participants Attended

- 4 Patients Referral for Biopsy
- 5 Patients Referral for General Skin Conditions
- Skin Cancer Screening Event September 14, 2018, FSU Campus/Student Health

Mountain State Dermatology NP/Staff and the UHC Cancer Center Staff worked together to provide this free screening on the campus at Fairmont State University in the Student Health Department. Participants were provided skin cancer prevention/sun safety education with discussion as well as multiple free samples. Participants seemed very receptive to this program. This event was advertised by Fairmont State University.

- 18 Participants Attended
- 1 Patient Referral for General Skin Condition
- 0 Patient Referral for Biopsy
- Patients were scheduled for appointments with the option of having a manual breast exam, PAP smear test with internal exam, FIT test, and a mammogram scheduled at a later date if patient met criteria. Patients were permitted to refuse any part of the exam they wished. Patients consented to the exam prior to the physician seeing patient. The staff of the UHC Cancer Center and the United Technical Center assisted the physicians with the exams. The patients were also provided education by the staff of the UHC Cancer Center and the ACS representatives. Patients were given a Pre/Post exam questionnaire to evaluate the education provided. Patients were also provided a patient participant survey to rate their experience. Patients seemed very receptive of this event with positive feedback given. The event was advertised in the 2018 Program Schedule, Clarksburg Exponent Telegram and Fairmont Times West Virginian newspapers advertisement, UHC website, UHC Facebook page, and UHC Digital Screen Board.

26 Women Attended

Manual Breast Exam — 3 Abnormal

PAP Test — 21 Done (14: Negative, 5: Atrophic Changes, 2: Reactive Cellular Change/Inflammation)

FIT Test — 13 Done (12: Negative, 1: Positive)

Mammograms scheduled until June, 2019. The final report for the 2018 Women's Screening will be included in the August, 2019 Community Outreach Report.

■ Women's Health Event — October 18, 2017, Family Medicine Department (Last Mammogram performed in June, 2018)

Patients were scheduled for appointments with the option of having a manual Breast Exam, PAP test with internal exam, FIT test, and a mammogram scheduled at a later date if patient met criteria. Patients were permitted to refuse any part of the exam they wished. Patients consented to the exam prior to the physician seeing patient. The staff of the UHC Cancer Center and the United Technical Center assisted the physicians with the exams. The patients were also provided education by the staff of the UHC Cancer Center and the ACS representatives. Patients were given a Pre/Post Exam questionnaire to evaluate the education provided. Patient were also provided a patient participant survey to rate their experience. Patients seemed very receptive of this Event with positive feedback given. The event was advertised in the 2018 Program Schedule, Clarksburg Exponent Telegram and Fairmont Times West Virginian newspapers advertisement, UHC website, UHC Facebook page, and UHC Digital Screen Board. Patients seemed very receptive to program.

22 Women Attended (1 patient was a participant for mammogram only)

Manual Breast Exam — 5 Abnormal PAP Test — 0 Abnormalities FIT Test — 0 Abnormalities

Mammogram — 4 F/U ultrasound of right breast which were then normal; 1 patient received extensive workup including surgical referral, ultrasound of right breast, ultrasound guided biopsy of right breast which indicated cyst; patient is receiving F/U mammograms every 6 months

### **2018 Support Programs**

■ Look Good Feel Better, American Cancer Society — 1-3 p.m. in UHC Classroom #1

This program creates a support system for cancer patients through sessions with professionals on make-up, skin care, hair, and wigs. This program is currently/continuously being advertised to the community with the 2018 Program Schedule, ACS brochures, Cancer Center Communication Board, and Thursday front page newspaper ads in the Clarksburg *Exponent Telegram* and Fairmont *Times West Virginian*.

Total Sessions 2018: 5 Total Participants 2018: 15

- Breast Cancer Support Group "Butterfly Kiss" Peggy Johnson
  Support group for all breast cancer patients with UHC Clinical Navigator for breast health. Each meeting includes a guest speaker with an educational offering.

