

PCH to Become Full Member of West Virginia University Health System



From left, PCH Board President James “Rusty” Sarver III, PCH President and CEO Karen Bowling, and President and CEO of the WVU Health System Albert L. Wright, Jr. The photograph was made during the July 27 board meeting at the Karen Preservati Center, Princeton, W.Va.

Wednesday, July 27, 2022: The City of Princeton and the Board of Directors of Princeton Community Hospital Association approved a definitive agreement with the WVU Health System, clearing the way for PCH to become fully integrated into the System.

PCH entered into a management agreement and clinical affiliation with WVU Hospitals in December 2020, and in October 2021, a letter of intent was signed by all parties for the WVU Health System to become the sole member of PCH.

PCH President and CEO Karen Bowling said, “Regulatory steps were taken when the certificate of need was approved earlier this year. The last step in the process of full affiliation is the definitive agreement. That enables PCH to become a full member of the WVU Health System. The agreement outlines the responsibilities of the System, including the fact that the hospital will remain in Princeton and a local board of directors will remain in place to advise as we move forward to develop the strategies to enhance healthcare services in the region.

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“The advantages to being a full member of the WVU Health System are innumerable. WVU Medicine will bring the strength, stability, and resources necessary to move healthcare forward in southern West Virginia in ways that would not have been possible otherwise. We are already seeing significant improvements being made at PCH with the addition of a highly advanced cardiac cath lab with a fully interventional cardiology program, set to open this fall; new telemedicine services that include telestroke,

telenephrology, and pediatric telemedicine; installation of the leading electronic medical record software; and the connection to an academic medical center that facilitates the recruitment of new physicians to the area.”

President and CEO of the WVU Health System Albert L. Wright, Jr., attended the PCH board meeting on Wednesday, July 27 when the definitive agreement was approved. In addition, Mr. Wright and the Board of Directors reviewed a 10-year master facility plan that mapped out the future for the hospital and opportunities to expand services in the community.

Mr. Wright said, “It is important for us to bring Princeton Community Hospital into the WVU Medicine family, so that the folks in the southernmost regions of West Virginia don’t have to cross state lines to find high quality care. As the academic medical center of the state’s land-grant university, we are responsible for caring for all West Virginians, and this will help us better serve the people in southern West Virginia.”



July 28, 2022–Parkview Center atrium: CEO Karen Bowling discussing the definitive agreement with reporters from WVVA, WVNS, and the Bluefield Daily Telegraph.

PCH Welcomes Tim Anderson, Chief Nursing Officer/VP Patient Care Services

Tim Anderson, MS, BSN, RN, CENP

Chief Nursing Officer/Vice President of Patient Care Services

A native of Smyth County, Virginia, Tim Anderson graduated high school from a Christian academy in Chillhowie. He attended Virginia Highlands Community College in Abingdon where he earned an RN degree in 1986. He received a bachelor's degree in nursing from Old Dominion University, Norfolk, and a master's degree in nursing from Virginia Tech, Blacksburg.

For the first half of his career, Tim worked as a staff med/surg nurse at Smyth County Community Hospital in Marion and in med/surg, ER, ICU, home health, and case management at Bristol Regional Medical Center, Bristol, Tennessee.

Tim became the director of med/surg and chief nurse at Smyth County Community Hospital where he served in the leadership role for seven years. After the sudden death of his first wife from a blood clot, he moved to Bristol Regional Medical Center as the director of acute care and chief nurse.

In 2019, Tim returned to Smyth County as the chief nurse before moving to Selma, Alabama, as the chief nurse at Vaughan Regional Medical Center.

Tim and his second wife, Valerie, own a home in Wytheville, Virginia. They missed friends and family while living in Alabama and made the decision to return to Wytheville.

Tim learned of the job opening at PCH through two friends that are employees. Tim said, "I'd been wanting to move back home, and I saw this opening as a great opportunity to return to the area. When I met everyone here, I fell in love with the place. Thankfully, I was the candidate chosen to fill the position of Chief Nursing Officer.

"Growing up in Smyth County, we always came to the mall in Bluefield to shop. I was familiar with the area, but during the first couple of weeks here, I really saw the dedication of everyone. There are so many long-tenured employees, and that speaks highly of the corporate culture and work environment. Many of the nursing directors and staff have been here 20, 30, and 40 years, and that's just unheard of this day and



Tim Anderson, MS, BSN, RN, CENP

time. I've been impressed by the love and compassion I've seen from our nursing staff. I was welcomed with open arms. It made me feel at home and like I can add my experience and take things to the next level. I am also excited about the affiliation with WVU Medicine and what that means for the community. It will attract great talent to the area and to this facility. The advantages offered to staff, like continuing education and the benefits package are outstanding. I'm also excited with the switch to Epic EMR software. I've gone through Epic conversions in my career. Epic will definitely up our game through ease of documentation and unification of the patient's medical record. It is the Cadillac version of EMRs."

