

Women's Center Hosts Support Class for Labor and Delivery Nurses

As the only accredited childbirth education certification, Lamaze International partners with hospitals to advance safe and healthy pregnancy, childbirth, and early parenting.



Labor and delivery nurses from PCH and Thomas Memorial Hospital gathered on June 10, 2022, in the Parkview Center atrium for a day-long labor support class cohosted by PCH, the West Virginia Perinatal Partnership, and the West Virginia Department of Health and Human Resources.

The Lamaze Evidence-Based Labor Support for Nurses Workshop educates labor and delivery nurses in order to create a bridge between knowledge and practice.

Labor and delivery nurses play an essential role in ensuring a healthy, satisfying birth, and promoting breastfeeding. The class was designed to boost the confidence of the nurses while helping them develop the skills needed to become nurturing labor support care providers.

Evidence shows that good labor support, even for mothers with epidurals, helps reduce the rate of C-Sections.

(continued)

Lamaze Evidence-Based Labor Support Class

- One-day interactive, hands-on curriculum
- Appropriate for new and experienced nurses
- Evidence-based skills to support normal physiology of labor, birth and breastfeeding
- Enhances job satisfaction
- Hospitals benefit through higher quality measures and patient satisfaction scores
- Childbearing families can benefit from a healthy and satisfying birth experience

Upon completion of the program, the nurses gained:

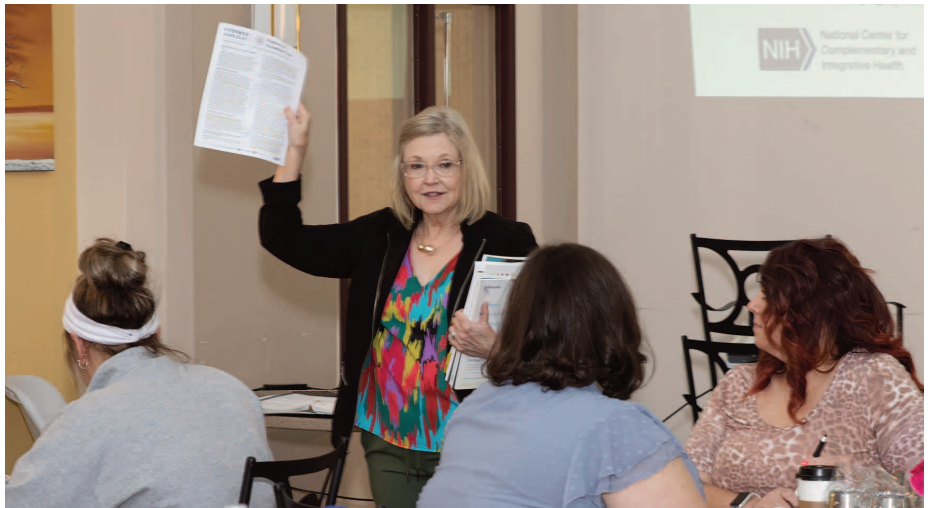
- Increased confidence among participants that the supportive care they provide during labor and birth is evidence-based.
- Strategies for implementing evidence-based labor support measures within their practices.
- Increased knowledge of the role they play in improving Joint Commission Perinatal Care Core Measures relating to elective delivery, Cesarean birth, exclusive breastmilk feeding, and consumer satisfaction.
- Increased expertise and skills in providing labor support.

Presenters:

Molly McMillion, RN, BSN, IBCLC, LCCE

Shauna Lively, EdD, RN LCCE

Kate Colvin, MSN-Ed, RNC-OB, LCCE





TRAVIS JAY LILLY

1972 - 2022

Travis Jay Lilly, 50, of Ingleside Road, Princeton, died Thursday, June 23, 2022, at Odd, West Virginia.

Born March 6, 1972, in Washington, DC, he was the son of Ronnie Lilly and the late Joetta Waid Lilly.

Travis was a loving husband, father, son, grandfather, brother, uncle and friend.

He worked in Plant Operations for over 20 years as a certified electrician for Princeton Community Hospital. Travis enjoyed hunting, fishing and woodworking but most of all, being with his family. He had attended Fairview Christian Community Church.