  Members 38. This support group is advertised to the community by the 2018
  Program Schedule, flyers posted in Cancer Center waiting room, and information cards given to all breast cancer patients.
  - January Cancelled (Weather)
  - February Question and Answer on Breast Cancer
  - March Becky Smith "Stress Reduction"
  - April Becky Smith "Stress Reduction"
  - May Becky Smith "Stress Reduction"
  - June Becky Smith "Stress Reduction"
  - July Becky Smith "Stress Reduction"
  - August Becky Smith "Stress Reduction"
  - September Relaxation Therapy
  - October Celebrating Breast Cancer Awareness Month
  - November Bill Ofield "Thai Chai"
  - December Holiday Festivities
- Lung Cancer Support Group Cancelled after First Quarter 2018 due to no participation in 2017 through First Quarter 2018
- Head and Neck Support Group —Cancelled after First Quarter 2018 due to no participation in 2017 through First Quarter 2018
- Fresh Start Program Linda Carte, Peggy Johnson, Gretchen Hennigan, Amber Shearer

Available and offered based on community interest. This is a four-part series for tobacco cessation advertised to the community by the 2018 Program Schedule, and ACS website.

Total Participants 2018: 0

1:1 Counseling provided by all Navigators, WV Quitline, and Highmark Blues on Call Health Coach provided for Smoking Cessation as well. Michelle Hughes is providing a 30-day post-counseling F/U regarding all Smoking Cessation intervention

■ Smoking Cessation Support Group — Amber Shearer, Gretchen Hennigan/ Flexible Time based on patient request

This support offering meets on demand for any individual needing support during a journey of smoking cessation. The group uses techniques and tools from the ACS program, Fresh Start, as well as personal coaching. This program will be advertised to the community by the 2019 Program Schedule, ACS brochures, Cancer Center Communication Board, and binder handouts to patients.

Total Participants 2018: 0

■ Youth Skin Cancer Prevention/Sun Safety Education Event — June 19,
 2018 — Harrison County YMCA Day Camp

UHC Oncology Program Coordinator provided an education session regarding skin cancer prevention and sun safety practices. The children seemed very receptive of the event. Positive feedback was provided by the children as well as the YMCA staff.

Total Participants ranging in age from 4-14: 56

- "It's All About You" Cancer Survivorship Series Fair October 1 and 2, 2018, Cancer Center UHC, 10:30-12:30 Offerings:
  - American Cancer Society: Services provided by ACS, educational handouts, and tobacco cessation resources.
  - Behavioral Health: Services provided dealing with psychosocial support through diagnosis and treatment. Education Focus: Caregiver burnout and support for these caregivers with tips and tools in dealing with the stress of caregiving.
  - Clinical Navigators: Disease specific resources and support given through the navigation process including survivorship.
  - Pharmacy: Education on medications as requested.
  - Nutrition Services: Healthy eating, reducing your cancer risk, and additionally eating well after the diagnosis of cancer and throughout treatment process.
  - Rehabilitation: Increasing your activity to reduce your cancer risk and additionally rehabilitation opportunities after the diagnosis of cancer.
  - Speech Therapy with tips and tools for those diagnosed with Head and Neck Cancers.
  - Yoga services introducing the new offering to patients of UHC.
  - Clinical trial offerings at UHC: Information provided to patients who might be interested including the Cancer Experience Online Registry.
  - Radiation Oncology: Services provided by Radiation Oncology.

Target diseases for prevention: Lung cancer, bladder cancer, breast cancer, colon cancer, and prostate cancer. "It's All About You" targets four of the five top cancer diagnoses at UHC for prevention by tobacco cessation, healthy eating, and active lifestyle. Education offering included information for cancer survivorship and caregiver burnout. Attendees were provided samples of various healthy food items and provided with recipe cards. Participants had positive feedback while attending and asked excellent questions of the health professionals available.

Total Participants: 150 plus attendees

- "Let's Talk to Kids about Cancer" Wednesday, October 17, 2018, UHC Cancer Center, 5:30-6:30 p.m.
  - A program for children ages 6-12 who have a significant adult in their lives diagnosed with cancer; the program includes a tour of UHC's Infusion Center and the Radiation Oncology Department. A behavioral therapist was available to discuss the child's feelings and emotions. Light refreshment was provided after.

