

Perioperative & Periprocedural Fasting Guidelines for the OR and IR

ALL patients with ETT or cuffed tracheostomy AND receiving enteral nutrition (gastric or postpyloric)

Hold TF 6 hours prior to procedure (OK for NPO after midnight)

- ▶ Procedures manipulating the airway
 - ▶ Tracheostomy
 - ▶ Thoracotomy/VATS
 - ▶ Major facial reconstruction (if tracheostomy not already present)
- ▶ Procedures manipulating GI tract
 - ▶ Feeding tube placement
 - ▶ laparotomy
- ▶ Prone positioning



Feed up until procedure or continue enteral nutrition intra-operatively (if patient on continuous feeds)

- ▶ procedures not affecting aerodigestive tracts
 - ▶ Orthopedic procedures
 - ▶ Neurosurgical procedures
 - ▶ Common non-GI and non-airway procedures (ex: drain placement, central venous access, vena cava filter, etc...)