

PCH Opens New Cardiac Cath Labs



Albert Wright, president and CEO, West Virginia University Health System; Karen Bowling, president and CEO, PCH; Dr. Stephen Ward, chair of cardiology; and David Rumley, director of the cath lab with the cath lab team.



Karen Bowling addressing the crowd at the grand opening/ribbon cutting ceremony.

September 30, 2022 — The new cardiac catheterization laboratories, the first major construction project since PCH formed a medical affiliation with WVU Medicine in January 2021, reflect a significant financial investment in the latest technological advancements in cardiac care that will make it possible for many more of the citizens of southern West Virginia to receive the crucial care they need right at home.

Karen Bowling, president and CEO, Princeton Community Hospital, welcomed board members, medical staff, hospital employees, local government officials, and the media to the official grand opening of the new cath labs on Friday, September 20.

She said, "I want to welcome you to what I believe is one of the most significant moments in our hospital's 52-year

(continued)

history. This is the grand opening of our brand new, state-of-the-art cath labs that will revolutionize heart care in southern West Virginia.”

Bowling welcomed Rusty Sarver, president of the PCH Board of Directors, to the podium. Sarver said, “I’ve been on the board 13 years and that very first year we talked about the need for a cath lab with the population we serve. It is difficult for many residents to travel any distance. This is a dream that took a little while, but it came true and good things are worth waiting for. I believe it’s going to be a tremendous addition to the hospital and to the expert care available here at PCH. And I’m looking forward to the other exciting things coming down the line.”

In his remarks, Dr. Stephen Ward, director of interventional cardiology and the chair of cardiology at PCH, said, “I want to thank Mr. Albert Wright for being here today. This is a huge time for us and one that offers great potential for growth. Shortly after Karen Bowling arrived at PCH, I walked into her office and said, ‘Karen, we need a new cath lab and we need it as soon as possible.’ Within two weeks, Karen had made decisions and received approval. I appreciate the whole team for making this moment possible. David Rumley and the entire cath lab team have kept me from losing my mind during the past two years while we worked out of the small mobile cath lab. We still managed to provide excellent care thanks to the dedication of our staff. David Rumley was behind the planning and preparations that enabled us to have state-of-the-art equipment in the new labs.

“We are very excited about the growth of our cath lab. For too long, we’ve sent too many people out of our area for cardiac care. Now, we can take care of people locally.”

Albert Wright, president and CEO of the WVU Health System, said “Our goal is to



From left, Rusty Sarver, PCH board president; Al Boland, PCH vice president of operations; Dr. Stephen Ward, chair of cardiology, Karen Bowling, PCH president and CEO; and Albert Wright, president and CEO, West Virginia University Health System.



Rusty Sarver.



Dr. Stephen Ward.



Albert Wright.

improve the health trajectory of the state of West Virginia. We must have regional hubs around the state that will take care of acutely ill patients, so we made a major investment here at Princeton Community Hospital to serve this southern part of the state, Mercer County and the surrounding areas, and you'll see equipment here that's the same equipment we put in every WVU Medicine advanced heart care specialty center; and now folks are going to have it here close to home and it is spectacular. It's very impressive. It's good for this community, it's good for WVU Medicine. I'm proud of the team here and Dr. Ward and Rusty Sarver of the board of directors."

Karen Bowling thanked Mr. Wright for attending the grand opening; the hospital's board of directors for their support; David Rumley, cardiac cath lab director and his team for their work; Swope Construction; and hospital's plant operations team for their work in making the new unit a reality.

Following the ribbon-cutting ceremony, tours were conducted, and refreshments were served.



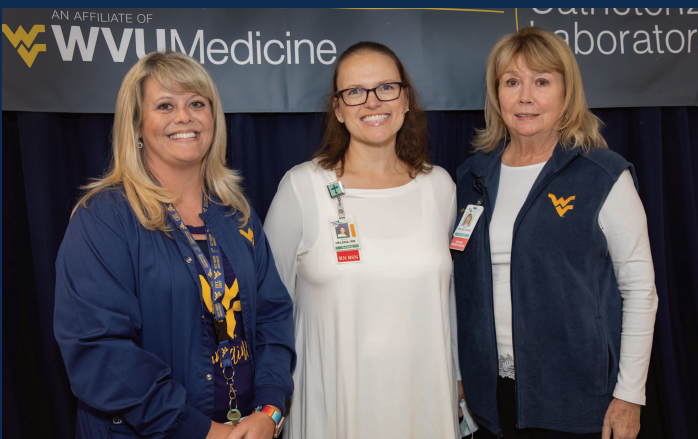
President Bowling in one of the new cath labs being interviewed by reporters from WVVA and WVNS.



Medical staff, employees, city officials and politicians from Princeton and Bluefield, members of the media, Swope Construction employees, and many more attended the grand opening.



President Bowling, Albert Wright, and Dr. Ward with members of the Mercer Medical Group Bluefield Cardiology Clinic.



Good Catch AWARD

The **Good Catch Award** recognizes employees that correct a misstep or identify a better way of performing a task in the workplace.



From left, Josh Siers, President Bowling, and Lana Haynes.

