

UNITED HOSPITAL CENTER'S HOME VISIT houseCall

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Dare to C.A.R.E. Free Screening Only at UHC

Dare to C.A.R.E. is a complimentary vascular disease education and screening program provided as a cooperative effort between United Hospital Center and the Heart Health Foundation. In West Virginia, this program will be exclusive to UHC and will launch Saturday, January 23. Screenings will be every Tuesday 11 a.m. to 3 p.m. and every Saturday 7 a.m. to 7 p.m.

Risk factors of vascular disease include:

- Age (50+)
- Smoking
- Diabetes
- High blood pressure
- High cholesterol
- Family history of heart disease
- Lack of physical activity
- Obesity

If caught early, vascular disease can be treated to prevent serious problems such as heart attack, stroke, amputations or even death.

Dare to C.A.R.E. provides a free vascular screening to any patient over the age of 60, or over the age of 50 with certain risk factors for heart and vascular disease, including smoking, diabetes, hypertension and high cholesterol. Dare to C.A.R.E. also offers screening to all diabetics over age 40.

The Dare to C.A.R.E. program screens for abnormalities that cause the following diseases:

- Carotid Artery Disease: responsible for at least 300,000 strokes a year
- Abdominal Aortic Aneurysms: the third leading cause of sudden death in men 60 or older
- Renal Artery Stenosis: affecting more than 5 million Americans
- Extremity Artery Disease: affecting more than 10 million Americans

At the appointment, the sonographer will conduct a painless 15-minute, noninvasive ultrasound of your neck, abdomen and legs.

After the screening, your results will be shared with you as well as sent to your doctor.

If the ultrasound uncovers disease, you and your family doctor will discuss and decide on a treatment plan that works best for you.

Since the program's start in 2000, Dare to C.A.R.E. has screened more than 100,000 patients nationally, saving and improving thousands of lives. Scheduling will begin in January. For more information or to schedule, please call (681) 342-1365.



United Hospital Center celebrated the fifth year anniversary of its Bridgeport campus with the unveiling of a new logo by Adelle Thrush; the first patient at the new UHC when it opened.

The 692,000 square foot, eight-level structure opened October 3, 2010. UHC's patient-centered design, 292 private rooms and an array of state-of-the-art inpatient and outpatient technologies offers services you would otherwise only find in a larger city.

"Our mission from the day we opened our doors was to provide advanced healthcare in a setting that puts both the patient and visitor at ease," explained Mike Tillman, CEO at UHC. "I am very pleased to

UHC Celebrates a Milestone and Introduces a New Logo

say that in these past five years we have touched the lives of many North Central West Virginians and we will help even more over the next five years and beyond."

In recognition of this anniversary, UHC unveiled a new logo, consistent with the movement of its partner, West Virginia United Health System (WVUHS), with whom UHC has been affiliated since the inception of the system in 1996.

"WVU Medicine is more than just integrating the hospitals and clinics under a common logo or clinical brand. It's more than just integrating the infrastructure of modern healthcare systems such as IT and common financial platforms, operational standards or goal setting activity," said Christopher C. Colenda, MD, MPH, the President and CEO, West Virginia United Health System. "WVU Medicine is our collective promise to deliver the highest quality care to all patients who choose us when they need help to restore health and wellbeing. WVU Medicine - United Hospital Center as a founding member of our health system, represents that promise for patients now and into the future."

"As WVU medicine matures as an integrated system, coordination of clinical services will enable patients to receive top notch healthcare in this region and easy transfer when advanced tertiary services are required," said Tillman. "The relationship of the system and UHC has been remarkably successful—WVUHS provides care for more than 70 percent of the population of North Central West Virginia—with the primary mission to provide great care to the people of our state."



Pictured left: Adelle Thrush, first patient at the new UHC when it opened; Christopher C. Colenda, MD, MPH, President and CEO, West Virginia United Health System; and Mike Tillman, CEO of UHC

This Is Where... You're Part of Something Great.

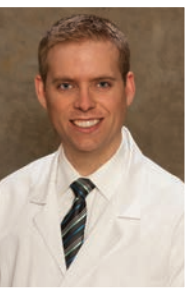
WVU Medicine

UNITED HOSPITAL CENTER

327 Medical Park Drive
Bridgeport, WV 26330

www.uhcwv.org

Nation’s Top Physicians Choose UHC



Joshua B. Sykes, MD

United Hospital Center welcomes orthopaedic shoulder specialist, Joshua B. Sykes, MD, to UHC Orthopaedics.

Dr. Sykes, is a graduate of the University of Colorado School of Medicine in Denver. He

completed an orthopaedic surgery residency at the Campbell Clinic in Memphis, Tenn. and a Fellowship at the University of Pennsylvania in Philadelphia. Dr. Sykes is proficient in arthroscopic treatment of the shoulder and elbow, and elbow reconstruction, including ulnar collateral ligament reconstruction “Tommy John surgery,” a procedure common among overhead athletes.

Dr. Sykes focuses on the arthroscopic and open treatment of all shoulder and elbow disorders.

He was selected from his peers to attend the American Orthopaedic Association’s Resident Leadership Forum, electing to continue into the Emerging Leaders Program. He is a member of the American Academy of Orthopaedic Surgeons and the Arthroscopy Association of North America.

227 Medical Park Drive, Suite 101
Bridgeport, W.Va.
(681) 342-3500



Emerson T. Que, MD

UHC welcomes Emerson T. Que, MD, to the medical staff as a full-time ophthalmologist.

Dr. Que graduated from Northwestern University Medical School in Chicago.

He completed his residency, serving as the Chief Resident, at New York Medical College Department of Ophthalmology at Westchester Medical Center in Valhalla, N.Y., as well as a Fellowship in Cornea, External Disease and Refractive Surgery at Mount Sinai Hospital in N.Y.