- Offered to the community through newspaper advertisements, flyer sent to every grade school/middle school guidance counselor in Harrison, Marion, Lewis, Barbour, and Doddridge counties, posted in the 2018 Program Schedule, advertised on the UHC Digital Screen Board, posted on UHC Facebook, and flyer placed in the Cancer Center waiting room.
- Children and parents voiced better understanding of cancer treatments and the importance of keeping lines of communication open at home so that all fears and questions are discussed. All participants seemed very receptive of program.

Total Participants 2018: 3 Children, 2 Parents, and 2 Grandparents

"Celebration of Life"— November 18, 2018, Bridgeport Conference Center
This is an annual event hosted by United Hospital Cancer Center celebrating cancer survivors in the community, those currently living with cancer, and the loved ones who support and care for those cancer patients. Those attending were able to enjoy a meal and entertainment together as well as share their personal stories and encourage one another. This program was advertised in local newspapers, UHC Facebook page, UHC digital media board, and a flyer mailing.

Total Participants: 120

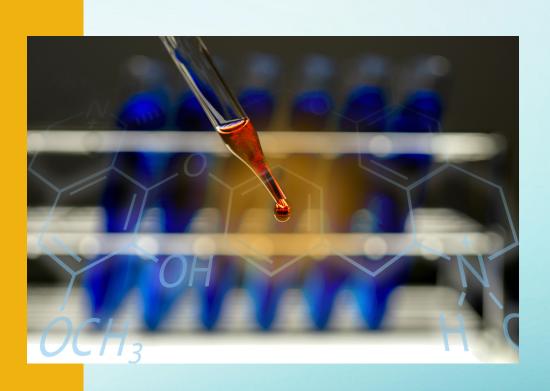
### **Local Health Fairs**

Reported by Navigators Peggy Johnson, Gretchen Hennigan, and Amber Shearer Information provided at these events included general wellness and nutrition, screening guidelines, prevention and early detection for all cancers including smoking cessation, teaching of self-breast examination, sharing of the Cancer Center Resource Directory and Program Schedule and flyers announcing the upcoming events. The health fairs were attended by the residents of the community. Participants report greater understanding of community resources from these events.

### **Other Offerings**

- Bereavement Support Group offered weekly through People's Hospice
- "Getting through the Holidays Grief Workshop" offered annually through People's Hospice
- "Understanding the Journey through Cancer with Us" educational DVD offered on request or available at www.thenewuhc.com/oncology/dvd
- Cancer genetic testing available on request
- Cancer clinical trial information and enrollment opportunities on request
- Nutrition information available on request
- Outreach Newsletters:
  - · "We Hear You"
  - Housecalls
  - 2018 Program Schedule

We Hear You is a newsletter provided to patients and visitors to the Cecil B. Highland Cancer Center. This newsletter provides new information and education. It is mailed to all current patients of the Cancer Center, Infusion Center, and Radiation Oncology Department as well as available to the general public on the UHC website.



### 2018 Site Distribution

Site	Number of Cases
Base of Tongue	
Other Tongue	
Floor of Mouth	
Palate	
Other Mouth	3
Parotid Gland	2
Fonsil	7
Oropharynx	3
Nasopharynx	
Pyriform Sinus	
Hypopharynx	
Esophagus	
Stomach	
Small Intestine	
Colon	
Rectosigmoid Junction	
Rectum	
Anus and Anal Canal	
Liver and Intrahepatic Bile Duct	
Gallbladder	
Other Parts of Biliary Tract	
Pancreas	
Accessory Sinuses	
_arynx	
Bronchus and Lung	
Heart, Mediastinum and Pleura	
Hematopoietic and Reticuloendo System	
Skin	
Retroperitoneum and Peritoneum	
Connective and Other Soft Tissues	5
3reast	137
/ulva	1
Cervix Uteri	3
Corpus Uteri	24
Jterus, NOS	
Ovary	
Other Female Genital Organs	2
Prostate Gland	
Testis	
Other Male Genital Organs	
Kidney	
Renal Pelvis	
Jreter	
Bladder	
Other Urinary Organs	
Meninges	
Brain	
Fhyroid Gland	
Other Endocrine Glands	
Other Sites	
_ymph Nodes	
Jnknown Primary Site	
Total	1 121



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