

## How to participate in the Key Rewards Program through MyWVUChart:

- Login to your MyWVUChart account: <a href="https://mywvuchart.com/MyChart/">https://mywvuchart.com/MyChart/</a>. If you do not have an account, click on the "Sign Up Now" tab and then click on "Contact Us To Register" tab at the bottom to request an activation code.
- **2.** Once logged in, navigate to the "**My Medical Record**" tab on the top of the page. A drop down menu should appear. On this menu, click on "**Questionnaires**" to continue.
- **3.** Click on the questionnaire labeled "**Wellness Participation**" and you will be asked if you want to participate in the Key Rewards program. Click "**Yes**" to continue or "**No**" to exit.
- **4.** You will then be prompted to read the Wellness Consent. After reviewing the consent, you will need to electronically sign it by typing your name (first and last name) in the box that is provided.
- **5.** Next, you will answer the Tobacco Affidavit (for employee and covered spouse) and questions about your physical activity level. Once you have answered all the questions, you can review your responses.
- 6. Click on "Submit Questionnaire" to complete the Wellness Participation questionnaire.

If you have any questions contact the Wellness Center at 304-293-2520 or wellnesscenter@hsc.wvu.edu.