Josh Siers and Lana Haynes in interventional radiology were recipients of the September Good Catch Award for identifying an issue with a PICC line. Congratulations, Josh and Lana! Good Catch Award recipients in August included Kim Lambert, Linda Belton, Kathryn Bowen, Orlando Gray, Carmen Wright, Crystal Wheeler, Sonny England, Deanna Burdette, Pamela Blankenship, Brittany Lowe, Cathy Bailey, Callie Hayes, Victoria Belcher, Darla Yates, Barbara Carter, Sara Hill, Tonya Murphy, and Danielle Finley. Congratulations, everyone, and thank you for being so conscientious on the job.

Letter of Appreciation

Dear 3-South Staff,

Thank you to everyone who took such good care of our dad, Ivon Eremich. Everyone was so sweet and wonderful. Really super!

Sincerely yours,

Deborah McMullen

PCH Celebrates Communications Week



The Communications Department/Switchboard at PCH sees a whirlwind of daily activity.

Duties and responsibilities include:

- Answering and making calls on the switchboard console
- Paging calls to pocket pagers
- Notifying staff of doctors' out-of-town schedules
- Maintaining physician on-call list
- Monitoring gas, fire, generator, emergency alarm, blood bank, code lockdown alarms
- Monitoring surveillance cameras
- Answering elevator distress calls
- Answering emergency and code blue lines
- Maintaining radio contact with Security and Plant Operations
- Performing emergency overhead announcements (Code Blue, Code Pink, Code PALS, Minor D)



On September 15, 2022, the Communications Department was honored during their special week with a luncheon in the boardroom.

In addition to the meal, gift bags, gift cards, and prizes were awarded in recognition of a job well done.

Those present for the luncheon were:

- Danny Farley**
- Tina Lewis**
- Regina Lowe**
- Janice Rice**
- Belinda Burks**
- Karen Wolfe**
- Andrew Lawrence**
- Not present: Becca Pulliam, Kayla Hazelwood, and Amber McClanahan**



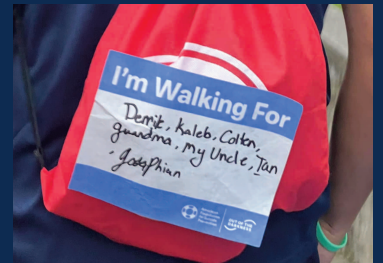
A special thank you goes out to all members of the Communications Department staff for the great job you do every day to keep us all connected.

September is Suicide Prevention Month

September 10, 2022, Princeton: The Behavioral Health Pavilion of the Virginias joined many others for the American Foundation for Suicide Prevention's "Out of the Darkness Walk" on Mercer Street in Princeton. The community walks, held in hundreds of cities across the country, are the core of the Out of the Darkness movement, which began in 2004.

These events give people the courage to open up about their own connections to the cause, and provide a platform to create a culture that's smarter about mental health. Friends, family members, neighbors and coworkers walk side-by-side, supporting each other and in memory of those we've lost.

If you are in crisis, please call 988 or contact the Crisis Text Line by texting TALK to 741741.



Letter of Appreciation

Dear 3-South Staff Stephanie Neal, RN; Kristen Walker, LPN; Nancy Riggs, NA; and Monica Johnson, NA

Our father is very appreciative of the care he received. Everyone has been courteous and attentive.

Thank you,

Susan Clapp and Robert Anthony

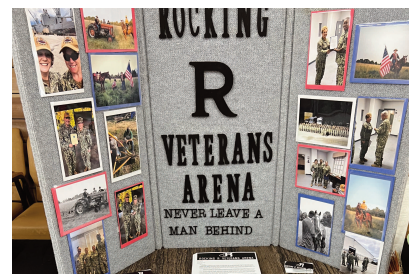
The Pavilion Participates in VetFest

The Behavioral Health Pavilion of the Virginias participated in the second annual VetFest: Southwest Virginia on Saturday, September 24, at the Russell County Fairgrounds in Castlewood, Virginia. The event, intended to raise public awareness of veteran suicide risk, included a 5K run with all proceeds being donated to Stop Soldier Suicide.

The Pavilion's Director of Business Development Connie Cochran provided literature and healthcare resources for veterans and their families.

Veterans Crisis Line:
1.800.273.8255 • Press 1
Confidential crisis chat at
VeteransCrisisLine.net or text to 838255.

VetFest was started by Brian DiSabatino in Delaware. Mr. DiSabatino's goal is to have a VetFest Run/Walk/Ruck in every state to support Stop Soldier Suicide. Fallen Warriors, Inc. partnered with Doro Martin of Lebanon, Virginia, to host the VetFest event in Southwest Virginia.



Also participating in VetFest:
Rocking R Veterans Arena, 7756 Pisgah Road,
Princeton, West Virginia. Their objective: to restore
mental health to veterans suffering from PTSD
through equestrian therapy.

For more information on Rocking R Veterans
Arena, please call Bethany McClain at
956.578-7146.

Celebrating our Great PCH Volunteers!

We love our PCH Volunteers! They serve as true hospital ambassadors when they partner with our care team members to provide the best possible healthcare for patients and the best hospital experience for the patients' family members and visitors.

On September 17, 2022, the volunteers held their annual picnic at Princeton City Park. To celebrate this year's beach theme, Volunteer President Martha Sabol wore her special yellow polka dot bikini! After enjoying a delicious meal prepared by the various members in attendance, the volunteers played games and received beach-themed door prizes. The group enjoyed an afternoon of great food, fellowship, and fun!

Thank you, PCH Volunteers, for all you do to enrich the lives of our patients, visitors, and employees!