Dr. Que specializes in LASIK vision correction techniques, state-of-the-art refractive cataract surgery and other refractive surgery options. As a skilled corneal surgeon, he treats a variety of corneal disorders and has expertise in corneal transplants, accommodating intraocular lenses, dry eye treatments and Anterior Segment Reconstruction.

Dr. Que has won numerous awards and designations for his work and has performed more than 10,000 surgical procedures.

211 South Chestnut Street
Clarksburg, W.Va.
(304) 624-5212



Raj Yadav, MD, PhD

UHC welcomes Raj Yadav, MD, PhD, to the medical staff as a full-time rheumatologist.

Dr. Yadav earned his medical degree and completed his residency in his native country,

India, and went on to earn a PhD in Immunology. He was selected by the Arthritis Foundation of Australia to work at Royal Melbourne Hospital. He has trained at prestigious academic institutions in the United States and abroad, including Fellowships at Vanderbilt and Yale School of Medicine.

His interests are immune-mediated inflammatory and musculoskeletal disorders in adults. Dr. Yadav is an active member of the American College of Rheumatology, having served on the college’s research subcommittee. He has an extensive clinical and illustrious research career with publications in high-impact journals. He is an adjunct faculty member in rheumatology at West Virginia University’s School of Medicine in Morgantown, W.Va.

227 Medical Park Drive, Suite 101
Bridgeport, W.Va.
(681) 342-3490

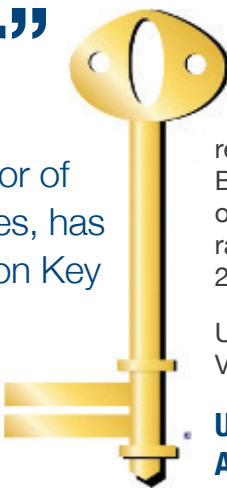
RESOURCES

For a complete list of classes and resources available at UHC please call (681) 342-1860.

For community Health Needs Assessment go to bit.ly/1hPCTCS



UHC Recognized As “Top Performer”



The Joint Commission, the leading accreditor of health care organizations in the United States, has recognized UHC as a 2014 Top Performer on Key Quality Measures®.

As part of The Joint Commission’s 2015 annual report “America’s Hospitals: Improving Quality and Safety,” UHC was recognized for attaining and sustaining excellence in accountability measure performance for multiple quality measures related to heart attack, heart failure, pneumonia, surgical care, VTE and immunization. UHC is one of only 1,043 hospitals in the United States to achieve the 2014 Top Performer distinction out of more than 3,300 eligible hospitals.

“We understand what matters most to patients at UHC is the quality and safety of the care they receive. That is why we have made it a top priority to improve positive patient outcomes through evidence-based care processes,” said Mike Tillman, UHC CEO and president. “UHC is proud to be named a Top Performer as it recognizes the knowledge, teamwork and dedication of our entire hospital staff.”

This is the third year UHC has been recognized as a Top Performer. Previous recognitions were in 2011, 2013 and 2014 for performance on accountability measure data.

“Delivering the right treatment in the right way at the right time is a cornerstone of high-quality health care. I commend the efforts of UHC for their excellent performance on the use of evidence-based interventions,” said Mark R. Chassin, MD, FACP, MPP, MPH, President and CEO, The Joint Commission.

UHC Recognized for Outstanding Performance in Perinatal Care

The West Virginia Perinatal Partnership recently presented UHC with the First Baby Initiative for achieving a 10 percent or greater reduction in primary C-Section rates among first time mothers between 2009 and 2014.

UHC is one of only five hospitals in West Virginia to receive this distinction.

United Home Health Named A Top Agency for 2015

United Home Health, a UHC department, was named a Top Agency of the 2015 HomeCare Elite™, a recognition of the top-performing home health agencies in the U.S. Winners are ranked by an analysis of publicly available performance measures in quality outcomes, best practice (process measure) implementation, patient experience (Home Health CAHPS®), quality improvement and consistency, and financial performance. Out of 9,718 agencies considered, 2,431 are elite.

The award is sponsored by OCS HomeCare by National Research Corporation, the leading provider of home health and hospice metrics and analytics, and DecisionHealth, publisher of the most respected independent publication in the home care profession, Home Health Line.

ENT and Audiology Has Relocated



James “Jim” Stalnaker, PA-C
Ashley Lucas, AuD
K. Scott Oxley, MD
Daniel J. Merenda, MD

New Location:
ENT and Audiology
527 Medical Park Drive, Suite 401
Bridgeport, W.Va.
(681) 342-3570

Gastroenterology Has Relocated



Eduardo Castillo, MD
David A. Ciarolla, MD
Kimberly J. Fairley, DO
Tomas Rodriguez Molinet, MD

New Location:
Gastroenterology
527 Medical Park Drive, Suite 402
Bridgeport, W.Va.
(681) 342-3690

UHC Care Givers Support Group: Relieve your mind, recharge your body and rejuvenate your spirit



Amber Biggie, RN

Gretchen Hennigan, RN

This group is dedicated to supporting individuals caring for cancer patients.

Amber Biggie, RN and Gretchen Hennigan, RN, provide education and resources to help maintain a balance between a loved one’s disease and the daily activities of the caregivers own life. Learn to tackle the challenges of caring for someone with cancer as well as manage stress and uncertainty.

For more information and support group meeting details contact: Gretchen Hennigan - (681) 342-1793.

You Still Have An Opportunity to Be a Part of Camp Catch Your Breath

If you would like to help a child attend the 2016 Camp Catch Your Breath, by providing a financial donation or if you know a child with asthma who may need to attend the camp, please contact Sonny Hoskinson at hoskinsons@wvumedicine.org or call (681) 342-1560.



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