Left to cherish his memory are his loving wife of 31 years, Crystal Michelle Ellison Lilly; Two children, Nicholle Graham (Jeff) and Travis Wayne Lilly; Two grandchildren, Khloie Lilly and Remington Graham; Siblings, Lea Williams (Ronnie), Shanon Lilly (Christa) and Brittney Johnston (Dustin); father-in-law and mother-in-law, "Pops" Ronnie Ellison and "Mom" Jeanette Ellison; Several nieces, nephews and friends also survive.

The family has honored Travis' request that he be cremated with no services.



Throughout his career, Travis was constant in the things you imagine an ideal employee to be:

- **He was positive in his approach to every challenge, and it was contagious to others.**
- **He was the ultimate teammate. He never overshadowed or diminished the role and importance of anyone.**
- **He cared and it showed in his responses and approach.**
- **He never quit on anyone or anything.**
- **He loved what he did and had fun doing it. That, too, was contagious.**

Travis became the face and personality of our department. Someone like that cannot be replaced, only honored by how we move on and carry on what he lived.

Kevin W. Graham
Director of Plant Operations

Employees Night

AT THE BALL GAME



HR Department employees Melissa Ellison, Jennifer Bridges, and Megan Goff welcomed care team members.



Winnie Newberry, Karen Bowling, and Terri Dart.



President/CEO Karen Bowling greeted employees as they entered the field.



Employee Night at the Ball Game came early this year when over 350 hospital employees and family members gathered at Hunnicutt Field on Tuesday, June 14, 2022, for a Princeton Whistlepigs vs. Bluefield Ridge Runners game.

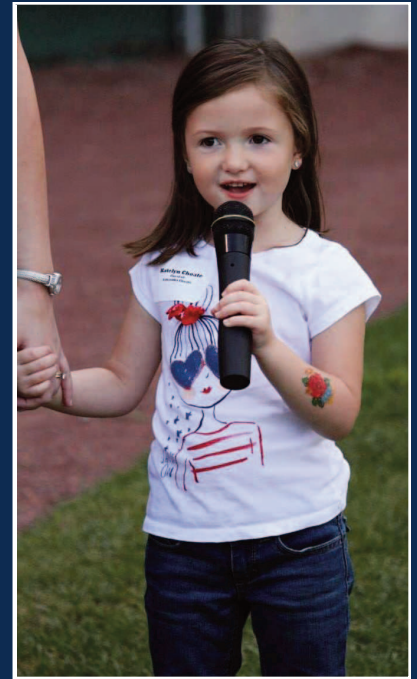
Everyone enjoyed the food catered by *A Piece of Cake*, the fun activities, and the door prizes presented throughout the game. President and CEO Karen Bowling welcomed everyone and thanked employees for their dedication and hard work over the past year, 50-year employee Leona Hendricks threw out the first pitch, and Katelyn Choate, daughter of mammography technologist Samantha Choate, performed the national anthem.



50-year employee Leona Hendricks threw out the first pitch. Leona is shown here with the Whistlepigs catcher.



Katelyn Choate, daughter of mammography technologist Samantha Choate, performing the national anthem this year and at the 2014 Employee Night at the Ball Game.



Musical chair challenge accepted by Vice President of Human Resources Heather Poff, Director of Environmental Services Justin Hardy, Vice President of Operations Al Boland, and Nutrition Services Supervisor Becky Bennett.



Special thanks to the Human Resources Department for organizing the event and to Plant Operations for delivering tables & chairs, and setting up tents.

PCH and BSU Host Annual Junior Nursing Academy



The 2022 Junior Nursing Academy with the leadership team from Princeton Community Hospital and Bluefield State University.

The 2022 Junior Nursing Academy was organized by the following: Deborah Surface, MSN, RN and Tina Nicholson, MSN, RN, with PCH. Angela Lambert, Dean, School of Nursing and Allied Health and Sandra Griffith Wynn, Director, Associate Degree and LPN to RN Nursing, with Bluefield State University.



June 21, 22, and 23, 2022:

Princeton Community Hospital and Bluefield State University partnered again this year to sponsor the West Virginia Junior Nursing Academy, a program that enables middle school students with an interest in nursing to

experience the profession in a real-world healthcare environment.

The mission of the West Virginia Junior Nursing Academy is to inspire middle school students to pursue a professional nursing career. The focus of this project is to show middle school students the exciting opportunities and rewards nursing has to offer and to help establish an educational pathway that will lead to a career in nursing. Reaching out to students before high school gives them the knowledge to select the correct preparatory high school classes. This 3-day camp exposed students to a wide variety of nursing specialties.

