

HouseCall

UHC Now Offers MyWVUChart.com

UHC has transitioned to improve your access to online medical records

Since August 1, United Hospital Center (UHC) has offered MyWVUChart, the online patient portal for all of WVU Medicine. With the implementation of MyWVUChart, in conjunction with the new EPIC computer system, UHC can now achieve an even higher level of care coordination through electronic health records for the thousands of patients they serve in North Central West Virginia.

MyWVUChart is a free, easy, and secure way to view your health information and communicate with your healthcare team. All you need is Internet access and an e-mail address. You can also access features of MyWVUChart through a mobile app (compatible with iOS 9.0 or later).

<< Brian Cottrill, assistant vice president and assistant CIO of WVU Medicine, accesses many MyWVUChart features via the mobile app.

With MyWVUChart you can:

- Schedule an appointment with your provider
- View test results
- Request medication renewals
- Communicate securely with your medical care team
- Access and download your health information
- View and pay your bill
- Access many MyWVUChart features via the mobile app

Please ask about MyWVUChart at your next visit.



Thanks in part to this project, UHC was named among the 2017 Health Care's Most Wired®, where winners are considered ahead of the curve in infrastructure, technology, quality and safety, and clinical integration.



UHC appreciates your patience as you may experience or notice some delays during the initial implementation of the new WVUHC EPIC computer system and MyWVUChart.



WVU Medicine Home Medical Equipment St. Joseph's Hospital Now Open in Bridgeport

The building that previously housed Best Care Pharmacy in Bridgeport is now the home to WVU Medicine Home Medical Equipment St. Joseph's Hospital, which is more conveniently located to meet the needs of North Central West Virginians.

"The home medical equipment supply store was previously located in Buckhannon," said Skip Gjolberg, Administrator of St. Joseph's Hospital. "Not only is the new location in Bridgeport more centrally located, but it will also soon offer educational training sessions, unique to the durable medical equipment services currently offered in the market."

WVU Medicine Home Medical Equipment St. Joseph's Hospital offers everything from bandages to walkers to hydraulic lifts. It is a one-stop shop for the more consumable, everyday items as well as equipment for special needs.

"Durable medical equipment plays an important role in a wide variety of services people need in healthcare" says Tim Butcher, store manager. "It is our responsibility to provide high quality care at the lowest cost possible." Butcher also notes that WVU Medicine Home Medical Equipment St. Joseph's Hospital offers in-home delivery for those with transportation barriers and hopes to offer respiratory services in the near future.

Located at 129 East Main Street in Bridgeport, store hours are Monday through Friday 8:30 am to 5 pm. For more information please call 681-342-3370 or 833-WVU-HOME.



www.uhcwv.org

327 Medical Park Drive
Bridgeport, WV 26330

UNITED HOSPITAL CENTER

WVU Medicine

The Future of
Healthcare is Here

Camp Catch Your Breath

2017 Donors and Sponsors

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Chick-fil-A
Kathy Springer

EVERY GIFT MAKES A BIG DIFFERENCE! If you would like to help a child attend *Camp Catch Your Breath 2018*, by providing a financial donation or if you know a child with asthma who may need the camp, please contact Sonny Hoskinson at hoskinson@wvumedicine.org or call (681) 342-1570.

RESOURCES

For a complete list of classes and resources available at UHC please call (681) 342-1860.

For Community Health Needs Assessment go to <http://bit.ly/2o0atMI>



» Quick and Easy Weeknight Dinner «

Mediterranean Chicken and Pasta



I hope you enjoy this delicious, low sodium meal. Take your pick of whole grain pasta, gluten free pasta, or eliminate it all together for a low carbohydrate meal.

Recommended by **Cheryl Farley, RN, BSN**
Manager of Cardiac and Pulmonary Rehab at UHC

INGREDIENTS:

- > 12 oz whole wheat penne pasta, cooked according to package directions and drained (can substitute gluten free pasta also)
- > 1 ½ lbs. boneless skinless chicken breasts cut into ¾ inch strips
- > 2 Tbsp. olive oil, divided
- > ¼ tsp. pepper
- > 3 garlic cloves, minced
- > ½ c. reduced-sodium chicken broth
- > ½ c. dry white wine (or chicken broth)
- > 8 plum tomatoes, chopped
- > 2-3 c. cups of fresh baby spinach
- > ¾ c. fat-free Feta Cheese crumbles



DIRECTIONS:

1. Toss the chicken with 1 Tbsp. olive oil and pepper.
2. Sauté the chicken over medium high heat until no longer pink. Set aside and keep warm.
3. In the same skillet, heat 1 Tbsp. olive oil over medium heat and sauté garlic for 1 minute.
4. Add the chicken broth and wine, bring to a boil and cook 2 minutes.
5. Stir in tomatoes and spinach and cook until vegetables are softened.
6. Return chicken and cooked pasta to skillet and toss until heated through.
7. Serve with fat-free Feta Cheese crumbled on top.

