

2017 Program Schedule

Community Support Groups*

For more information call Maggie Lowther, 681.342.1804.

Cancer Survivorship Workshop

For all cancer survivors/family and friends. Important topics will be discussed which may include the following: communication, nutrition, spirituality, rehabilitation needs, financial issues, thoughts and feelings, and survivorship panel.

Annually

For more information, call Maggie Lowther, 681.342.1804.

Butterfly Kiss

A group for those with breast cancer and their families/friends. For more information, call Peggy Johnson, 681.342.1810.

Bereavement Support Group

To register or for more information, call Leigh Ann Ritter, 681.342.3259.

FreshStart*

A 4-session program to help individuals stop smoking or using smokeless tobacco. For more information or to register, call American Cancer Society, 1.800.ACS.2345.

Getting Through the Holidays

A program for those who have lost a loved one in the past year – grief workshop.

November - December

For more information or to register, call Leigh Ann Ritter, 681.342.3259.

Learning to Live with Cancer

Your choice of an informational video or DVD. To obtain a copy, call Maggie Lowther, 681.342.1804.

Skin Cancer Screening

Skin screening available at no cost; pre-registration required.

Spring

For more information or to register, call Maggie Lowther, 681.342.1804.

Look Good, Feel Better*

A program where women with cancer can receive tips on makeup, hair, wigs and turbans. call Maggie Lowther, 681.342.1804.

Celebration of Life

Annual cancer survivor program; invitations are sent to those patients treated at UHC. For more information, call Linda Carte, 681.342.1830.

Men's Health Event

Spring

For more information call Maggie Lowther, 681.342.1804.

Nutrition Information*

Get answers or suggestions for your questions on nutrition. call Maggie Lowther, 681.342.1804.

Women's Cancer Screening

Breast exam, pap test, colorectal screening and mammogram at no cost; pre-registration required.

October

For more information, call Maggie Lowther, 681.342.1804.

Let's Talk About Cancer with Kids

For kids who have a close relative who has been diagnosed with cancer. Tour Infusion Center, Radiation Oncology and inpatient unit as well as discuss feelings and emotions with a therapist. For more information or to register, call Maggie Lowther, 681.342.1804.

Cancer Genetics Testing

Discuss with your physician whether you would benefit from genetic testing. For more information or to register, call Maggie Lowther, 681.342.1804.

Voyager Newsletter

Informative cancer care newsletter. If you would like to be added to the mailing list or for more information, call Maggie Lowther, 681.342.1804.

Clinical Trials

For information on the clinical trials currently open and enrolling, call Maggie Lowther, 681.342.1804.

Navigators

For cancer patient information, contact

- Peggy Johnson, for breast or gynecological cancer, 681.342.1810.
- Amber Shearer, lung, colon, melanoma, or any tumor in the abdomen, 681.342.1796.
- Gretchen Hennigan, for urology, hematology, head and neck, and brain, 681.342.1793.
- Unknown cancers call any Navigator listed.

* Program offered in conjunction with American Cancer Society

If you have a suggestion for a program or service, call Linda Carte, 681.342.1830.

For information on community education programs or to be placed on a mailing list to receive information call 681.342.1804.

Unless otherwise noted all programs are held on the UHC campus.

Note: Program dates and times are subject to change throughout the year. Therefore, it is important to call and register for programs or to call for any information you may need.



For information on any cancer-related topic call the Cancer Information Line.

1-800-924-2083

CANCERLINE
At United Hospital Center