Day One: Infection control, hand washing, and vital sign skills in the Bluefield State University Nursing Lab, and first aid/bandage clinic and ambulance simulator at the Karen Preservati Center/Princeton Rescue Squad.

Day Two: The morning was spent on the PCH Bluefield Campus touring the Emergency and Radiology Departments. In the afternoon, the students met and talked with PCH President and CEO Karen Bowling, and completed CPR training in the PCH Education Classrooms.

Day Three: Our 23 eighth grade students from Mercer and Monroe counties toured the PCH Surgical Department, learned to use the HoverMatt/Hover-Jack, and toured a HealthNet medical helicopter before returning to Bluefield State University for the graduation and pinning ceremony. This was an exceptional group of enthusiastic young people with a keen interest in medicine. We look forward to welcoming them back in a few years as nurses and doctors!

Others contributing to the success of the program: PCH President and CEO Karen Bowling • Betty Nash, MSN, RN • Mark Pickett, RN Linda Prescott, RN • Debbie Tonelli, Ed.D. MSN, RN • Meghan Long, MSN, RN • Melissa Haye, RRT • Amanda Pauley, BSN, RN, CEN Clay Cooper, GN • Susan Shrader • Kim Barnette • Leigh Anne Brogan • Kailey Sarver, SN • Glen Sutphin, HealthNet Aeromedical Services • Sir Blue, BSU Mascot



The Karen Preservati Center Education System Administrator Alek Harmon conducted a first aid/bandage clinic.



President and CEO Karen Bowling welcomed the group to PCH and spoke with each individual student about their interest in healthcare.



Amanda Pauley, BSN, RN, CEN, assisted with CPR training in the PCH Education Classrooms.



Linda Prescott led the students on a tour of the Surgical Department. Many of the students commented that the OR tour was their favorite activity.



Clay Cooper, GN, trained the students in the use of the HoverMatt and HoverJack.



To cap off the final day of the Junior Nursing Academy, HealthNet Aeromedical Services landed a helicopter at PCH for the students to tour.

Erin King, RN, Receives DAISY Award

Congratulations to Erin King, RN, Princeton Community Hospital (PCH) Women's Center, on receiving the prestigious DAISY Award for Extraordinary Nursing.

Kimberly Dudding, a patient of King's, nominated her for the award. In her nomination letter, Dudding stated: "I had a traumatic birth. Erin instantly became my labor coach, my advocate, and my biggest cheerleader. My little one had his cord around his neck and was blue and not breathing well. Erin instantly grabbed my hand and made me focus on her and helped me calm down as best as I could. I delivered at 7:43 a.m., 43 minutes after Erin's shift ended. She stayed with me making sure I was OK physically and mentally. But she went even further above and beyond by staying with me until almost noon to make sure my baby and I were okay. I told her I couldn't thank her enough for caring for my boy. She said no need to thank her because it was her honor to care for her mammas and their babies. I have never been more touched by a nurse in my life. Erin made a horrific and traumatic event better in so many ways. Mentally, I could not have handled the situation as well had it not been for Erin's caring and compassionate manner, along with her knowledge and calm demeanor during a crisis. I will never forget her, nor will I be able to repay her for what she did for me."



President and CEO Karen Bowling and Women's Center Director Angel French presenting Erin King, RN, with the DAISY Award certificate and sculpture.

Again, we congratulate Erin and thank her for her kindness and extraordinary commitment to excellence in patient care.



Special thanks to The Pavilion and all who participated in the Juneteenth Freedom and Heritage Celebration in Downtown Bluefield on June 20! It was a great event enjoyed by all!

From left, Bluefield City Manager Cecil Marson, Mental Health Tech Francine Saunders, Pavilion Administrator Bill Larrison, and Director of Business Development Connie Cochran.



Congratulations to Pam Helmondollar, LPN, on her retirement after 21 years of outstanding service! Pam worked for Princeton Community Hospital and Bluefield Regional Medical Center before joining MMG Bluefield Cardiology Clinic. Pam's coworkers and family members gathered June 24 for a retirement reception in her honor in Building A on the PCH Bluefield Campus. Thank you, Pam, for your dedicated service! We wish you all the best in retirement!