Tim has two adult children from his first marriage, Seth and Maggie, and a step-son, Travis, and three grandchildren from his second marriage. Tim's wife is a Nurse Educator with Select Specialty Hospital.

Letters of Appreciation

Dear CEO Karen Bowling,

My name is Danna Davis. I had hip replacement surgery performed by Dr. Frederick Morgan on July 6, 2022. From the time I arrived at 6:00 a.m. to my discharge at 5:00 p.m. the next day, the service I received at PCH was beyond exemplary and professional.

The pre-op nurse, Chrissy, saw how anxious I was. By the time we got to pre-op, we were laughing and joking. Everyone from registration to the surgical team, to the PT, OT, and especially the nursing staff on the third floor, was very attuned to my needs and very professional with carrying out their assigned tasks.

I especially want to commend the CA for the floor, Mel, for accommodating my dietary needs. She went above and beyond.

I just wanted to share my thoughts with you, and I hope that you will share them with everyone involved.

Believe me when I say that I have had to undergo several surgeries in my adult life, but I have never been treated with such a high level of health care.

Sincerely,

Danna J. Davis, MA

Director of Theatrical and Choral Activities

Oak Hill High School

Dear Marlene Martin,

I wanted to say a huge THANK YOU to you and all of the staff at PCH. I was truly impressed with every aspect of my care that was given by everyone. The professionalism, the quality of care, the cleanliness, and most important, how everyone truly let me know I wasn't JUST another patient. They genuinely cared and it showed.

Give a shout out to Danielle Keffer, Rose, Bernadette, Mr. Stephens, the nice nurse who helped me wash off with the nice warm wipes, and the others whose names I may never get to know, but I remember their faces. The kindness, understanding, and love I felt from everyone was so humbling.

When I went back to Dr. Branson's office to have my stitches removed, I made sure to brag on each one of you. It is comforting to know that PCH has such wonderful people that give the medical profession a gold medal. Your housekeeping staff is one of the finest. I knew I didn't have to worry about a staph infection because I never saw one speck of dirt during my stay. All of you made my stay there a wonderful memory for my wife Rose Ann and myself. I pray that the Lord will bless each one of you as you go about your jobs and your everyday lives.

Sincerely,

Lewis and Rose Ann Harvey

Dear PCH,

I did not want to leave without acknowledging the tremendous care I received on 2-West during my stay from July 5 to 8, 2022. The attentiveness, friendliness, and compassion shown me were first rate.

I especially want to acknowledge Allison, Kadi, Jeff, and Kim. I feel like I could not have been in better hands. Thank you from the bottom of my heart. You all are a credit to a noble profession.

Thank you,

Sam Arrington

Women's Center Unveils Memory Tree



From left, Women's Center Director Angel French, President and CEO Karen Bowling, Misty McGhee, and Lawrence Robinson.

Thursday, July 28, 2022: A dedication ceremony was held to unveil a memory tree just outside the entrance to the Women's Center where people may honor the memory of a child who died before birth and up to 18 years of age.

Misty McGhee, a former Princeton Community Hospital respiratory therapist, suffered a pregnancy loss on June 23, 2021. She said that she was greatly moved by the care she received from the PCH Women's Center staff and from Dr. Randy Brodник.

Misty and her fiancé Lawrence Robinson wanted a way to honor their baby's memory while also providing a venue for honoring the memory of other children.



Misty McGhee and Lawrence Robinson admiring the new memorial tree installed to honor the memory of their son, Steele Scott Robinson.

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Misty said, “Last year we became pregnant and we were hospitalized three times at Princeton Community Hospital due to pregnancy complications. This hospital meant a lot to us throughout that process. Ultimately, we lost our son, Steele Scott Robinson. He was born at UVA. This project honors Steele and means so much to us. The community needed a way to enable mothers and fathers to say and to see their babies’ names – they needed a way to acknowledge the loss and bring awareness.”

A GoFundMe page enabled Misty and Lawrence to install the memory tree. The tree features pink and blue hearts, and yellow and white butterflies. Anyone wishing to honor a child may purchase a heart or butterfly for \$35 that will be engraved with the name of their child. For more information on having a child’s name placed on the memory wall, please call 304.431.5021.

Misty plans to donate \$623 annually on June 23 to keep the funding and the memory of Steele alive. She said, “We’re so proud of this wall. It is absolutely beautiful.”

