CAM-ICU Worksheet

Feature 1: Acute Onset or Fluctuating Course		Score	Check here if Present
Is the pt different than his/her baseline mental status? OR Has the patient had any fluctuation in mental status in the past 24 hours as evidenced by fluctuation on a sedation scale (i.e., RASS), GCS, or previous delirium assessment?		Either question Yes →	
Feature 2: Inattention			
<u>Letters Attention Test</u> (See training manual for alternative Pictures)			
<u>Directions</u> : Say to the patient, "I am going to read you a series of 10 letters. Whenever you hear the letter 'A,' indicate by squeezing my hand." Read letters from the following letter list in a normal tone 3 seconds apart.		Number of Errors >2 →	
SAVEAHAART			
Errors are counted when patient fails to squeeze on the letter "A" and when the patient squeezes on any letter other than "A."			
Feature 3: Altered Level of Consciousness			
Present if the Actual RASS score is anything other than alert and calm (zero)		RASS anything other than zero →	
Feature 4: Disorganized Thinking			
 Yes/No Questions (See training manual for alternate set of questions) Will a stone float on water? Are there fish in the sea? Does one pound weigh more than two pounds? Can you use a hammer to pound a nail? Errors are counted when the patient incorrectly answers a question. Command Say to patient: "Hold up this many fingers" (Hold 2 fingers in front of patient) "Now do the same thing with the other hand" (Do not repeat number of fingers) *If pt is unable to move both arms, for 2nd part of command ask patient to "Add one more finger" An error is counted if patient is unable to complete the entire command. 		Combined number of errors >1 →	
Overall CAM-ICU		eria Met →	
		CAM-ICU Positive (Delirium Present)	
Feature 1 <u>plus</u> 2 <u>and</u> either 3 <u>or</u> 4 present = CAM-ICU positive Criter		ria Not Met→	
			CAM-ICU Negative (No Delirium)