Nation's Top Physicians Choose UHC



Shamsher Ali, MD joins the medical staff as a full-time oncologist at UHC Oncology. He joins the practice of Paul M. Brager, MD and Salman S. Osman, MD.

Dr. Ali is a graduate of Kabir Medical College in Pakistan. After completing his residency in Internal Medicine and Pediatrics, he also completed a Fellowship in Hematology and Oncology

at Ruby Memorial Hospital where he served as Chief Fellow.

Dr. Ali has given several presentations relating to his field and participates in ongoing research with pending publications. He holds several clinical memberships including the American Society of Clinical Oncology (ASCO), American Society of Hematology (ASH), and the American Medical Association (AMA). Dr. Ali has also worked as a volunteer physician for the Metta Welfare Society providing healthcare to rural areas.

UHC Hematology and Oncology is located at 327 Medical Park Drive in Bridgeport. Please call **681-342-1842** for more information.



Benjamin A. Raymond, DO joins the medical staff as a full-time general surgeon at UHC General Surgery. He joins the practice of Marc L. Costa, MD; Jeffrey W. Madden, MD; and Sugam Vasani, MD.

He earned his undergraduate degree in biology and psychology from Johns Hopkins University in Baltimore, MD. He received his medical degree from Lake Erie College of Osteopathic Medicine in Erie, PA.

Dr. Raymond completed his residency at the University of Pittsburgh Medical Center's Horizon campus in northwest Pennsylvania, where he also served as the solo chief resident in his final year.

He holds several memberships in professional organizations including the American Osteopathic Association (AOA), the American College of Osteopathic Surgery (ACOS), and the Pennsylvania Osteopathic Medical Association (POMA). He actively participates in medical research and has given many lectures and presentations relating to his field.

UHC General Surgery is located at the Physician's Office Building at 527 Medical Park Drive, Suite 202, in Bridgeport. Please call **681-342-3400** for an appointment.



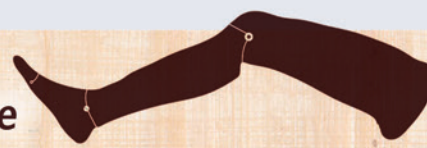
Visit the

LIFE AND LIMB

THE TOLL OF THE AMERICAN CIVIL WAR

On Display December 18, 2017 through January 27, 2018 at UHC

This exhibition was developed and produced by the National Library of Medicine, National Institutes of Health. Brought to you locally by The Auxiliary to UHC and The Harrison County Historical Society.



EXHIBIT

A traveling exhibit that explores the experiences of disabled veterans and their role as symbols of the fractured nation.

Pediatric Nurse Celebrates 50th Anniversary at UHC

This year marks the 50th anniversary that Sharon Norman, RN, has been an asset to the United Hospital Center pediatric nursing staff. "I never became a nurse for the praise; I did it for the children and for the sense of achievement," said Norman.

As a 1967 St. Mary's Nursing School graduate, Norman began her career in pediatrics and has seen a variety of patients throughout the years with cancer, asthma, and broken bones. She admits she's watched her profession evolve and advance in front of her eyes—from sterilizing by hand to prepackaged and sterilized supplies.

Even with all the technological advances, her favorite part of the job has been the children she's encountered. "It was easy to get attached to them, especially the ones I would see repeatedly," said Norman. Whether it's celebrating holidays and birthday parties, or watching movies and tucking the patients into bed, it's these fond memories that Norman will carry with her forever. "I have so many stories about the kids, the experiences, and the friendships I've built here," she said.

Not only does Norman dedicate herself to the children during work hours, but she also volunteers during her



free time and is a long-time volunteer of *Camp Catch Your Breath*, a UHC summer program for asthmatic children. "At camp, I am a nurse in the med room. When the kids get a cut or scrape, they'll come see me," said Norman. "My favorite part about camp is watching the kids that return year-after-year grow up."

Norman notes she owes all of her success to her mother. "My mother would tell everyone she met that her daughter was a nurse and that she was so proud," she said. However, Norman never did it for the glory. Her advice for young nurses: "Just keep an open mind because you can learn something new every day. Nursing is such a rewarding profession and it gives you a chance to make an impact on someone's life."