Princeton Community Hospital President and CEO Karen Bowling said, “This is a joyous occasion for us. It has been a labor of love for Misty as well as for Angel French and others in the Women’s Center. At PCH, we know there is so much more to caring for patients than physical care. It is also about the emotional care we provide, not just while patients are here at the hospital, but also how we continue to support them and our community.”

The inscription above the tree, “And when I wake you are ‘Steele’ with me,” came to Angel French in a dream. Misty felt the line was perfect and she wanted to use it on the wall. Misty said, “Steele inspired the memorial that will help bring comfort to others. I’m so proud of him. Even if he’s not here today, he put the seeds of this idea into my mind and he gave us all the energy. Ultimately, I’m very proud, very proud!”

The Pavilion Holds Successful Food Drive



The Behavioral Health Pavilion’s Josh Hamby, MHT, and Nutrition Services Supervisor Beckey Bennett spearheaded a successful food drive that collected items for area Blessing Boxes. Eight hundred ninety-nine items were contributed by Pavilion employees over a two-week period. In addition to food products, soap, deodorant, shampoo, toothpaste, etc., were donated for hygiene bags. There was a friendly competition among Pavilion departments and Nutrition Services came out on top with the most donations!

The donated items were distributed on July 15 to Blessing Boxes in the Bluefield and Princeton area.

Thank you, Josh and Beckey, for launching this wonderful initiative, and thanks to all employees for your generous donations!

Letters of Appreciation

Dear PCH,

I want to take a few minutes to give a shoutout to an amazing guy in CCU. On Wednesday June 29, 2022, my step dad David Crigger was a patient in the CCU department. By the time Caleb Janning arrived that evening for his shift, David was in the last stages of his life. Caleb came in the room to do an assessment on David and was very patient and explained every thing that he was doing. He also explained to us what all medicines David was receiving and what their purposes were although we didn't ask a lot of questions. Also, David was complaining that he was hot. He was trying to take his gown off and my mom was fanning him as fast as she could. Caleb went out to the nurses station, got a fan, brought in an extra table and hooked the fan up in order to make his patient comfortable. Not only did he go above and beyond to make David comfortable, but he also went above and beyond to make sure that my mom was taken care of throughout the evening.

David passed that evening and Caleb was right there with my mom and I asking if there was anything we needed. He cleaned David up and straightened him in the bed while I took mom out to the waiting room. Caleb then came and got us and allowed us to stay with David. He said that we could spend as much time as we needed in the room.

I know nurses do not get near as much credit for what they do. I want to personally say that Caleb is an amazing person. Not only an amazing nurse, but an amazing human with the heart and the compassion for his job.

I just want to make sure that Caleb definitely receives the recognition that he deserves and let him know that we appreciate him from the bottom of our hearts.

Sincerely yours,
Sandra Wright

In a second note about Caleb Janning, David Crigger's wife Loretta Crigger wrote:

I was employed in a hospital for 17 years, and in all those years I never experienced a nurse do such an outstanding job.

I really do appreciate all that he did for my husband and I during one of the most difficult nights of my life. I want you to know you have one outstanding nurse there and Princeton hospital should feel blessed to have him. I know I sure was blessed by him being there for me.

Sincerely,
Loretta Crigger

Dear 3-West,

We recently lost my wife, Arlene Roberts. In her last days, we were at PCH in room 304. The staff was wonderful with her and with our entire family.

They gave her excellent care, but also showed our family such compassion and understanding.

They brought chairs into the room so her children could be with her. They brought me meals so that I wouldn't have to leave her.

This meant so much to us during a very difficult time.

I want you to know what a great staff you have and how much we appreciate them.

Thank you,
Tommy Roberts

Letters of Appreciation

Dear 3-West Staff,

Thanks for the wonderful care my mom (Phyllis Smith - room 302A) received while she was in the hospital. Everyone was wonderful.

Sincerely yours,
Beverly Whitt

Dear 2-West,

To all those who took such good care of me in room 207, I say thank you! Others call you heroes, I call you angels. I appreciate you all so much for the care I received. Thank you for all you did to make my stay comfortable.

Thank you,
Brenda Pruett

Blast From The Past: Mid-2000s



Mid-2000s • From left: Khristy Shrewsbury, 4-East; Sandy Counts, Women's Center; Kim Poe, ER/ICU/CCU; Marlene Martin, 3-West and Peds; Tina Heard, Behavioral Medicine Center; and Janet Shrewsbury, 3-South and 2-West.

Joetta Dotson was the director of nursing when this photograph was made. She was very pleased when all nurse managers wore traditional white caps and uniforms one day during Nurses Week.